

THE SENTINEL

MARIST HIGH SCHOOL



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We are...agents of service, servant leaders

Jimmy Smith Sentinel

Of the five Marist Marks that guide student spiritual life, two deal with being of service to others in need. Among the choices for senior religion courses is an opportunity to put those two Marist Marks into action: Senior Service.

Students in senior service leave school in pairs for two mods each day, and must drive themselves to work in their assigned sites, which include nursing homes, hospitals, grammar schools, and schools for students with special needs.

Toward the end of junior year, students are given the opportunity to register for Senior Service, but not all are eligible. Approval by theology teachers and additional teacher recommendations are required as part of the registration process.

Students who are chosen must demonstrate maturity and responsibility. Because service takes up two mods each school day, some students who meet the requirements may not be able to take this class due to schedule conflicts.

At registration, students rank five potential sites in order of preference, but not all will get to work in their first choice.

Senior Service is a full-year course, considered by many to be challenging and fun. Each quarter, students write a paper

about their Senior Service experience. Students also keep a weekly journal.

Grades reflect the amount of effort students put in at their sites and how effectively they reflect on their experiences in their papers and journals.

But for most seniors, the grade is not the

"A positive thing about Senior Service is that you are able to help those in need," said Alex Granat, who works at Sertoma Center. "They really appreciate and love spending time with you every day and you build a strong relationship with the people you help."

Lexi Oliveri, who volunteers at St. Linus School in Oak Lawn, notes that not everyone might be up for the challenges that come with taking this course.

"Working with people who have disabilities can be hard and not all people are meant to do this type of work," Oliveri

Katelyn Van Buskirk, who works at Providence Health Care, a nursing home in Palos Heights, found that the Senior Service experience is not what she expected.

"I expected to have fun every day and stop for food on the way back to school," Van Buskirk said.

"Working at Providence is not always easy and once or twice a month, I am usually in the bathroom crying or on the phone with my mother."



photo by Charlie Villanova

Senior Katelyn Van Buskirk visits with Alice Post, a resident at Providence Health Care in Palos Heights. Van Buskirk is one of the students who participates in Senior Service each day.

Van Buskirk said that the hardest thing to deal with is that so many of the residents tell her that they just want to die

"It breaks my heart to see so many people in pain," she said. "Working there has taught me the value of life and if I can help put a smile on someone's face and make their day better, it's worth it" The Marist Marks are not achieved simply by showing up to school. It takes a willingness to face challenges, as many have learned through their service experiences. But the rewards are great.

"It feels good to give back to those who are not as fortunate as we are," said Jessica Rescigno, who works with autistic children at Clissold School in Beverly.

Looking forward to the year 2017

593 take entrance exam

Emma Carruth *Sentinel*

The Marist entrance exam was given on Jan. 12, and the halls of Marist were flooded with 593 eighth grade students hoping to be a part of the Class of 2017.

Although the numbers are down approximately 1% from last year, this year's showing helps to maintain Marist's status one of the largest Catholic high schools in the Chicagoland area.

Over 95% of the students who test and apply will attend Marist this fall.

On the exam, students are tested in the subject of math, language, and vocabulary. But in order to become a RedHawk, more than the entrance exam scores are reviewed. Seventh and eighth grade report cards are looked at, along with standardized test scores.

No one is more familiar with the entrance exam and the process of accepting students than Director of Admissions Mrs. Alex Brown. She points out that Marist has always had a steady number of students who test here, so something obviously "sticks out" to them that they do not see at other schools.

"I think students are able to see themselves here," Brown said. "Marist looks and feels different than other schools. When students shadow here, the interactions they observe between students and teachers make them feel welcome and comfortable."

Marist's acceptance rate is higher than that of other area schools because three levels of education-Marcellin, academic and honors-are offered. This opens the doors for more students and allows Marist to offer them the help they need.

"Another great thing about Marist is that, although we have so many students, we are able to keep class sizes small," Brown said

Most eighth graders and their families are looking for a high school that will do the best job of preparing them for college and beyond. Although college may seem ages away to the eighth graders who tested here, they begin preparing for college the first semester of freshman year at Marist.

Education is not the only reason Marist is so popular with incoming freshmen. An excellent and wide range of sports, clubs and activities provide ample opportunity for extracurricular involvement.

"A generous amount of the annual budget is allotted to sports and activities," said Director of Student Activities Ms. Patti Arvesen. "This reflects a strong belief in the importance of extracurricular activities in the overall experience of Marist students."

"What I think is special is the family feel of those activities. They are something that our students, coaches and moderators are committed to and where they can find a sense of belonging," Arvesen said.

"These groups work hard, accomplish so much and become the Marist family."

Acceptance letters will go out to the Class of 2017 later this spring.



Celebrating Catholic Schools Week

According to the National Catholic Education Association (NCEA), the 7,000 Catholic schools in the United States today can trace their roots past the American Revolution to the year 1606. In that year, the Franciscan Order opened the first Catholic school in what is now St. Augustine, Florida

The first Marist school in the U.S., Archbishop Malloy High School in Briarwood, New York, opened in 1892. The oldest Marist school, Parramatta Marist High School in New South Wales, Australia, opened in 1820.

