



iCenter open for business; iSquad ready to help students

Matt Hickey
Sentinel

The iPad initiative is officially in full swing at Marist as all freshmen and sophomores are using iPads in place of textbooks and for a range of other academic tasks.

The new iCenter, located in the old ARC workroom, across from Champagnat Square, is run by Instructional Technologist Ms. Sarah Rakauskas.

Seniors John LaMantia and Joe Kezon assist Rakauskas as members of the newly created "iSquad."

The iCenter is open during all mods to help teachers and students who have questions or problems with their iPads. Rakauskas also researches new apps and new ways to effectively use the iPads.

Several iPad "boot camps" were held over the summer to prepare incoming freshmen and the faculty for the school year.

"It was especially helpful for the incoming freshmen to have a foundation before school started," Rakauskas said.

On average, about 30 students and teachers come to the iCenter for assistance each school day.

On "Tech Tuesdays," teachers are invited to eat their lunch and receive additional training.

The best result of the iPad Initiative so far has been students collaborating with one another as they learn to use the device for school.

"I've seen a lot of success with the iPads so far and have heard a lot of positive feedback," said Principal Larry Tucker.

The administration as a whole has been happy with the results of the iPad initiative so far.

Dean of Discipline Mrs. Beth O'Neill said, "I can hear Mrs. Sehgal in the classroom across from my office doing math problems with the students on the iPads. It's going a lot better than we expected."

As iSquad members, LaMantia and Kezon visit freshman and sophomore classes to offer assistance when needed.

"The iSquad has been a huge success so far," Rakauskas said. "They are helping out tremendously and help make the iCenter a fun work environment."

LaMantia has noticed a lot of success with the iPads as well.

"Things are being offered in classes with the iPads that I wish had been available when I was a freshman," he said.

"Organization seems a lot easier and it has been helpful for the students' note taking."

LaMantia and Kezon got involved with the iCenter through the peer leadership program. Peer leadership is one of the three religion courses offered to seniors.

In most cases, seniors taking peer leadership are assigned to Marcellin level classes to serve as aides in the classroom, providing academic support and encouragement.

LaMantia and Kezon were assigned to help out Rakauskas in the iCenter.

"I signed up for peer leadership assuming I would be helping students in Marcellin classes," Kezon said.

"I was excited about helping out others academically. I had no idea I would be helping out all freshman and sophomores with their iPads. It's truly rewarding."



photo by Megan Karas

iSquad members Joe Kezon, Ms. Sarah Rakauskas and John LaMantia are available in the iCenter each day to assist students and teachers with their iPads. Any interested upperclassmen who have a study hall may be eligible to join the iSquad and should see Ms. Rakauskas in the iCenter.

Teachers have also observed success using the iPads. Several teachers have commented that absent work can be dealt with more efficiently through apps such as Showbie.

"Overall things have been going well," said math teacher Mrs. Mary Barry. "Students like using e-books as opposed to carrying textbooks around and math students, particularly geometry students, seem to prefer solving problems on the iPad."

As the iPad Initiative continues this school year, there is room for the iSquad to grow.

Rakauskas has expressed interest in setting up a student help desk in the iCenter. Any upperclassman who has a study hall is welcome to volunteer for this duty.

"It would be helpful to have other students willing to assist me during these mods," Rakauskas said.

making academic history

Record number of students named AP scholars

Maggie Stimac
Sentinel

A new academic record was set as 105 students received Advanced Placement (AP) scholar awards at the end of the 2013-2014 school year. The College Board, which oversees the AP program, recognized these students for their performance on last May's AP exams.

Of the 105 students, 15 are current seniors, while 90 graduated in 2014.

Only about 18 percent of the 1.8 million students who take AP exams worldwide succeed in achieving scores high enough to receive an AP award.

This past year was the highest number of AP scholars to be honored in Marist history.

In 2013, 327 students took a total of 719 AP exams. In 2014, 301 students took a total of 713 exams.

Two 2014 graduates were acknowledged by the College Board as National Scholars. Anna Schieber and Joe Fennessy each earned an average score of four on all AP exams taken, and scores of four or higher on eight or more AP exams.

Students who take AP courses face rigorous work. The College Board's placement program offers these classes to students who seek college credit as they strive academically in high school.

Each AP course leads to an AP exam created by a group of college and university professors to ensure high standards.

Marist offers a total of 18 AP courses which are accepted by more than 3,800 colleges and universities nationwide.

Research shows that students who earn a score of 3 or higher on AP exams are more likely to succeed academically after high school.

Dean of Upperclassmen Mrs. Kelly Mulcahy is very proud of the Marist AP scholars and well aware of the difficulties they face.

"The AP courses challenge students on a daily basis, unlike college classes which usually meet only once or twice a week," Mulcahy said. "Time management is crucial and students must manage their work."



Gregory, Luzzo recognized for outstanding volunteer work

Courtney Johnson
Sentinel

Seniors Sarah Gregory and Sam Luzzo won awards this past summer for their outstanding volunteer work outside of school.

Gregory, who volunteers at St. Coletta's Foundation in Chicago, received Volunteer of the Month in August for helping children and adults with disabilities.

"Volunteering isn't about awards," Gregory said. "Making people smile is an award in itself."

Luzzo, a volunteer at Palos Community Hospital, received an award and a letter from President Obama for his work assisting nurses and patients. He was nominated by his supervisor at the hospital, Donna Malec.

"It's a very rewarding experience and it makes you realize how you can brighten someone's day just by doing the smallest things," Luzzo said.

Collins places second in nation at NCFL competition

Megan Karas
Sentinel

Junior Kelly Collins placed second in the nation at the National Catholic Forensic League Grand Tournament last Memorial Day weekend held at the Chicago Hilton. She is the first student in Marist history to attain that level of recognition in speech.

