



## Br. Hank reflects on his 25 years of service

by Miranda Insley  
senior reporter

After a total of 25 nonconsecutive years of working at Marist, Br. Hank Hammer knows what it's like to work your way to the top.

Before assuming the role of president in 2013, Br. Hank served as an English teacher, band and student council moderator, academic dean and principal.

Principal Larry Tucker was a student here in the '70s when Br. Hank taught.

"I remember when I was on student council in my junior year and Br. Hank was the moderator," Tucker said. "I never would have thought then that we would be working together one day as President and Principal of Marist High School."

He started at Marist in 1973 and worked here for eight years before leaving to teach English at another Marist school in the Bronx. He stayed there for five years before returning to Marist-Chicago.

Upon his return in 1986, Br. Hank served as an academic dean. In 1993, he was named Marist's 7th principal.

He left again in 1996 to begin working with Marist schools across the country. Br. Hank worked with administrators to incorporate Saint Marcellin Champagnat's vision.

"People really didn't know much about Marcellin and his mission, so my job was to help with that," Br. Hank said.

In 2009, tired of 13 years of commuting, Br. Hank returned to Marist-Chicago, serving as academic dean again until he succeeded Brother Pat McNamara as president.

The most enjoyable aspect of his job is talking to different people about the school and its mission, especially Marist alumni that he taught. Br. Hank enjoys seeing former students, now adults, sending their children to Marist.

"Seeing how happy our alumni are with what Marist has to offer for their children is a highlight because it means we are doing something right," Br. Hank said.

"Many of the alumni, before having children, were opposed to Marist going co-ed," he said. "Many of them have changed their positions because they now have daughters and they want their daughters to share the experience they had here."

The presidency brings its share of challenges as well.

For Br. Hank, the biggest challenge is that he is out of the 'student world.' He misses the interactions he shared with students when he was teacher and dean, and he hopes to return to the classroom to work with students before he eventually retires.

Another challenge he faces is dealing with the financial side of operating the school. One of the biggest issues faced by Catholic schools is tuition. Because there is no state funding, Marist is totally dependent on tuition to keep the institution afloat.

To help keep a Marist education affordable, Br. Hank works with the business and development offices to ensure that roughly \$1 million in financial aid is offered to students annually.

"Taking on this role has been especially challenging, particularly learning about finances, fundraising and what it really costs to run this school," Br. Hank said.



photo by Solomon Davis

Still smiling, Br. Hank Hammer has devoted a total of 25 years of service to Marist-Chicago and spoke about the joys and challenges of serving in his latest role-president of the school.

*I have to be big  
enough to ask people  
for help if I don't  
know something.*

*In this job, you can't  
afford to have a big ego.*

Looking to the future, Br. Hank believes that Marist's greatest strength lies in its families. He also emphasizes the continuing importance of a strong partnership between faculty and parents.

"I felt that in 1973 when I first came here and we certainly want to continue that tradition," he said.

"As we move deeper into the 21st Century, we want students to come here and feel a sense of being welcomed home, to really give students the experience of being part of a family."



### Davis wins McCormick Foundation Chicago student journalist of the year award

Senior Solomon Davis was named the Chicago High School Journalist of the Year at the 2016 McCormick Foundation high school media conference and awards ceremony hosted by Roosevelt University on March 10. Davis was nominated for his outstanding contributions to RedHawk journalism by *Sentinel* adviser Mr. John Gonczyk. He is the first student in Marist history to win this honor and will receive a \$1000 scholarship.

Davis and seniors Caroline Roeper, Taylor Allison, Kara Keating, Miranda Insley, junior Faith Laughran, and sophomores Marie Weber and Michelle Lenz also won certificates of excellence in the 2016 McCormick Foundation journalism competition. The *Sentinel* took certificates of excellence for overall layout and overall newspaper.

## Holder signs with Princeton

by Caroline Roeper  
senior reporter

Senior Brent Holder, an Illinois State Scholar and varsity football player will continue his academic and sports career at Princeton University. He is the only senior so far to commit to an Ivy League school.

Holder, an offensive lineman for the RedHawks, scored a 31 on the ACT and has a 5.3 GPA. Schools across the country have been scouting him this school year, including Valparaiso, Harvard, Dayton, Yale and Drake University.