Marist-Chicago opened its doors in 1963 and the community looks forward to celebrating our 50th anniversary during the 2013-2014 school year.

photo by Caitlin Falsey

RedHawk Players present musical The Wiz in March

Clare Jorgensen Sentinel

The RedHawk Theatre Guild is preparing for its production of *The Wiz* March 14, 15 and 16. Following auditions and callbacks, the cast list was posted on Fri. Jan. 18, with daily rehearsals starting the week of Jan. 21.

The Wiz is a modern and urban retelling of the famous Frank L. Baum book, The Wonderful Wizard of Oz. The musical was first performed in 1974 in Baltimore, going to Broadway in 1975. The show went on to win seven Tony awards, including best musical.

A 1978 film adaptation of *The Wiz* starred Diana Ross and Michael Jackson.

The Wiz is first set in Harlem, New York City. Dorothy wants to leave Harlem to pursue stardom, but her family does not support her decision.

A tornado takes away her house one day and Dorothy lands in the outskirts of the fantasy world of New York City.



photo by Zack Simon

Cast members of *The Wiz* assemble on the stage in the RedHawk Theatre on Jan. 28. The musical runs March 14-16.

Dorothy then must go into the city to see the Wiz to make her dreams come true. Along the way she meets a brainless scarecrow, a heartless tin man, and a cowardly lion, who accompany her to the Emerald City.

Two roles have been double cast, with performers starring on alternate nights. Juniors Cara Harris and Jessica Levine will star as Dorothy, joined by senior John McCabe and freshman Ben Barry as the Scarecrow.

Senior Elijah Anderson will play the Tin Man, senior Mark Wirtz will play the Lion, and senior Lily Paterno will play the Wicked Witch of the West, Evillene.

The show is co-directed by Mrs. Erin Vail and Mrs. Erin Kelly.

"[Picking *The Wiz*] was a good choice," Wirtz said. "Everyone got the part that suited his or her talents, and I'm looking forward to seeing it all come together"

"We have a lot of good vocals in this musical," said John McCabe. "The show is going to be really good."

Freshmen attend heart assembly

Kayley Rayl *Sentinel*

Two years ago on April 29, the Marist family lost a fellow student, athlete and friend with the death of Paul Simmons.

Simmons had an undetected heart disease called hypertrophic cardiomyopathy which caused him to collapse suddenly at half court while playing basketball, the game he loved, during the senior lock-in.

On Jan. 28, the freshman class attended an assembly in the gym to learn about hypertrophic cardiomyopathy and the importance of early detection. Dr. Frank Zimmerman, a heart specialist, presented a slide show detailing how the heart works.

Presenters Sherry Vilari and Oksana Malik then demonstrated how to perform cardiopulmonary resusitation (CPR) using volunteers from the audience. Vilari also demonstrated how to use a defibrillator. These devices can be found

in schools, malls, restaurants and other public places.

CPR and defibrillators are important tools in the fight against heart attacks. In order to raise awareness among young people and their families, Simmons' mother is working to reach out to Marist and other high schools by sharing his story.

Hypertrophic cardiomyopathy is a disease where the heart muscle thickens, making it harder for blood to pump in and out of the heart. This disease often goes undetected, killing without warning.

If parents have this disease, there is a 50 percent chance it will be passed on to their children. Most school and sports physicals cannot detect hypertrophic cardiomyopathy, but an echocardiogram or electrocardiogram test can.

"The assembly reminded us that the unexpected can happen at any time," said freshman Quinn Jagodzinski. "More people need to know how to respond to a heart attack so more lives can be saved."



photo by Kevin O'Shea

Freshmen listen as Br. Pat introduces the speakers at the heart health assembly held in the gym on Jan. 28.

The Marist enough toys treasure chest, to children un Keyser Family

photo by Angela Mehalek

Members of the Marist Hockey Club visit the Keyser Cancer Center at Hope Children's Hospital in December after collecting toys for children underoing treatment This marked the third consecutive year that the club has visited and delivered toys to the center.

Hockey Club brings Christmas treasures to kids with cancer

Taylor Novak *Sentinel*

The Marist Hockey Club collected enough toys last fall to fill a large treasure chest, which they then delivered to children undergoing treatment at the Keyser Family Pediatric Cancer Center in Oak Lawn.

The Keyser Family Pediatric Cancer Center is a state-of-the-art facility center located at Advocate Hope Children's Hospital that treats all children who have been diagnosed with pediatric cancer or hematologic diseases.

The center is not only determined to treat outpatients' diagnoses with high-quality care, but also aims to make the children feel comfortable and at ease during their visits. One way the center provides this environment is through its affiliation with The Pediatric Oncology Treasure Chest Foundation.

According to its website, www. treasurechest.org, the foundation "allows cancer patients (ranging in age from birth through 18 years) at 42 children's cancer treatment centers to choose an age appropriate toy as a reward for having the courage to undergo painful but necessary procedures."

After delivering the toys, Hockey Club members received a complete tour of the center. During this tour, the boys were able to see where the patients are treated, and how the procedures the patients receive work.

This was the third year that the Marist Hockey Club has visited and delivered toys to the Keyser Cancer Center.

Members of the club described the experience of the service project as "humbling and eye-opening."

"Everyone on the team comes out of the hospital with a smile after seeing how happy those kids are after our visit," said senior co-captain Danny Loizzo.