Collins competed in oratorical declamation, also referred to by many as “dec.” In this category, competitors must memorize a speech and deliver it to a panel of judges. Judges rank speakers based on content, poise, and articulation during delivery.

Last season, she memorized and delivered Ted Brené Brown’s nine minute speech “Listening to Shame,” which is about the common feeling of shame, the harmful effects it can have, and how people can move past it using empathy.

Collins won the first Catholic league national qualifier and was ultimately

named Chicago Catholic League champion last season for the second year in a row.

She also qualified for the IHSA state finals as a freshman and sophomore, an achievement difficult for underclassmen to accomplish.

“I was thrilled that Kelly placed second in the country in oratorical declamation,” said RedHawk speech team head coach Mrs. Holly Cox.

“She truly deserved this honor because she is an incredibly talented young woman who works hard to meet the high standards she consistently sets for herself.”

This year, Collins plans on competing in both oratorical declamation and original oratory, a category that allows contestants to write and deliver their own speech.

“It was really exciting to represent Marist at the national level,” Collins said. “I hope my accomplishments motivate more students to take more notice of our speech team or to consider joining us.”



photo by Nick Konow

Junior Kelly Collins placed second in the nation in oratorical declamation at the National Catholic Forensic League Grand Tournament last Memorial Day weekend. She is the first student in Marist speech history to rank at the top nationally.

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Dynamic duo revamps website

Keri Boyle
Sentinel

The school website received a makeover this past summer, thanks to the hard work of web design teacher Mrs. Bonnie Littleton and Director of Marketing Ms. Patti Arvesen.

After surveying the faculty, coaches and other members of the community, Littleton and Arvesen began working on the new website in April and had it up and running by the end of July.

“We like to think of the Marist website as a virtual front door to our school, so we wanted it to be more welcoming and up to date,” Arvesen said.

“Each page is vibrant with photos and colors, quicklinks, events and news,” Littleton said. “We worked very hard to make this site user-friendly.”



photo by Keri Boyle

Ms. Patti Arvesen (l) and Mrs. Bonnie Littleton (r) co-created the new school website that debuted in time for the new school year.

Marist Theatre Guild presents ‘The Man Who Came to Dinner’

Gianna Callo
Sentinel

The RedHawk Theater Guild will present “The Man Who Came to Dinner” as the fall play this year, with performances on Nov. 13, 14, and 15 at 7:30 p.m. in the RedHawk Theater.

“The Man Who Came to Dinner” is a comedy by George S. Kaufman and Moss Hart written in 1939. It will be performed at Marist in cooperation with Dramatists Play Service.

The play is set in the small town of Mesalia, Ohio. The main character, Sheridan Whiteside, carries the toxic, yet often funny traits of being rude, demanding, manipulative, and self-absorbed.

While he is very much in love with his assistant, Maggie Cutler, Whiteside is torn between believing he is the best man for her or allowing her to leave him for another man. Whiteside is too absorbed in his ego to believe there are more values in life than being interesting to other people.

Ultimately, Whiteside must choose whether it is better to be famous or better to be loved.

The lead roles will be Brian Canchola playing Sheridan Whiteside, Meghan Cronin playing Maggie Cutler, Matt Jones playing Mr. Earnest W. Stanley, and Jack Golden playing Richard Stanley.

Other lead roles include Becca Valek as June Stanley, Elizabeth Travnik as Harriet Stanley, Katie Copps as Miss Preen, Kyle McNamara as John, and Reilly Golden as Sarah.

Additional roles are Maddy Tucker as Miss Dexter, Josie Gilligan as Mrs. McCutcheon, John Ruf as Dr. Bradley, and Ben Barry as Bert Jefferson.

Supporting roles include Kelly Collins as Lorraine Sheldon, Nick Kapa as Sandy and Quinn Donnelly as Beverly Carlton.

Tickets for general admission will be \$8 and tickets for students will be \$5. Tickets will be available during all lunch mods, after school and at the door before performances.

The play is co-directed by Mrs. Erin Vail and Mrs. Erin Kelly.



photo by Akia Davis

Members of the Marist Theater Guild (l to r) Meghan Cronin, Ben Barry and Kyle McNamara rehearse a scene for the fall play “The Man Who Came to Dinner.” The play opens in the RedHawk Theatre on Nov. 13.

Getting out of the country benefits high school students

Noah Kemp
Sentinel

This past summer, seven students joined Spanish teacher Mrs. Cathy Chambers for a two-week trip to Seville, Spain, taking side trips to other cities and to Portugal.

Seniors Maddie Kelly and James Rodriguez, juniors Ravis McMorris, Aravi Perez, Maddie Sawertailo and Vanessa Romero, and sophomore Vicky Lara lived with Spanish host families during their stay and attended classes in Spanish schools.

"The adventure of travelling with peers, being able to experience another country, and the ability to gain new perspectives on cultural and historical themes are at the core of why we take trips abroad," Chambers said.

According to the American Field Service (afsusa.org), students who spend time abroad in high school benefit in a number of ways. The experience stands out on college applications because stud-

ents spent time immersed in the culture that uses the foreign language they are studying.

AFS also states that by staying with host families, students can gain a deeper awareness of today's social, economic and political issues in the world.

"The best part of the trip was meeting new people," McMorris said. "Exploring Seville was also exciting because we got to see such beautiful landmarks."

Additional trips planned through Marist this year include France, Germany and Barcelona, Spain.

Two trips to France will be offered over spring break for students in the Marist French program. Information is available from Mrs. Maggio in room 216.

Any Marist student interested in the trip to Germany over spring break may see Mrs. Cox in guidance.