"After visiting Princeton, I knew that's where I belonged," Holder said. "It was the best fit for me academically and athletically. Once they made the offer, I decided to commit right away."

Holder grew up in Beverly and attended St. John Fisher grammar school, where he began his football career.

His two older sisters, Ashley and Taylor, attended Marist and his mom has taught English here since 2002. But his father attended Mount Carmel, so Holder had a big decision to make.

"It was not an easy decision," he said. "But about a month before the entrance exam, I chose Marist because I thought it was a better fit based on its academic reputation. I also felt good about the people I met when I shadowed here."



Senior Brent Holder

He credits Marist with making an "eternal" impression on him that helped him to get into an Ivy League school.

"Time management, the rigor and intensity of the classes and the commitment to excellence here really helped to prepare me," Holder said.

He also credits his parents, coaches and teammates with assisting him over the past four years.

"They have all been very helpful," Holder said.

At Princeton, he plans to major in economics while playing offensive tackle.



# Zika virus affects international mission trips

by Taylor Allison  
senior reporter

The outbreak of the Zika virus this year forced the cancellation of mission trips to Jamaica and Guatemala planned by Campus Ministry.

According to the Centers for Disease Control and Prevention (CDC), the Zika virus is transmitted through the bite of an infected mosquito.

The most common symptoms include fever, rash, joint pain and red eyes.

“The Guatemala trip was cancelled because both the CDC and the World Health Organization (WHO) said a danger exists in this area and issued a travel advisory,” said campus minister Ms. Colleen Pochyly. “We did not want to put any of our students in harm’s way.”

Anyone who lives in or travels to an area where the virus is found is in danger of becoming infected.

“As the public finds out more about the virus, we wanted to take precautions to ensure the safety of all the students

who had signed up for the mission trip to Jamaica as well,” said trip chaperone Ms. Sarah Rakauskas. “We are thrilled to still be able to participate in a trip to Colorado over spring break to help people there.”

The World Language Department’s annual trip to Argentina over spring break is still on.

“After speaking to Br. Hank and Mr. Tucker and our Marist school in Buenos Aires, we deemed it safe for our students to travel to Argentina,” said trip chaperone Ms. Cristina Lilek. “We will spend most of our time in the city where we will be at a much lower risk for mosquito bites.”

According to Pochyly, there will be another summer trip in place of Guatemala, but there are no final plans at this time.

“We are still getting to go out and help people, and that’s really what a mission trip is all about,” senior Carolan O’Connell said. “We will be working with and visiting the elderly as well as cleaning up some parks.”



photo by Patrick Meyer

Students work with local volunteers in a community garden in New Orleans’ lower 9th ward as part of a RedHawk mission trip in February.



photo by Jeff Nicholson

The RedHawk math team finished as regional champions with a total of 604 points earned at Lincolnway-East High School on Feb. 27. The team will compete in the state finals at the University of Illinois on May 7.

## Math team dominates regionals

by Kara Keating  
senior reporter

The RedHawk math team won the ICTM regional competition on Saturday, Feb. 27 at Lincolnway-East, putting the team on the road to state for the 25th year in a row.

This year’s regional champions include juniors Joey Bennett, Matt Conklin, Jack Golden, Dana Kelly, Robbie Krokus, Becca Valek and seniors Laith Abad, Krista Ico, Michael Laird, Bob and Rich Mauge, Jason Phelan, Rachel Ulaszek and Jude Sanchez.

The team finished regionals with a total of 604 points, with Phelan and Sanchez tying for first place individually.

“The pressure was high because we knew we faced talented competition, and I think that motivated us and affected our performance,” Ulaszek said.

Currently ranked 7th in the state, the RedHawks finished in 4th place at state last year.

The team’s best finish at state was 3rd place in 2014.

The team is coached by veteran math teachers Mr. Jeff Nicholson and Mr. Owen Glennon.

“Our hope is to finish first at state this year,” Nicholson said, “but if that doesn’t happen then hopefully we will finish in the top five.”

There are four different competition categories at a tournament, including the eight-person relay, oral competition, calculator team, and the written/individual competition.

“Competing involves a lot of different tests,” Phelan said. “We take them at different times and they are worth different amounts of points. In the end, all the tests are totaled up to determine the winner.”

The team warms up together before each meet, then head off individually to their different competitions.

The RedHawks will compete at the state finals on May 7 at the University of Illinois-Urbana.