No exams, little snow this month

Kevin O'Shea *Sentinel*

What do exams and snow have in common? Neither has impacted the Marist community this January.

Last December the administration decided-for the first time in many years-to schedule first semester final exams before Christmas break.

Exams have come and gone and the school year is now well into second semester. Most students have said the change was a great decision.

A majority of the faculty also see the change as a good one and many have expressed positive feedback to the administration.

Academic Dean for Underclassman Brother Hank Hammer notes that the change did a great deal to usher in a merrier Christmas and a more relaxing break for students. "What students have truly enjoyed has been the feeling of ending the semester before Christmas. When January comes around it is a new start and the whole process felt very streamlined," Br. Hank said

When the change was first proposed, some feared that it would reduce the amount of teaching time during the first semester. But with some adjusting of the schedule, the administration kept the amount of class time virtually the same.

Another concern was over how grades might be affected because students would no longer have study time over Christmas break.

"It is truly hard to tell whether or not this [change] has improved grades, but it has made the students Christmas break better in the end," said Br. Hank.

It is likely that Marist will continue to administer first semester exams in December.

When it will snow is anyone's guess.

Speech and acting team members headed to Philly Nationals in May Freshman Collins is Catholic League champ

Kaitlin Kenny Sentinel

With a combination of returning and new freshman talent, the RedHawk speech and acting team has enjoyed a successful season in the Catholic League and looks forward to preparing for the national competition in Philadelphia in May.

At the second Catholic League qualifier, held at Stagg High School on Sat., Jan. 20, the RedHawks took fifth place overall. Freshman Kelly Collins took first place in oratorical declamation at the meet and was named overall league champion in her event.

Junior Liz Ruf, placed fifth in oral interpretation, and junior Brenna Donegan took sixth place in original oratory. Matt Sheerin placed sixth in extemporaneous speaking.

Collins, Ruf, Donegan and Sheerin will represent Marist at nationals.



Kelly Collins

The team is coached by Mrs. Holly Cox and assistant coaches Ms. Samantha Paoletti, Mrs. Karen Ramirez, Ms. Laurie Hrad, Ms. Catherine Smitko, and Mr. John Gonczy.

Tomorrow morning, these national qualfiers will compete at the IHSA regional meet, hosted by Oak Lawn High School. They will be joined by sophomores Tim Johnson, Jamie Bonnema, Tom Golden, Jill Reynoso and Ian Bond.

What do you want to be when you grow up?

Career night features alums

Katie Morgan *Sentinel*

The Marist Guidance Department will host a career night on Wed., Feb. 20 at 7 p.m. in the RedHawk Theater and select first floor classrooms.

Career night is designed for all current students, regardless of year level. Parents are also welcome to attend.

Representing different professions, 15 alumni will be on hand to make presentations. Students will choose four presentations to attend between 7-8:30 p.m. Presenters will be available for any questions until 9 p.m.

Students who attend career night will be entered into a raffle. Prizes include free tuition for a Kaplan ACT prep class, Marist athletic apparel, a \$50 credit toward a prom ticket, gift certificates to the bookstore, and free lunch certificates. The guidance department has tried hard to secure young professionals to participate in this event in the hopes of making it easier for students to connect with people closer to their age.

Many of these professionals are recent graduates, including John Canning, '00 (dentistry), Jeff Leise '02 (engineering), Mary Jo Ryan '06 (occupational therapy), Dan Hermanson '00, (optometry) Brian Hrad '00 (phamacy), James Bailey '85, Sean Carroll '01 (law enforcement), and Emily Anzelmo '08 (speech pathology).

"It's never early for students to begin thinking about possible career paths," said college counselor Mr. Patrick Ryan. "We hope to help kids connect their abilities and strengths with possible college majors."



Senior undertakes mission to Kenya

Shannon Allen *Sentinel*

Senior Rachel Blake will travel to Nairobi, Kenya for a 12-day mission trip with her father and 95 other members of her church, Parkview Christian Church, from Feb. 14-26.

In Nairobi, Blake and other members from her church will form a construction team, bringing electricity and doing general repairs to homes and schools.

"I'm hoping to make a change in my life by going on this mission trip," said Blake. "I'm hoping it will really make me realize the good in my life and that it will make me want to continue to go back there and help the people there."

Each participant has to raise \$2,600 each to go on the trip. Blake raised her money by seeking donations from her neighbors, friends, and family, by selling doughnuts at Marist, and by selling chocolate bars at Jewel-Osco.

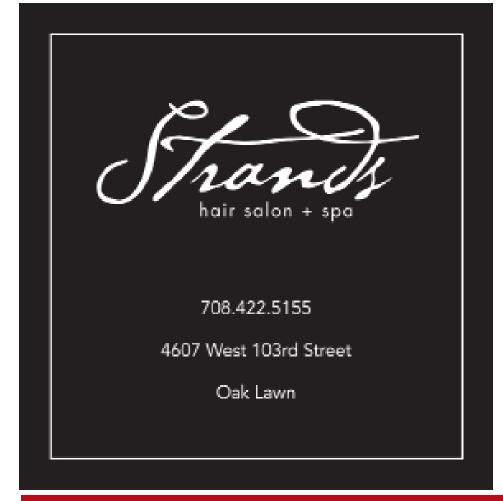


Rachel Blake

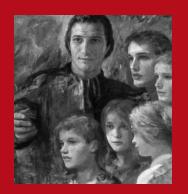
Blake first became interested in Africa after a presentation at Marist by members of the Invisible Children organization. After gradution this May, she plans to spend a year doing similar mission trips.