An informational meeting about the trip to Barcelona will be held in room 208 at 6 p.m. on November 18. Students may also see Mr. Daly in room 208.



photo courtesy of Cathy Chambers

Spanish teacher Mrs. Cathy Chambers chaperoned seven students on a trip to Seville, Spain this past summer. The group is pictured outside Centro Mundolengua school, where the students attended classes and participated in cultural activities.

ARC offers new programs to boost reading enjoyment

Akia Davis
Sentinel

When it comes to academic reading, many students find it difficult to get excited or interested in the history of Ancient Greece or most textbooks.

In order to help students enjoy reading more, head librarian Mrs. Kristen Rademacher has started some new programs in the ARC this year.

One Book, One Marist is a new book club that meets weekly in the RedHawk Theater on Wednesdays after school to discuss a book chosen by the members. The club's first selection was *Divergent* by Veronica Roth.

"Anyone is welcome to join, and students can come and go as they wish," Rademacher said. "You can come once a month if that is all your schedule allows."

Students can also follow the club on Twitter at @1book1marist.

Rademacher also started the Yn3 program this fall. Using the QR reader app on iPads, students scan a code in the ARC or hanging in the hallways throughout the school.

Once the code is scanned, students are directed to a four-question survey. Within 24 hours of submitting the survey, the student will receive an e-mail with a list of three books tailored to that student's interests.

The hope is that students will then check these books out of the ARC and read them for their own pleasure.

Junior Pagie Sokani, the unofficial president of One Book, One Marist, said, "No matter if you're an avid book fan or a secret bookie, One Book, One Marist is the place to show your true passion about reading."

Former MLB player joins faculty, named head coach

Nick Konow
Sentinel

Mr. Kevin Sefcik joined the Marist faculty this summer as head baseball coach and PE teacher.

Sefcik spent seven years in professional baseball, playing for the Philadelphia Phillies from 1993-2000. Although he was not a starter, he was known for his hustle, hard work and helping his team in any way possible.

He was a utility player coming off the bench and was able to gain a great deal of baseball knowledge from his teammates.

"My experience was great and I loved playing against the best," Sefcik said.

Some of the players he faced in the major leagues included Greg Maddux and Tom Glavine, both of whom were inducted into the Hall of Fame this year.

"I had many at bats against those guys and it was cool to see them inducted," Sefcik said.

After retiring from baseball, he went on to coach for Saint Xavier and spent the last three years as an assistant baseball coach at Brother Rice.

Sefcik is also involved with the Illinois Sparks, a local travelling team.

"I came to Marist because of the facilities and the opportunities for growth," he said.

Sefcik attended Andrew High School and Saint Xavier University. He recalls playing high school baseball at Andrew and spending a lot of time working on drills and the fundamentals. He plans to adopt the same approach with the RedHawks this spring.

'Practicing with pride and playing with pride' is the idea at the heart of Sefcik's coaching philosophy.

"I hope to build Marist baseball into a program that will be more successful and give players a place that will allow them to become the best players that they can be."



photo by Megan Karas

Mr. Kevin Sefcik joined the Marist faculty as head baseball coach and PE teacher this summer. Sefcik, a former outfielder and second baseman for the Philadelphia Phillies, also brings years of high school coaching experience to the RedHawks.

THE SENTINEL



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As an open forum, the *Sentinel* welcomes and encourages letters to the editor and guest editorials. Letters to the editor should be 250 words or less and must be signed by the author. Guest editorials are limited to 500 words and must also be signed by the author.

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Don't forget to look up once in awhile

Last spring, a video called "Look Up" went viral on YouTube. The video shows two versions of a man's life unfolding.

In the first version, the man is shown walking with a map in his hands. He stops a woman on a street corner to ask for directions.

The video goes on to show how a relationship evolves between the man and woman after their chance encounter. Eventually, they marry and have a child. At the end of the video, the man is at his wife's side when she passes away.

In the second version, the man is walking down the street looking for directions on his cell phone and he walks right past the woman who could have been his future wife.

The message is simple: we need to put down our devices and take time to enjoy the world around us and all it has to offer.

Technology has changed our lives in so many ways, some helpful and some harmful. People can get help in cases of

emergency and get directions or answers within a few seconds. But technology use has also lead to injury and death, especially among those who insist on using their devices while driving.

*we need to put
down our devices
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Since Marist began the transition from textbooks to iPads, questions have arisen regarding whether the technology will

help students learn better or if constant access to games, social media and the Internet will prove too distracting for some. Students using iPads in school or for homework need to remain focused and resist the temptation to switch over to the more 'fun' apps.

Parents need to encourage their children to spend time away from their electronic devices and be more active and social.

It seems that more and more people have their faces down looking at their devices instead of looking up at the world around them.

While technology has made our lives easier and has even saved many lives, any good thing can turn bad if it is used too much. As technology advances, we have to guard against becoming lazy and inactive.

We need to look up and look out, or else we might miss something that can affect our future or change our lives.

Things to consider before giving to charity

The "ALS Ice Bucket Challenge" went viral on social media websites this summer. It caught the attention of celebrities and ordinary citizens alike, inspiring many to post videos on Facebook or Twitter of themselves having five gallons of ice water poured over their heads.

The challenge started with Pete Frates, a former Boston College baseball player who was diagnosed with ALS in 2011, who dared his friends to either post a video of themselves getting drenched or else donate \$100 to the ALS Association.

The ALS Association was created in 1985 to help combat amyotrophic lateral sclerosis, a disease that causes permanent and eventually fatal damage to nerve cells in the brain and spinal cord. To date, there is no cure.

In 2011, Marist lost a beloved member of our community, Marcellin Program Director Mrs. Barb Duffy, to ALS.

By August 31, over \$94 million in donations had been received by the ALS Association, a big increase over the \$2.7 million raised in all of 2013.

As a result of the challenge, millions of dollars have been donated for research to find treatments or a cure for ALS. The challenge provided a fun way for people to be generous. It seemed like a win-win situation.