Easter Bunny approved.

\$5 OFF

a purchase of \$25 or more

Oak Lawn

10912 S. Cicero Avenue

(661) 291-2424

nothingbundtcakes.com

Expires 4/1/16. Limit one offer per guest. Cannot be combined with any other offer. Redeemable only at bakery listed. Must be claimed in-store during normal business hours. No cash value.

Strands

hair salon + spa

708.422.5155

4607 West 103rd Street

Oak Lawn



# *Sentinel* alum lands music editor position at *Vox*

by Faith Laughran  
junior reporter

Lauryn Styx '12 has been named the music editor of *Vox*, a print and online magazine that focuses on arts and culture.

Styx, who will graduate with a journalism degree from the University of Missouri this May, began working at the magazine in January.

While at Marist, Styx was a member of the *Sentinel* editorial board and was the 2012 IHSA sectional champion in news writing. She advanced to the state finals and placed 6th overall.

Styx credits Marist with helping her enjoy a smooth transition from high school to college.

"Marist taught me study and organizational skills, legitimate survival skills for college," Styx said. "The transition to college would have been a lot tougher if Marist had not impressed those skills upon us."

She also points to the Marist journalism program as impacting her life.

"I learned leadership and communication skills, specifically because of the journalism class," Styx said. "Taking that class introduced me to the journalistic style of writing and allowed me to hone my skills in the very early stages of my career."

While she always had an idea about what she wanted to do with the rest of her life, Styx did not consider a career in journalism until she got involved in the program at Marist.

Studying journalism and working on the school newspaper here gave her the foundation she needed to get started at Missouri.

"Missouri's journalism school involves a great deal of hard work," Styx said. My classes have thrown me head-first into the 'real world' of journalism. While it can be overwhelming sometimes, the experience also gave me the confidence I will need for any job after graduation."

She is enjoying the work she does at *Vox*, which includes pitching story ideas to other editors. She also writes and

edits stories about the local and national music scene.

"After graduation, I hope to find a job working for an arts and culture publication with an emphasis on music," she said. "I'm crossing my fingers to land at a magazine like *Fader*, *Vice* or *Dazed*."

Styx encourages current high school students to consider a career in journalism and to learn as much as they can about the field in high school.

"Learn as much as you can as early as you can," Styx said. "Both the journalism major and the industry are pretty cut-throat, so anything you can do to give yourself the upper hand is nice."

*Learn as much  
as you can  
as early as you can.*

*Get used to being  
pushed out of your  
comfort zone.*

While preparing for college and a professional career can be confusing and downright rough at times, Styx believes that one thing in particular helped her and will help others to make it through.

"My best advice for any student going into college is to always keep an open mind. Get used to being pushed out of your comfort zone. It gets easier and more rewarding with practice."

As the world of journalism changes from traditional print to digital format, Styx is among those who hope that the transformation will not be total.

"I hold out hope that physical magazines will be around forever," Styx said. "Journalists today who are proficient in both the print and digital sides of the industry will be better able to get a job. The more you know, the better off you are."



photo by Sophia Conforti

Lauryn Styx '12 is pictured working at Vox Magazine headquarters at the University of Missouri, where she was named music editor in January. Styx will graduate Missouri in May with a journalism degree and plans to pursue a career in the field.

Styx's position at *Vox* is the last thing she has to do before she graduates in May. She is not getting paid, but she is getting course credit for her work.

She did not have to formally interview for the position, but went through a lengthy application process instead. She believes they chose her because of her previous experience writing press releases and managing social media accounts for Columbia College's local concert venue.

Her editorship also proves that having a passion for something can turn into a job or a career.

"I also spend most of my time and money consuming live and recorded music, which I mentioned in my application, and I think they recognized my passion for the subject matter," Styx said.

Styx encourages current high school students to get involved in journalism.

"[High school journalism] helped me because I got a taste for AP style and writing a news story in a short amount of time," she said. "I realized I could quickly produce a decent story about something that was just dumped on me, which often happens in the newspaper industry."

"Hard news writing isn't really my thing, but competing in high school prepared me for news writing courses I had to take, as well as my semester writing for local newspaper *The Columbia Missourian*."

"Writing skills are pretty necessary in life and a good writer can always use more practice. Writing in journalism competitions and working on a newspaper will give you that practice."