She plans to major in international justice and live in Africa for a few years.

"Countries like Kenya can't do it all on their own," Blake said, "and because we are so blessed in the United States, it's our job to help people in less fortunate places in the world.."



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As an open forum, the Sentinel welcomes and encourages letters to the editor and guest editorials. Letters to the editor should be 250 words or less and must be signed by the author. Guest editorials are limited to 500 words and must also be signed by the author

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Catholic schools keep standards high

week, Catholic schools all over the country celebrate Catholic Schools Week, an annual observance that focuses on a different theme each year. This year, the theme is "Catholic Schools Raise the Standards."

Catholic schools continue to uphold the standards in academics and promote Catholic identity.

Schools celebrate this week in different ways, including open houses, and activities that include not only the student population, but the community as a whole.

Over the years, families who choose a Catholic education for children put them in a safe environment with high academic standards and a value-filled education. Catholic schools stress the importance of self-discipline and commitment, teaching children from an early age how important these responsibilities are.

Catholic schools encourage family involvement, resulting in a higher degree of cooperation between teachers, students, and parents, promising students a better educational experience than they would get elsewhere.

Lessons are taught by the faculty to empower students to face problems in the future and aiding them to find solutions to overcome obstacles.

Faith, values and the importance of prayer are emphasized.

Catholic schools strive to teach children that faith is important in their lives, that faith will help them become better people. Students are encouraged to explore their faith through theology classes, receiving of the Sacraments, service work and spiritual retreats.

Catholic school students graduate with a deeper understanding of their place in their family and community.

As Catholic grammar school education leads to Catholic high school education, the curriculum increases in rigor to keep up with the developing and wondering mind of students.

At Marist, students are offered courses that strive to provide answers to their questions relating to faith, keeping the students on course as their knowledge and experience widens.

An education rooted in the philosophy of Marist founder Saint Marcellin Champagnat focuses on making Jesus known and loved in the Marist Brothers' tradition, while preparing students for a higher education and life, and that preparation here is exceptional.

Continuing the foundation laid in grammar school, students are being taught how to continue to flourish when they enter Marist, truly living in the spirit of our founder.

Driving while intexticated

When a person is driving a car, texting can wait.

Phone calls can wait

Heaven can wait.

Over 6.000 deaths and half a millon injuries are caused by texting and driving in the United States each year.

Texting while driving makes it 23 times more likely that a driver will cause

Driving while texting is most popular among teenagers, along with other multitasking activities such as looking for a radio station, talking on the phone, eating and drinking.

Teens need to be more responsible while driving and put down their phones.

Parents and authorities can only say so much to get teens to stop texting and driving. A better solution to put an end to this reckless behavior is to have teens talk to other teens who have lost a friend or experienced a crash while texting.

Facts about distracted driving

Distracted driving includes texting, using a cell phone, eating and drinking, talking to passengers, grooming, reading (including maps), using a navigation system, watching a DVD or adjusting a radio, MP3 player or CD player.

11% of all drivers under 20 involved in fatal car crashes were reported as distracted.

40% of all American teens report that they have been in a car operated by someone using a cell phone while

Using a cell phone while driving reduces the amount of brain activity associated with driving by 37%.

The National Highway Transportation Safety Administration (www.distraction.gov)

At the same time, all 50 states need to adopt stricter laws against cell phone use of any kind while driving. Stricter laws would help to prevent many accidents and deaths each year. Such laws might include having to retake driver's education classes, higher fines for tickets, or even suspension of one's driver's license.

Children need to be educated at a young age about the dangers of cell phone use while driving.

The greatest risk of getting in a car accident occurs in the first 12 years of a person obtaining a driver's license. Schools should present data on and images of accidents caused by cell phone use during driving.

Millions of people drive on the roads each day and no one should have to worry about careless drivers who think texting or conversing is more important than responsible driving.

Te'o's girlfriend too shy to meet family, friends...or Te'o himself a commentary by Ryan McManus

Many children invent imaginary friends, friends that they outgrow and replace with real ones as they grow older.

But not many adults fall in love with their imaginary friends, fall into a deep state of grief when they die, and then conceal the truth from millions of people.

Unless that adult is Notre Dame football team captain and Heisman Trophy finalist Manti Te'o.

Te'o's story sounded so romantic. He locked eyes with Lennay Kekua at a game against Stanford during his sophomore year.

They exchanged phone numbers and began talking every night. Te'o claimed he would fall asleep while on the phone with Kekua, wake up eight or nine hours later, and still hear her breathing on the other end of the line.

Friendship blossomed into romance, and stories of this fairy-tale began surfacing in the national media.

Then tragedy struck.

Te'o learned that the love of his life had been in a car accident. While us: all someone needs is a few pictures undergoing treatment in the hospital, of an attractive girl and they can date a doctors discovered that she also suffered

On Sept. 12, Te'o reported that Kekua died. Compounding his grief, Te'o lost his beloved grandmother the same day.