But the desire of so many people to be generous and have fun on social media may have caused them to overlook a few things.

Before donating, people should consult one of the many online charity watchdog sites, such as charitywatch.com. These sites monitor how national charities are actually spending the donations they receive. The ALS Association received a good rating (B+) from Charity Watch, indicating that most of the donations from the challenge will actually be used on research.

A second thing to think about, especially when donating to medical research charities, is whether or not the research they do is moral and ethical. Marist President Brother Hank Hammer pointed out in an e-mail to the faculty that the ALS Association supports the use of embryonic stem cells in research. The Catholic Church opposes this.

Br. Hank suggests making donations to research organizations that do not use embryonic stem cells, such as the Midwest Stem Cell Therapy Center or the John Paul II Medical Research Institute.

Another problem with the ice bucket challenge is that people wasted lots of water.

Families in other countries, including the Phillippines, Syria and South Sudan do not have clean water to drink or bathe in. Meanwhile, millions of Americans were videotaping themselves dumping five gallons of water, enough to take care of one of those families for two or three days.

Organizations working to provide clean water to these areas include UNICEF and Heifer International.

As Marist students, we are called to help and serve others.

We should help because we want to, not because we see others on social media doing it.

And before we perform an act, even with good intentions, we should think about it carefully.

Murdered journalists are powerful examples

On August 19, James Foley, a 31-year old American journalist working for GlobalPost and Agences France-Press, was beheaded on camera by members of the Isis terrorist group. He had been captured by Isis in Syria on Nov. 22, 2012.

Just 15 days later, American journalist Steven Sotloff, who freelanced for Time and Foreign Policy magazines, was also beheaded on camera in Syria by members of Isis. Sotloff was kidnapped in August 2013.

Foley and Sotloff are not the first American journalists executed in the Middle East. In 2002, Wall Street Journal reporter Daniel Pearl was kidnapped and beheaded by members of al-Qaida in Pakistan.

In the United States, journalists are protected by the First Amendment, but

when they leave this country, they leave that protection behind.

They know this.

They go anyway.

These journalists leave their freedom and protection in order to do their jobs and some of them pay with their lives.

Journalism was more than just a job to these men; it was a passion. They wanted to share with the world what life is like in these war-torn countries and how innocent people are suffering during civil wars and terrorist attacks.

While in captivity, Foley wrote to his family and said, "I know you are thinking of me and praying for me. And I am so thankful. I feel you all, especially when I pray."

When Foley was in trouble, he turned to God. People sometimes turn away from God when things go bad.

*their examples should
inspire us to follow
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passion, but to follow
those dreams with
strong faith*

When life gets tough, we should turn toward God, like Foley did, not away from Him.

We can learn a great deal from these murdered journalists, from the passion they showed for their careers and the risks they were willing to take to get their jobs done.

Their examples inspire us to follow our dreams with passion and to follow our passion armed with strong faith.

God bless you...and Catholic education

Imagine getting a detention for saying 'God bless you' to a classmate in school after he or she sneezes.

Seems ridiculous, right?

Well, in Tennessee, a high school student was suspended for that very same 'offense.'

Kendra Turner, a senior at Dyer County High School, received an in-school suspension for her violation of a classroom teacher's list of words banned from use in his classroom.

Although not a school policy, school officials at Dyer County backed up the teacher.

"The assistant principal said that if I didn't want to respect my teacher's rules, then maybe my pastor should teach me that freedom of speech and freedom of religion do not work at our school," Turner wrote.

School authorities and members of Turner's family have refused to comment further on the matter.

Luckily for students at Marist, or at any private, religious school, we do not

have to fear acting in the name of God. Often, however, we do not realize how blessed we are that our actions, when inspired by faith, do not land us in trouble at school.

We should be thankful that we have the total freedom to practice our religion at school.

Countless acts of courtesy happen at Marist on a daily basis and God's teachings inspire us to do them. These acts inspire others and help us to grow as Christians.

While Turner's act of courtesy would fit right in at Marist, it landed her in trouble at her public school.

Turner's story gives us a reason to remind ourselves how fortunate we are that our parents made the sacrifices that they did so we could attend this school.

Our curriculum is based on kindness and compassion, inspired by God and prayer.

We have the blessing of the freedom to inspire others with our acts of kindness as we follow the teachings of Jesus.

Gianna Callo
Sentinel

Turner's incident is an example of why we should appreciate the opportunity to attend a school as great as Marist, a school that nurtures our faith every day.

We should be thankful that we have religious freedom and are not punished for exercising it.

We should be grateful for the other freedoms guaranteed to Americans under the First Amendment, including freedom of speech and freedom of the press.

We should be concerned when those freedoms are trampled upon.

In the comforting and accepting atmosphere here at Marist, we should be thankful for the opportunity to practice and grow in our faith and improve our relationship with God.

So, think about that the next time someone sneezes in your class. Say 'God bless you' and give thanks for the freedom to do it.

We are Marist, a family inspired by God to be loving, generous and accepting.

NFL: National Football League or National Felony League?

Nick Konow
Sentinel

Since 2000, over 700 members of the NFL have been arrested, according to the San Diego Tribune. The charges range from assault, to DUI, to murder.

The most recent and prominent arrests have been of Baltimore Ravens running back Ray Rice and Minnesota Vikings running back Adrian Peterson.

Rice was arrested on a charge of assaulting his fiancée, Janay Palmer, in an Atlantic City casino elevator. Peterson was arrested on a charge of child abuse.

Rice at first was handed down a two-game suspension by NFL Commissioner Roger Goodell. This questionable punishment led many to call out Goodell for being too lenient.

After TMZ Sports released the video from the Atlantic City elevator that shows Rice striking his then fiancée Palmer, Rice had his contract terminated by the Baltimore Ravens and he has been suspended from the NFL indefinitely.