**Thursdays at 4pm  
Teen Room**

## Current Events Café

**Curious about  
politics and  
the news?  
Let's talk  
about it!**

**Open to teens  
in grades 9-12**

708.422.4990  
www.olpl.org

Author James Klise  
Tuesday, April 26 at 6:30 pm  
A fire destroys...A treasure appears...A crime unfolds...

# The Art of Secrets

JAMES KLISE  
author of LOVE DRUGGED



THE  
SENTINEL



- TAYLOR ALLISON
- KEVIN CORRIGAN
- SOLOMON DAVIS
- MIRANDA INSLEY
- HILLARY JONES
- KARA KEATING
- MICHELLE LENZ
- FAITH LAUGHRAN
- EMILY REYNOLDS
- CAROLINE ROEPER
- MARIE WEBER

BROTHER HANK  
HAMMER, F.M.S.  
PRESIDENT AND PUBLISHER

MR. LARRY TUCKER  
PRINCIPAL

MR. JOHN J. GONCZY, CJE  
FACULTY ADVISER

The *Sentinel* is the official student publication of Marist High School, Chicago, published by the students of Marist High School. The opinions expressed in the *Sentinel* are those of the author and not necessarily those of the *Sentinel* staff or Marist High School, unless otherwise noted.

As an open forum, the *Sentinel* welcomes and encourages letters to the editor and guest editorials. Letters to the editor should be 250 words or less and must be signed by the author. Guest editorials are limited to 500 words and must also be signed by the author.

The *Sentinel* reserves the right to deny a letter publication if it is morally or ethically offensive, contains unsubstantiated claims or personal attacks. The *Sentinel* also reserves the right to edit letters and guest editorials for space or clarity. Letters may be sent to the *Sentinel* Editorial Board, 4200 W. 115th Street, Chicago, IL 60655 or may be dropped off in room 121. Letters must be received by the first school day of the calendar month if they are to be considered for publication in that month's issue.

In the event the *Sentinel* makes an error, a correction or retraction will be published in the following issue.

The *Sentinel* is published by Southwest Regional Publishing, 12247 S. Harlem Ave., Palos Heights, IL. 60463.

Should Apple help the FBI access the San Bernadino terrorist’s iPhone?

Terrorist Syed Farook and his wife Tashfeen Malik killed 14 people in an attack in San Bernardino, Calif., in December before being killed themselves. Now, the FBI has the iPhone of Farook and wants Apple to help them access the information on it.

The FBI issued a court order on Feb. 16 asking Apple to create a new version of the iPhone operating system that would allow them to bypass the encryption on the attacker’s phone. Apple refused to comply with the order in a statement by CEO Tim Cook.

The fight continues to gain intensity and attention, with companies including Microsoft, Facebook and Google supporting Apple. The U.S. Justice Department filed in favor of the FBI.

The U.S. government’s request sets a dangerous precedent and threatens the security of smart phone users across the country.

According to *Digital Trends*, more than 4 out of 10 of the 184 million smart phone owners in America use an iPhone, making it the leading product among smart phones. These people use their phones to store a great amount of personal information, including contacts, pictures, financial data, health information and more.

All this information is currently protected with encryption, but if Apple were to make a way past this feature like the FBI is asking, it would be susceptible to hackers. Apple described the proposed technology as being equivalent to a master key, capable of unlocking any number of devices.

Investigators in the San Bernardino case received permission to obtain data from an iPhone belonging to one of the terrorists who killed 14 people in the December shooting.

The terrorist’s iPhone is protected by a numeric password, which has made it impossible for investigators to open. Apple was asked to help unlock the phone to obtain data.

On February 16, Apple CEO Tim Cook sent a letter to the public saying that Apple would not be able to help.

In order to assist the FBI, Apple would need to create a new operating system to help the FBI unlock the phone. Apple believes doing this would be dangerous putting other iPhone users at risk because Apple does not know how well the new software would be controlled.

Apple should help uncover the information on the phone, especially for the sake of the victims’ families. An article by Devlin Barrett in *The Wall Street Journal* on February 18 states that it seems like Apple is choosing to protect a dead terrorist instead of American citizens. Apple has responded by saying that the company has no sympathy for terrorists.

If Apple feels no sympathy towards terrorists, they should be doing what they can to help everyone affected by the shooting.