Eventually, Te'o discovered that this was all a hoax perpetrated by a man named Ronaiah Tuiasosopo. Tuiasosopa used a voice changing device while conversing with Te'o. He also stole photos from the Facebook page of a high school friend, Diana O'Meara, to represent the fictional Kekua.

While he was clearly tricked, one thing needs to be made clear: Te'o is not a victim. He may have been extremely embarrassed about his online "relationship," but that does not justify covering it up once he found out it was a hoax. People deserved to know that their prolonged sympathy was unwarranted.

There is a lesson in this story for all of Heisman Trophy Finalist.

But in all seriousness, people need to be careful who they talk to on the Internet. People are often not at all who they say they are.

It is easy for someone to use another person's photos and call them their own. Even though children are taught from a young age "Don't judge a book by its cover," if a person can lie about something like their looks, that person can just as easily lie about the things their victim believes they have in common.

Whether or not people attain the high profile status of a Manti Te'o, it is important to remember that the Internet, while often helpful, can also be a harmful tool. We need to use it wisely and not allow our Internet connections to replace the true human connections that meeting people in real life allows.

Time for Americans to stand united against gun violence

In the United States, 2,000 children and teens die as a result of gun violence each year.

Last year, just a week before Christmas, 20 children from Sandy Hook Elementary School in Newtown, Connecticut lost their lives when Adam Lanza, 20, broke into the school and started shooting. Lanza then shot and killed himself. Earlier that day, Lanza also shot and killed his mother at their home.

Lanza suffered from Asperger's Syndrome, a mild form of autism. Because of this, he was not able to own a gun, but he was able to access a gun from his mother's securely locked box in their home. There is simply no good reason Mrs Lanza should have kept a gun in the house, given her son's condition.

Too many lives are lost each year due to gun violence for there to be any excuses. If only one child was killed each year, that would be one too many. While many people blame the shooters in these incidents, the government is responsible for not doing a better job of keeping guns under control. And since we the people elect the government, the responsibility for creating change is ours.

It would be unconstitutional and nearly impossible to outlaw all guns completely, but there are still alternatives to ensure that guns are used in a safer way.

We are familiar with "smart technology" used in devices such as car igntions and iPhones. Manufacturers install a computer microchip in devices to confirm the bio-metric makeup of the person trying to activate the product. If the makeup matchs the owner, the device will work. If the makeup does not match the owner, the device will not work.

We should use this smart technology in guns, too. It is much easier to pry open a lock on a box than to "out smart" smart gun technology.

There have been 382 school shootings in the U.S. since 1992.

In Illinois, 19 different school shootings left 25 dead.

Children ages 5-14 in the United States are 13 times more likely to be murdered by guns than children in any other industrialized nation.

69% of school shooters are between the ages of 10-19.

California has the highest number of school shootings to date, 69 shootings and 84 dead.

The shootings at Virginia Tech on 4.16.07 remains the dealiest in U.S. history with 33 fatalities.

www.shoptheshootrings.org

Smart technology seems like a simple and logical solution. But the National Rifle Association (NRA) opposes smart gun technology because it would make guns costlier to produce and purchase.

The NRA seems more concerned about rights than safety. Perhaps if smart gun technology was put into effect, thousands of lives would be saved each year, and we would not have lost the 20 children from Sandy Hook.

It is time we take a stand as Americans and work toward putting an end to gun violence.

The Sandy Hook tragedy was the second worst school shooting in American history. The facts of that day cannot be changed, nor can the families affected feel any real kind of relief.

What can be changed are the laws governing gun control. Stronger gun control will save lives and ensure that guns, especially military grade weapons, are not accessible to anyone who does not need them.

What can be done to prevent additional school shootings?



Julianna Ramirez

Minchette Robinson



Tim Finucane



Jack Mayer



Mrs. Cathy Chambers

I think that in order to prevent future tragedies, we need to strengthen security at schools. Gun violence awareness programs should be started to make students and teachers more aware and what to do if events like this happen.

I think they should have more security in all schools for safety reasons. Schools need to have a plan for a tragedy like this so everyone will be prepared. Nothing. You can't legislate morality.

In order to prevent tragedies like the Sandy Hook Elementary School shooting, there needs to be stricter laws regarding gun regulation. I have no problem with people who obtain guns legally, but those who use guns illegally ruin it for law-abiding citizens

Military sized guns should not be sold to the public. There has to be a better way! Background checks also need to be more complete.



Alfano attends inauguration, meets President Obama

Jenna Doherty Sentinel

Junior Tara Alfano had the opportunity to travel to Washington D.C. with the LeadAmerica Organization from Jan. 18–22 to attend the Presidential Inauguration.

For the last five years, Alfano has been involved with LeadAmerica, an organization which gives participating students the opportunity to gain valuable knowledge as they explore their future path and discover what inspires them most

During her trip, Alfano met with students from all over the world and was able to attend the Inaugural Ball, hear General Colin Powell speak, and sit in on many seminars and conferences.

She even got to meet and make small talk with President Obama.

Alfano met the President at the Washington Hilton during the Inaugural Ball. After introducing herself, she told the President that she attends Marist, to which the President replied, "Oh, the south side!" and smiled.