Goodell showed incompetence and neglect in dealing with this case. His first mistake was interviewing Palmer with Rice present; which contradicts recommended practices of dealing with victims of domestic abuse.

Goodell also failed to actively seek out and act on the incriminating video, which TMZ officials say was not difficult to obtain.

Goodell has lost all credibility and because of this must resign.

Players are looked up to as role models and should conduct themselves as such, both on and off the field.

As fans, we are responsible for holding players to that standard. We cannot expect less from players than we do from the rest of society.

When professional athletes are in their prime, they can feel invincible. There is no more exhilarating feeling for athletes than being on top of their sport. Some may even feel on top of the world.

But no player is ever above the law.

More than 100 of the 700 arrests since 2000 were for charges of driving under the influence. These 100 arrests simply did not have to happen because the NFL offers a safe ride program. If a player has had too much to drink, all he has to do is call and a car will be sent to pick him up, free of charge. The program is also completely anonymous.

The solution to the problem starts with changing the culture in the NFL. Fans need to stand together. We must not support players who have committed felonies by wearing their jerseys or other team apparel.

The NFL is over a billion dollar business largely due to corporate sponsorship. Games are watched by millions of fans across the world. Those same millions also watch the ads of NFL sponsors, such as McDonalds, Pepsi, Anheuser-Busch, Campbell's Soup and Visa.

These same sponsors have issued public statements about their disappointment and dissatisfaction with league's handling of the Rice and Peterson cases.

If the NFL does not do more to deal with players who commit crimes, then fans should call for these companies to stop supporting the NFL.

photo opinion

by Sarah Peel and Brooke Sitasz

What do you like best about using your iPad in school?



Joi Wilson
freshman

The iPads are great to use in school. They make it easier to stay organized and keep everything in one place.



Brian Fanella
sophomore

What I like best about the iPads is that you have all your books together and it is so easy to stay organized. Everything is right in front of you.



Conor Sweeney
freshman

The iPads make it easier for students to complete assignments, make presentations, stay organized and ask teachers questions without needing to send an e-mail. It also allows students to communicate on group projects.



Isabella Flores
sophomore

I like using the iPad because it makes it easier to write down notes and use textbooks. It is much easier to carry around and our book bags are much lighter now.

Balancing work with school is not easy

The responsibility of balancing a part-time job while going to high school is a big step for a teenager to take today.

Being in school is already stressful, with the loads of homework and tests and quizzes to study for. Many wonder if there is even enough time in the day for a student to go to school and work.

The answer is yes.

According to an article in the *Daily Mail*, about 25% of teenagers age 16-19 currently hold jobs in the United States.

It is difficult, but it is possible to be in high school and still manage to hold a job, with the reality in mind that it is going to be challenging.

The obvious advantage of having a job while in high school is that the student is earning money that can be saved or spent. To an extent, students who work begin to experience a level of financial independence.

Having a job also means that students are preparing themselves for their future and the realities of a daily career.

Because working students have less free time, their jobs force them to become more organized and learn time management skills.

Maybe the biggest disadvantage of having a job while in high school is that while handling a job, the student has to consider not having a social life.

"Having a job while trying to balance school work and soccer means that I can only hang out with my friends once a week," said senior Noah Kemp. "It is overwhelming sometimes, but it is nice to have the spending money."

Also, many students who work cannot participate in sports or extracurricular activities at school due to schedule conflicts.

High school students need to know what they are getting into before even applying for a job. Having a job may seem like a great idea because earning money is involved, but if students are not willing to manage their time, they need to think twice.

Keri Boyle
Sentinel

Tips for balancing high school and part-time work

--Talking to a counselor, teacher or parent can help you figure out how to balance your time between these two activities

--Start slowly; don't commit to working a lot of hours immediately

--If your job has a lot of downtime and your boss has no objections, use slow periods to do homework

source: bigfuture/collegeboard.org

Blake takes servant leadership beyond graduation to Africa

One of the Marist Marks focuses on the idea of servant-filled leadership, encouraging students to go out into the world and serve others in an exemplary way.

Students fulfill this mission by participating in the peer leadership program, senior service or mission trips to impoverished regions of the country.

One member of the Marist community traveled 8,009 miles, twice, to serve God and her fellow human beings.

Her name is Rachel Blake and she graduated in 2013.

Blake demonstrated servant-filled leadership during two trips to Nairobi, Kenya, for a total of 70 days.

Her interest in going to Africa came during sophomore year, when representatives from Invisible Children came to Marist to speak to religion classes.

The representatives showed a video detailing the horrors faced by the people of Uganda under terrorist leader Joseph Kony and his Lord's Resistance Army.

"After seeing the film, I went home and told my parents that I wanted to do something to help," Blake said.

She eventually traveled to Washington, DC with Invisible Children to participate in a march and persuade government officials to "bring an end" to Kony.

Blake planned to postpone going to college after graduation so she could go to Africa with the group.

But she discovered that God had other plans for her.

During her senior year, Blake began attending Parkland Christian Church in Orland Park. In February 2013, she and 94 other members of her church traveled to Nairobi for 12 days to do mission work.

"One day in church, my pastor talked about the trip and I felt God tugging on my heart to go," Blake said.

On that trip, Blake served as part of a team that painted and did light construction work at a local school.

"As soon as I got home, I just wanted to go back," Blake said.

Her love for Nairobi and the people there motivated her to talk to her pastor, who connected her with Christian Missionary Fellowship International (CMFI).

CMFI offers a summer internship program, called REACH, in which participants spend two months in Nairobi doing mission work.

Blake applied for and received an internship, so last May she went for training in Indianapolis and then traveled with 12 other interns to Nairobi on June 3.