The public deserves answers, and if Apple can assist the FBI in unlocking that iPhone to get some of those answers, that is exactly what they should do.

Creating a way for law enforcement to get into the phones of criminals would help not only the San Bernardino case,

no



Michelle Lenz  
sophomore columnist

...how much freedom are we willing to give up for security?

yes



Emily Reynolds  
junior columnist

“The right [to privacy] should not supercede our ability to keep people safe.”

By complying with the FBI’s request, Apple would be compromising the security and breaching the trust of their customers who expect them to keep their phones safe.

This case also brings up the question of how much freedom we are willing to give up for security. The FBI is asking Americans to give up their privacy rights with no guarantee that what is found on the terrorists phone will make America safer. If the government demands that Apple modify their product in the name of security, the same dangerous precedent can be used again in other situations.

The FBI cited the All Writs Act of 1789 to demand Apple’s cooperation. However, their use of this act is unprecedented and unjustified.

There are four qualifications that must be met in order to enact the All Writs Act, and this case fails to meet all of them. The All Writs Act only applies if compliance is not an unreasonable burden. The FBI is asking Apple for something that does not exist. They are asking Apple to undo decades of work in security advancements. They are asking them to put their customers at risk.

The government argues that the use of this software would be limited to case at hand, but there is no way to guarantee this. Once the technology exists, it could easily be abused or fall into the wrong hands, putting all iPhone users at risk.

Apple needs to continue to stand up and fight the FBI on this case, both to safeguard the privacy of their customers and protect the rights of American citizens.

but it could hopefully prevent future terrorist attacks from happening.

In order to preserve public safety, sometimes citizens need to be willing to give up some rights, like the right to privacy.

As a federal agent in the San Bernadino case told Fox News, “the right should not supercede our ability to keep people safe.”

And certainly terrorists should not enjoy any right to privacy.

But the FBI’s request is not for access to all iPhones, just the terrorist’s. This is why Bill Gates, co-founder of Microsoft, agrees that Apple should help the FBI access the information. Gates believes it would be possible for Apple to help access that one specific phone without accessing others.

Although opening the phone would be helpful for many people, Apple believes it is better for them to not do this. If Apple created this new software, they fear it would fall into the wrong hands and that, eventually, anyone would be able to unlock any phone.

Apple argues that it is only trying to protect millions of customers by not creating a backdoor system.

However, the company should take into consideration the effect of the San Bernadino shooting on all of America.

Apple can and should assist the FBI by creating software that would open the terrorist’s phone and then work with the government to keep the new software top secret.

Gaining access to the terrorist’s iPhone would very well help the government in its effort to keep all Americans safe.



# Students are responsible for their own participation, success



Hillary Jones  
junior columnist

When our principal, Mr. Tucker, shadowed students last semester, he noticed that some students went through the entire school day without speaking in class. This is a problem, because it indicates a lack of participation. Students need to participate in class rather than staying silent for an entire day. If students want to survive in the real world, then they need to put their best efforts in what they do, especially when it comes to school.

According to Richard Strong, a writer for the Association for Supervision and Curriculum Development (ASCD) in Virginia, engagement allows students to express their creativity and make positive relationships with others. Active participation in classes also helps students become successful and to excel in college and careers. Curiosity plays a role when it comes to participation, because it encourages kids to enjoy learning about the world around them. Infants and children are naturally curious. However, according to Miranda Yeoh, a teacher at Kolej Matrikulasi Selangor School in Malaysia, as kids move through school, they stop being curious. As kids get older, they no longer want to learn just for fun. Instead, they learn in order to get good grades. School should not be all about getting the right answers on a test or being able to memorize a page worth of notes. It should be about reaching out to students and helping them to learn and do better through engagement and active participation. When it comes to participation, it is important for students to feel confident

when they talk in class. According to Soccorro C. Baray, a publisher for Centre for Development of Teaching and Learning (CDTL), students who participate in class become more confident, especially when it comes to speaking in front of their peers. Some students do not participate in class because of shyness. Although some students may have anxiety, they need to get used to speaking with their teachers and classmates. At some point of time, students will have careers that involve talking with others, so students need to get over their fear of speaking.