She also introduced herself to General Colin Powell, whom she described as "very insightful, a good role model and very nice." Powell spoke to the students about the importance of young adults being willing to make sacrifices to safeguard freedom and work with the less fortunate.

"By going to the inauguration, I got the chance to expand my horizons by meeting individuals from across the globe," Alfano said.

"This was truly a once in a lifetime opportunity and it gave me a new perspective on the world we live in today."



Junior Tara Alfano (seated 4th from left) was among students chosen nationwide to attend the Presidential Inauguration on Jan. 20 in Washington DC, where she met President Obama and General Colin Powell.

photo courtesy of Tara Alfano

American Horror Story is great TV

Morgan Weidman Sentinel

The first episode of *American Horror Story* premiered on the FX Network on Oct. 5, 2011. The success of the first season led to the premier of a second season on Oct. 17, 2012, renamed *American Horror Story: Asylum*.

This compelling horror-drama takes place in 1964 and follows the nuns, doctors and patients who work and live at Briarcliff, an institution housing the criminally insane.

Some patients believe they should not be there, including an accused serial killer, Kit Walker, a journalism, Lana Winters, and an accused murderer, Granger. Under the "care" of their doctors, these three endure strange medical procedures and even try to escape.

The show is a compelling mix of horror and drama, wrapped in an hour of thrills. Viewers are transported back to 1964, often feeling like an eyewitness to what goes on.

The show also illustrates the cruel medical procedures that were once used on patients in real life to make them "better."

This show creates the feeling of suspense, keeping viewers thinking and wondering until the next episode. The plot is so attention-grabbing that commercial breaks become jolts back to a reality that suddenly seems out of place.

Patients are greeted with a creepy "Welcome to Briarcliff," an ironic greeting because the majority of patients do not get released.

What is even more ironic is that everyone who works at Briarcliff seem criminally insane themselves because of their strange and cruel behaviors toward the patients.

The show airs Wednesdays at 9 p.m. on FX and is available on Hulu and NetFlix.



'Tis the season: Months before prom, dress search is on

Caitlin Falsey Sentinel

Although prom may be weeks away, pre-prom season has begun and girls are on the search for their perfect prom dresses, looking online, in magazines and in stores.

Kimberly Bond, That Girl, and Peaches are all boutiques well-known for their prom dresses.

Kimberly Bond, located in Orland Park, specializes in women's formal wear. Whether you are attending a wedding, prom, or homecoming, Kimberly Bond has one of the biggest selections of formal dresses at affordable prices.

Now, do not let the size of the store scare you. The store may look small but the selection is enormous, with dresses from over 30 designers at prices that cannot be beat. The selection is big but not overwhelming.

The boutique is well-organized and neat, with each dress individually bagged and hung, keeping them in perfect condition.

The staff is very accommodating and personable, applying no pressure when customers try on dresses. In fact, the salespeople encourage customers to look around until they find the perfect dress. Happiness with the dress of your choice seems to mean more to them than their profit from the sale..

Kimberly Bond Boutique also offers lay away, something not many other dress stores offer.

That Girl Boutique, located in Worth, is also well-known for prom dresses, carrying both designer and exclusive dresses, although both types carry a high price tag.

Although there are many pretty dresses to choose from, the inventory does not seem well cared for. Dresses are not bagged and are carelessly dragged across the floor by employees. No one wants to buy a dress that has been dragged around.

Employees are very friendly and helpful, but the owner puts on the pressure saying things like "You won't find this dress anywhere else" and "It is that last of its kind," in order to close the sale.

Peaches, probably the most renowned of the three among Marist students, is located in the Garfield neighborhood of Chicago.

A huge store with a huge inventory, Peaches carries over 8,000 dresses which can be quite over-whelming.

Thankfully the staff makes it less overpowering and more enjoyable through their friendly and attentive service.

Customers often browse Peaches' website and bring in pictures of dresses. If that dress is not in stock, a consultant will help customers pick out something similar

The atmosphere at Peaches is very different than at other dress shops. The store has a much more formal feel, like a bridal shop.

No matter where they shop, junior and senior girls need to find that perfect dress soon

Junior Prom is Sat., March 23 at Gaelic Park and Senior Prom is Friday, May 17 at Navy Pier.

Kimberly Bond Boutique

www.kimberlybondboutique.com 8650 W. 159th Street Orland Park (708) 460-0474

That Girl Boutique

11359 S. Harlem Avenue Worth (708) 448-6701

Peaches Boutique

www.peachesboutique.com 5915 Archer Avenue Chicago (773) 582-0102

Girls' basketball team learns from losses

Jimmy Smith Zack Cody Sentinel

Over Christmas break, the RedHawks varsity girls' basketball team travelled to Florida for the Naples Daily News Holiday Shootout, returning home with a record of three wins and one loss against some of the best teams in the country.

Their first game of 2013 took them to Mother McAuley on Jan. 8 for an event both teams look forward to annually. The RedHawks battled but could not get the job done, falling to the Mighty Macs 79-67.

"[McAuley] capitalized on our mistakes all night and never gave up," said junior forward Brooke Wyderski, but this loss will motivate us for the rest of the season."

A second loss (59-44) came against Marian Catholic on Jan. 12.