Clare Gilligan
Sentinel



photos courtesy of Rachel Blake

Blake poses with Iyo, a boy from the Mathare Valley region in Kenya where she spent six weeks this summer. "Iyo would run to the gate of the school every day and wait for me to arrive, and I even got him to remember my name...although he could only say 'Chel,'" she said.



As part of her mission to Kenya this past summer, Blake helped teach children about the Bible and Jesus. She spent a total of six weeks in the Mathare Valley and hopes to return in the near future to continue her work.

Her team was based in the Mathare Valley region of Kenya, a 1.5 square mile area with a population of 800,000. It is the second largest impoverished area in Kenya.

Blake went to work for a Christian school in the valley run by Missions of Hope International (MOHI). The school was founded by native Kenyans Mary and Wallace Kamau in 2000.

"The Kamau's started this school so that the children could get a good education and learn about Jesus," Blake said.

Her first job for the summer was to assist a Kenyan national named Rehab. Together, they taught a spiritual development class, teaching the children about the Bible and Jesus.

"Unfortunately, I hurt my foot during the second week and had

to spend the third week going from doctor to doctor," Blake said. "On the bright side, I was the only person on my team who wound up having to go to the hospital."

After receiving treatment for her injured foot, Blake spent the next two weeks in the school's child sponsorship department, reading letters written by the students to their sponsor 'parents' all over the world.

"It was truly amazing to witness how many kids are being sponsored and to see the huge impact that these sponsors are making on these kids' lives," Blake said.

Blake met a number of people in Kenya and was touched by their stories. One who particularly touched her was a driver for MOHI named Philip, a former criminal who reformed himself when he found God.

"Philip is one of the most joyful and faithful people I have ever met," Blake said. "He truly touched my heart and I will never forget him or his example."

While the experience of working with the people of the Mathare Valley brought her great joy, Blake also admits feeling distraught over the poor conditions faced by the people who live there.

Many areas are buried in garbage and surrounded by crime, and there are virtually no ambulances, police or firefighters.

"My heart broke every single day that I was there," Blake said. "There was not one time that I could pass through these conditions and not be heartbroken."

Although the mission workers and the Kenyans live in significantly different realities, there was one thing that unified them.

"Church always brought us together," Blake said. "Realizing that no matter where you are from, what color your skin is, what language you speak, or how you grew up, every single person in that church was worshipping and praising the same God."

Currently, Blake is taking classes at Moraine Valley Community College, but she hopes to return to Kenya for another nine months to continue her mission of doing God's work.

She hopes that other young people will find their passion and mission in life.

"Listen to God's plan for your life," Blake said. "Whether it is helping out around your neighborhood, or around the world, follow where He calls you. Each of us is called to bring the Kingdom of God to earth and mission trips are one way to do this."

Tennis partners for 10 years, friends for life

Courtney Coan
Sentinel

This year marks the 10th and final season that senior girls varsity tennis captains and partners Claire Callahan and Maggie Ringbauer play together.

Callahan and Ringbauer began taking tennis lessons together in second grade and have played competitively as doubles partners for the RedHawks since freshman year.

"Once I started playing, I fell in love with tennis," Callahan said. "When we got to high school, tennis became my main focus as I gave up other sports."

This will be Callahan's final season playing tennis, while Ringbauer remains undecided about playing in college.

"I believe this will be one of our strongest seasons," Ringbauer said. "But it makes me beyond upset to know that this is the last [season] that I will play with my partner and best friend."

Their final season as RedHawks has been a record-breaker with a total of 10 wins and four losses going into this week, the strongest showing since the program began at Marist.

Other victories include wins against conference rivals Marian Catholic, Eisenhower, Bishop MacNamara and Providence.

At the Providence match on Sept. 11, Ringbauer sprained her ankle, but she hopes to return to the court soon.

On Tuesday night, the team faced Nazareth Academy, coming away with another win, 4-2.

Results of the match against Sandburg on Wednesday were unavailable at press time.

Joining Callahan and Ringbauer on the team this year are seniors Geneva Allen, Clare Gilligan, Mary Cunningham, Mary McIntyre, Hannah Kelly, Anna Thomas, Taylor Pace and Annie Hynes.

The team travels to face Joliet Catholic on Sept. 30.

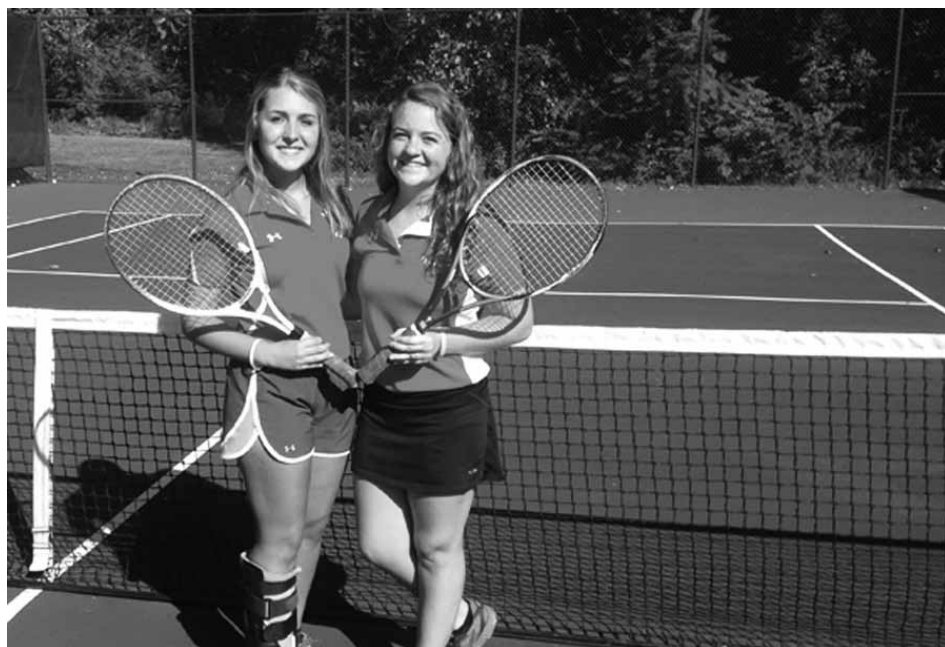


photo by Clare Gilligan

Seniors Maggie Ringbauer (l) and Claire Callahan, tennis partners for 10 years, stand on the court at the Nazareth match on Tuesday.

Rain sinks early golf matches

Sarah Peel
Brooke Sitasz
Sentinel

Late August storms forced the cancellation of golf matches for both the boys' and girls' teams, but the weather and both teams have improved over the season.

The girls' varsity team opened the year with a 10th place finish at the Marian Catholic Invitational on Aug. 18.

Kelly Barker shot an 89, Sam Smith shot a 91, Kaitlyn Maloney shot a 96 and Diana Lang shot a 100.

On Aug. 28, the weather improved enough for the girls' to play Lockport, but the RedHawks fell, 186-177. The girls' followed with wins against St. Ignatius on Sept. 2 (182-187) and Providence on Sept. 3 (175-176).

The team took 4th at the Oak Forest Invitational on Sept. 13, and finished 7th last Saturday at Eisenhower.

On Tuesday the RedHawks defeated rival Mother McAuley, 196-236.

Results from Wednesday's game against Joliet Catholic were unavailable at press time.

On Monday, the girls play in the ESCC conference championship at Village Greens Country Club in Woodridge.

The boys' varsity golf team opened against Mount Carmel on Aug. 23, placing 5th.

Dan Cachey shot a 77, Trevor Fox shot an 80, Dave O'Neil shot an 81 and Nick Konow shot an 82.

After losing matches to Benet and Carmel Mundelein, the team defeated Marian Catholic on Sept. 16, 159-168.

On Monday, the team defeated Oak Lawn, 164-205, bringing their record to 4-8.

Results of Wednesday and Thursday's matches against Nazareth and St. Laurence were unavailable at press time.

"We have come a long way and have high hopes," Cachey said.



photo by Dan Cachey

Senior Trevor Fox tees off at The Meadows golf course on Sept. 16. The boys golf team plays tomorrow in the Hinsdale Central Red Devil Invitational and the girls' team plays in the Lady Dragon Classic.

RedHawk cross country off and running

Gianna Callo
Olivia Gorney
Sentinel

The boys' and girls' cross country teams began their seasons on Sept. 6 at Lyons Township.

The girls placed 7th overall, with sophomore Maryclare Leonard taking 1st place with a time of 16:34.

Juniors Bridget McDermott (18:26), Catherine Viz (18:36) and Caitlin Harkins (20:20) placed 25th, 28th and 62nd in that race, while senior Molly Fahy placed 42nd with a time of 19:07.

The boys' varsity team entered six runners, with senior Mike Conrad taking 26th (14:59), juniors Jack Kelly taking 56th (16:12) and Kevin Kelly taking 80th (17:28), and sophomores Matt Wagner placing 46th (15:46), Dan Babiar placing 69th (16:49) and Anthony DeFellipis placing 72nd (16:56).

"The race was a really good start for a lot of runners," Conrad said. "It set up the rest of our season really well, but showed us that we still have work to do."

On September 13, the teams ran at Reavis High School, with the girls' team taking first place.

Leonard placed 2nd at Reavis, followed by Viz in 5th place and McDermott in 7th place. For the boys' varsity at Reavis, Wagner took 19th place with a time of 17:01.

Boys' varsity runner senior Alex Gattone said, "We didn't do very well because the mud on the course really slowed us down."

Gattone, Conrad, Kevin Kelly, Babiar, DeFellipis and Wagner received awards at the meet for running a total of 1,000 miles between summer 2013 and spring 2014.

On September 20, both teams ran at Detweiller Park in Peoria, with Leonard placing 8th overall and Conrad placing 48th.

The results from the Sept. 24 meet at Midlothian Meadows were unavailable at press time.

Both teams return to Midlothian Meadows tomorrow at 8 a.m. for the Tinley Park Invitational. Midlothian is also the site for the ESCC conference championship meet on Oct. 18.



Sophomore Maryclare Leonard placed 1st in the Lyons Township Invitational on Sept. 6. The boys' and girls' cross country teams run tomorrow at Midlothian Meadows at 8 a.m.

photo by Coach Pat Quinn

varsity football**HOMECOMING 2014-RedHawks host Benet tonight**

Clare Gilligan
Sentinel

The RedHawks (1-3) take on the Benet RedWings (4-0) at tonight's homecoming game at Red and White Stadium. Kickoff is at 7:30 p.m.

Opening the season with a 45-0 win against DuSable on Aug. 27, losses followed against Brother Rice (20-27), St. Viator (28-35) and Notre Dame College Prep (18-20).

"We were right there at the end, but we have to find a way to finish in those close games," senior wide receiver Marty Meyer said.

The RedHawks were up by one with 45 seconds left in the fourth quarter when Notre Dame scored a field goal in the final seconds.

"We have not really played all 48 minutes of the game," said senior linebacker Marty Ryan. "We have shown glimpses of our talent, but we have not realized our full potential."

On Monday, head coach Mr. Pat Dunne said that the team will be working hard in practices, focusing on "everything," including third and longs and goal-line situations.

"The Notre Dame game was one of those games where we had a great team effort but came up short," Dunne said.

After tonight, the RedHawks will face St. Patrick in an unusual morning away game at 11 a.m. on Sat., Oct. 4 at Hanson Stadium.

On Oct. 10, the team travels to Marian Catholic.