The RedHawks rebounded against Joliet Catholic on Jan. 16. With her team down late in the fourth quarter, Wyderski made a three point shot to bring the game within reach, allowing senior point guard JeTaun Rouse to nail the game winning shot as the buzzer sounded, giving the Redhawks a 48-47 win.

"This win was the spark we needed to give us momentum, to leave our previous losses behind us, and to focus on the rest of the season," said senior guard Nicole Furey-Kane.

Rouse was nominated for the McDonald's All-American team. This season also saw Rouse crowned the RedHawks all-time leading scorer. Rouse will find out if she is selected for the team on her birthday, Feb. 14.

The Redhawks travel to New Lenox tomorrow to face Providence.

The girls' next home game is against Morgan Park on Mon., Feb. 4, which is also Senior Night.



photo by Mary Lou Wyderski

Senior point guard JeTaun Rouse takes a three-point shot against Joliet Catholic Academy on Jan. 16. Rouse has been nominated for the McDonald's All-American Team and will find out if she is selected on her birthday, Feb. 14.



photo courtesy of HR Imaging

(L to R) Coach Chambers, Melissa Hranicka, Adlin Mendez, Lucie Switalski, Ellie Benz, Kristen Roszak, Ashley Kaczorowski, and Coach Nicholson travel to Oak Forest tomorrow to compete in the IHSA sectional beginning at 9 a.m.

Girls' bowling heads to sectionals

Taylor Novak Sentinel

Girls' bowling at Marist has featured a season filled with highlights, including the junior varsity team's wins against McAuley, Trinity Christian and St. Ignatius, and on Jan. 26, JV player Nora Lipitzky ranked nine out of 42 in the Catholic League individual standings with a season high average of 212.

Varsity is currently in third place in the Girls Catholic Athletic Conference League (GCAC), having defeated Trinity, St. Ignatius, McAuley, Regina, and De La Salle in their GCAC meets.

"So far we have had a great season," said coach Cathy Chambers, overseeing the team for the first time this season. Mr. Jeff Nicholson also coaches the team.

"The girls are enthusiastic and are willing to accept the challenge from their competitors," Chambers said.

An example of this enthusiasm and perseverance is seen in sophomore Adlin

Mendez, who leads the varsity team with a 163 average. As of Jan. 9, Mendez's high game for the season was 254 and her high series is 578.

"I'm very proud of all of the girls on the team," Chambers said. "They are so energetic and enjoy each other, as well as focus well on the meets. It's been a very rewarding season."

Ellie Benz, one of the two freshmen on varsity, has enjoyed being on the team

"Being part of this team has been fun," Benz said, "and we will try our best at sectionals and see what happens after

The varsity team will compete in sectionals tomorrow at Oak Forest Bowl beginning at 9 a.m. The RedHawks will bowl 3 games in the morning and 3 in the afternoon. The top 3 teams from the sectional advance to the state finals.

Chess team ranks 4th in conference

Jenna Doherty Sentinel

The RedHawk chess team continues its trek through playoffs in preparation for the upcoming state tournament.

On Feb. 7, the team will travel to the state finals in Peoria, hoping to make the farthest run in the history of the team.

The RedHawks are 4th in conference with a 7-5 record, with strong wins against Leo and Brother Rice and went 2-1 at the Chicago Chess Conference (CCC) championship on Jan. 26 at De La Salle.

Coach Morowczynski said, "I am very proud. We exceeded expectations and this is the best team we have had in

Team captain Joe Fennessey leads the team with a 2nd place individual ranking in conference out of 146 players.



(L to R) Ryan Springer and Joe Fennessey practice in Coach Morowczynski's classroom after school in preparation for the state finals on Feb. 7.

Mathletes prep for regionals

Kevin Maloney Sentinel

The RedHawk math team won its third conference meet with a win at Montini on Sat., Jan. 26 and has qualified for the regional meet on Feb. 23 at Lincoln-Way East.

The math team overcame adversity at Montini by winning without one of its star mathletes, senior Chris Shroba, unable to compete because of a minor traffic accident.

"It was a hard earned win without Shroba, but we got it done and we are already preparing for regionals," said senior Mark Triezenberg.

With a win at regionals, the math team will advance to the state finals at the University of Illinois-Urbana on May 4.

Cheerleaders compete at state today

Kate Stapleton Sentinel

The RedHawk Cheerleading Squad placed second in the IHSA sectional competition held at Riverside-Brookfield High School on Sat., Jan. 26, qualifying for the state final meet, held today and tomorow at U.S. Cellular Stadium in Bloomington, IL.

The Riverside-Brookfield sectional meet was the largest in the state, with a total of 50 schools competing.

The team is coached by Ms. Nicole Broadhurst.

"A stunt fall drop and another small mistake put us in second place at sectionals," said Emma Flosi. "We have to improve for state and the mistakes will make us work harder in practice."

This year's squad includes seniors Rachel Morris, Annie Zielinski, Ashley

Duffin, Brenna O'Connor; juniors Kaila Case, Kristen Gaynor, Alaina Bergamini, Mary Kate Davidson, Laura Murphy, Paige Ziemba, Caitlyn Cummings, Lexi Lewkowicz; sophomores Emily Erickson, Racheil Davidson, Emma Flosi, Katie McGrath; and freshmen Mara Case, Megan Doah, Val Minnick and Michaela Ryan.