The last two games of the regular season are at home on Oct. 17 against Nazareth Academy and Oct. 24 against Joliet Catholic.

"The coaches will put us in the right spots to make plays," Ryan said. "We just need to perform for all 48 minutes this week and for the rest of the season."

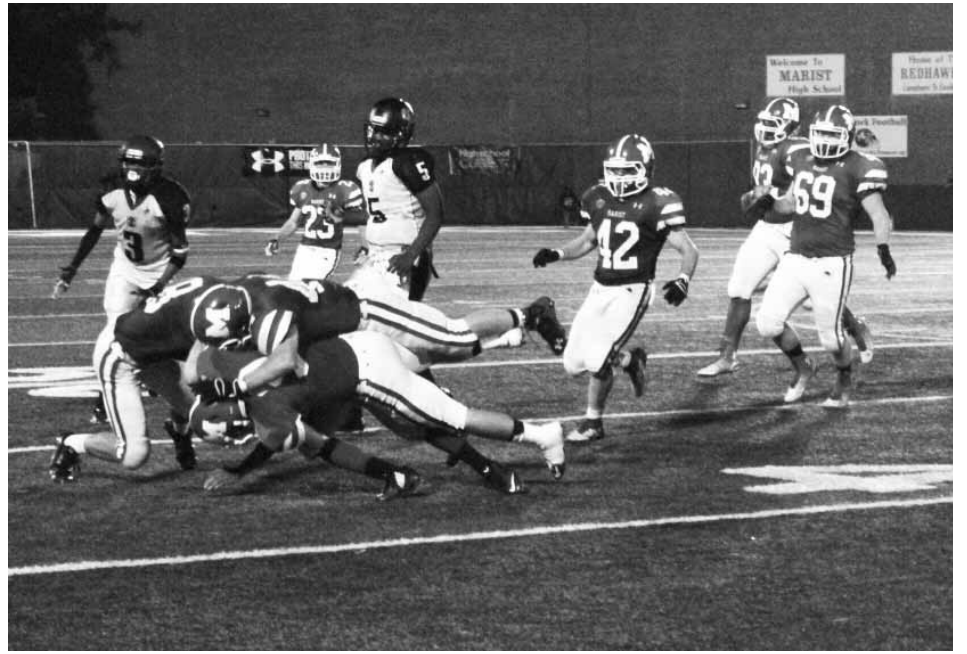


photo by Megan Karas

Junior wide receiver Liam Keffer goes for the tackle in the season opener against DuSable on Aug. 27. The RedHawks won 45-0. Kickoff for tonight's homecoming game against Benet is at 7:30 p.m. at Red and White Stadium.



photo by Debra Dougherty

RedHawk varsity soccer captain Grant Kenny (12), and midfielders Sam Gainer (11) and Christian Cunningham (17) close down on Crete-Monee's midfielder, Fernando Aquirre on Sept. 9.

girls' volleyball**Strong first half of season**

Akia Davis
Sentinel

The girls' varsity volleyball team is off to a strong start this season going into this weekend's tournament at Rich East.

Last weekend, the team placed 5th overall at the Wheaton Classic, with senior co-captain Lizzie Zaleski named to the all-tournament team.

On Tuesday night, the RedHawks played away at Marian, making a clean sweep at all levels. Varsity won 25-22 and 25-10.

Results from last night's home game against Bishop MacNamara were unavailable at press time.

"This year we are concentrating on serving and a fast offense with a lot of energy," said junior outside hitter Cameron Enright. "We are getting comfortable with one another and we are playing better."

Going into this week, Enright averaged seven kills per match, assisted by Zaleski, who had a record of 20 assists overall.

The season started with a victory at home against Hinsdale South (25-20, 25-20).

Additional wins came over Glenbard West (27-25, 25-13) and Providence (25-12, 25-18).

In the annual and highly anticipated meeting with ultimate rival Mother McAuley on Sept. 18, the RedHawks fought hard but fell in two (23-25, 20-25).

"We were really focused but there were times when we needed to stop things up and we didn't," Zaleski said.

The team rebounded with victories at the Wheaton Classic against Naperville North and Wheaton North for the 5th place finish.

The next home game is Oct. 7 against Benet Academy at 6:15 p.m.

Soccer team faces challenges

Keri Boyle
Sentinel

The boys' varsity soccer team plays St. Rita at noon tomorrow, the first of five away matches before returning home to play Carmel at noon on Sat., Oct. 11.

Ending last season with a record of 15-7, the boys' varsity soccer team is off to a 3-6-1 record so far.

Last year at this time, the team was 2-5 and went on to win 11 in a row.

The team travelled to Mount Carmel on Monday, winning 2-0 with goals scored by Sam Gainer and Carter Olsen.

Results of Wednesday's match against Joliet Catholic and Thursday's match against Shepard were unavailable at press time.

The team's first win (2-0) came in the home opener against Glenbard South on Aug. 26. Goals were scored by seniors

Joe Kezon and Olsen, assisted by senior goalie Noah Kemp in the net for the shutout.

A second, 2-1 win came on Sept. 17 against Marian Catholic, with goals by Bryce Wyderski and Olsen, and 7 saves by Kemp.

"Our team needs to put more effort into offense so we can relieve our defense," Kemp said.

Moving into October, the team is looking to win more games.

"We started the season with a nice win, but we were only able to use that starting lineup for that opening win," said head coach Mr. Sean Maxwell. "We have battled through some injuries and some illness since then."

"The good news is that we are getting better," Maxwell said. "Our players need to think more like a team. We need to be more unselfish and move the ball around."



photo by Noah Kemp

Varsity volleyball co-captain Lizzie Zaleski (12) sets and middle hitter Anne Marie Stifter gets ready to spike the ball at the game against Mother McAuley on Sept. 18.