Alternates are sophomores Beth Finn and Meg Malloy.

"We all work together as a team to make each other better," Bergamini said.

Today in Bloomington, the top 25 squads from the state will compete.

Those squads finishing in the top 10 will advance to the final day of competition tomorrow.

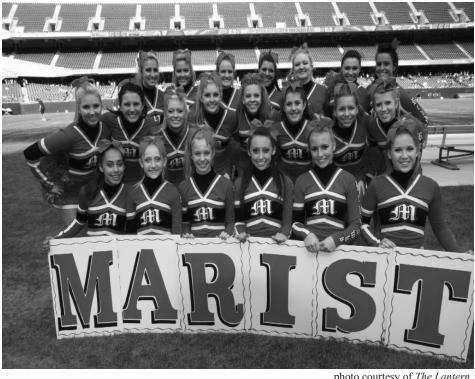


photo courtesy of The Lantern

After placing 2nd at the IHSA sectional competition last weekend, the RedHawk Cheerleading Squad advances to the state finals today. The cheerleaders are seen here at Soldier Field in August.

Switalski makes RedHawk bowling history

Shannon Allen Sentinel

Senior Pete Switalski finished in 11th place for individual awards at the IHSA state bowling tournament finals held in O'Fallon, IL on Sat, Jan 26. He averaged 219 for the tournament, with high games of 273 and 267.

Switalski stands out as the only Marist bowler to advance to the finals of the state tournament and now holds the honor of being the best Catholic high school bowler in the state.

"My goal was to make it into the top 12 at state, and accomplishing that was great," Switalski.

At sectionals, held at Palos Lanes on Jan. 19, Switalski came in second with a high game of 269.

In Catholic League, he averaged 215 thoughout the season, and the highest average (225) in the league finals.

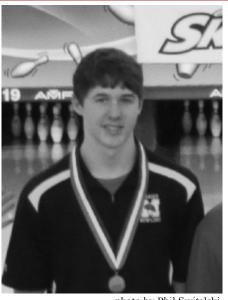


photo by Phil Switalski

Pete Switalski

Switalski began bowling in 7th grade, inspired by his father, Marist head bowling coach Phil Switalski, who was a state champion in the sport at age 11. He plans to bowl at Robert Morris University next fall.

Wrestlers win ESCC, prepare to host regionals tomorrow

Caitlin Falsey Sentinel

Last weekend, the RedHawk varsity wrestling team won the ESCC conference championship at Notre Dame High School, defeating eight other teams.

The victory capped a new year's winning streak which began with a 37-18 victory against St. Rita on Jan. 1

On Jan. 4, the RedHawks dominated Carmel (53-9) and Joliet Catholic Academy (68-6).

Other January victories came against Catholic rivals St. Patrick (58-13), St. Viator (68-0), and Providence (64-7).

At the Illini Classic hosted by Lincoln-Way East on Jan. 11-12, juniors Mark Duda (113) and Peter Andreotti (160),

sophomore Alex Benoit (170) and senior Tom Howell (220) finished in first place.

The RedHawks placed 11 of 15 wrestlers at the Classic and took home a team championship after defeating the 15 other teams in attendance.

Tomorrow morning, the RedHawks host the IHSA Class 3A Regional in the Red and White gymnasium.

"We are completely focused on regionals right now," said head coach Brendan Heffernan. " If we can fire on all cylinders, and if all 14 starters wrestle well, we will be tough to beat. It is going to take a colossal effort from whoever ends up winning the regional."

Varsity BB 15-6

Clare Jorgensen Sentinel

The RedHawk varsity basketball team travels to Nazareth Academy tonight, looking to add another win to their 15-6 record for the season.

Over Christmas break, the team travelled to Centralia, IL for their annual holiday invitational. The team placed 4th overall, with senior guard LJ McIntosh named MVP of the tournament.

The RedHawks have suffered tough losses after hard fought games against Catholic rivals St. Rita on Jan. 15 and Br. Rice on Jan. 22.

On Jan. 25, the RedHawks defeated Carmel-Mundelein, 42-32.

Senior shooting guard Zack Cody said, "We still have much to improve on for the rest of the season, and I expect us to be on top of our game come playoffs."



photo courtesy of LJ McIntosh

The RedHawk varsity basketball team plays away at Nazareth Academy tonight at 7:30 p.m. Senior Night is Tues., Feb. 2, when the RedHawks will face Tinley Park at home in the Red and White gym at 7:30 p.m.

McIntosh breaks scoring record

Zack Cody

Senior guard LJ McIntosh made school history on Jan. 30 when he scored his 1,496th career basket in the game against St. Patrick High School in the Red and White Gymnasium.

He now holds the all-time scoring record formerly held by guard Nick Valla, '10.

Head coach Gene Nolan said, "It's a great honor for such a great kid.'

McIntosh, a graduate of Christ Our Savior, will be bringing his brains and talents to the University of Texas-Pan American next year on an athletic scholarship. He is leaning toward a journalism or business major.

"Breaking [Valla's] record is a great accomplishment, but I couldn't have done it without my coaches and teammates," McIntosh said.