There are a few ways that students can conquer their fear of speaking. One way that students can get over this problem is to realize the source of the fear. The fear of asking “stupid” questions or answering questions incorrectly makes it difficult to speak in class. Mistakes are what make us human, and there is no need to be ashamed. Besides, no question or answer is ‘stupid.’ The point of asking questions is to learn and do better, and there is nothing wrong with that. Another solution to help overcome the fear of speaking is to stop worrying about what others think. No one is perfect, and there is no need to stress over it. School is for learning, not for competing with others to get correct answers. Being active in class helps broaden one’s curiosity and helps one to strive for success. Even though students make mistakes, it is all a part of the process of learning how to be successful in school. Students need to make sure that their voices are heard in each class as often as possible. We are responsible for our own participation. We are responsible for our own success.

*School should not be all about getting the right answers on a test or being able to memorize a page worth of notes. It should be about reaching out to students and helping them to learn and do better through engagement and active participation*

# Funding, volunteers still needed for Special Olympics

by Kevin Corrigan  
senior columnist

I recently traveled to Washington D.C. with Special Olympics Illinois for Capitol Hill day, the annual event where Special Olympics athletes, volunteers, and executives from across America meet with their state representatives. Our Illinois coalition consisted of two athletes, their coach, the Southern Illinois regional director, the Illinois Chairman and me, a volunteer. Our goal this year was to lobby for continued federal funding. On February 10, we met with legislators to discuss funding, expanding the inclusion of those with intellectual disabilities into the school system, and grants for health screenings. Special Olympics is one of the few outlets worldwide that provides activities


for the handicapped, but just as importantly it gives athletes access to the social and medical services they need to live a healthy and happy life. The intellectually handicapped often do not receive proper healthcare due to a lack of physicians who can cope with the demands that a challenged individual requires. The mentally handicapped are also three times more likely to be bullied at school. Federal funding helps integrate students into regular classes at a younger age. Fostering a more inclusive environment early on will hopefully eliminate the ostracism that occurs down the road. Meetings with legislators lasted 15 minutes. The six of us would talk about the successes we have enjoyed and emphasized that the number of Illinois athletes currently exceeds 42,000 and grows annually.



Senior Kevin Corrigan (left) and members of the Special Olympics Illinois delegation in the nation's capital on Feb. 10 to discuss SOILL funding with legislators.

We also emphasized the need for federal funding because Special Olympics is a not-for-profit. Our trip to D.C. was a major success, with every Representative or Senator from pledging his or her support. Who knew bipartisanship could be so easy? For more information involving Special Olympics or if you wish to volunteer please visit [www.soill.org](http://www.soill.org) or e-mail me.

Discover how drugs and alcohol can be easily hidden in a teenager's room. Become educated on the latest substance abuse trends, signs and symptoms.




**HIDDEN IN PLAIN SIGHT!**

Please join us for the empowering “Hidden in Plain Sight” exhibit. Also featuring “Prevention: It’s POWERFUL”, a presentation provided by LEAD (Linking Efforts Against Drugs).


Wednesday, April 6, 2016  
at 7:00 p.m. in the RedHawk Theatre  
Marist High School

Open to all current and future parents of Marist students and community members.



Marist Explore Program  
Presents

**Hawk Talks**



**Marist High School Theater  
Wednesday, April 27, 2016  
6:30 PM**

**\*\*Pizza and Refreshments to Follow\*\***



**Mr. Frank Wall, Turner Sports**  
**Senior Vice President & National Sales Manager of Turner Sports Ad Sales**

Turner Sports is the industry leader in televised and online programming, airing championship-level sporting events and managing websites such as *HCrtf.com* & *March Madness Live*, *Bleacher Report*, and *PGrl.com*. Wall maintains relationships across league partnerships, including the NFL, NHL, MLB & PGA, and oversees regional sales offices in Atlanta, LA, Chicago & Detroit. Previously, he was the publisher of *Sports Illustrated*, working with all the top sports marketers, the publisher of *Money*, and group sales director of *Time*, *Fortune*, and *Money* where he spearheaded notable franchises like the Fortune 500 and *Time's Person of the Year*.

**Space is limited. To reserve your spot, click on “Hawk Talks” on the Marist Homepage.**



# Stigma, criminal justice and social service: A look at mental health in Chicago

by Solomon Davis  
senior reporter

Racial and ethnic minorities underutilize mental health services for a variety of reasons, including the stigma about menhal health and the inability to reach those facilities. And without adequate care, mental illness can lead to incarceration for many people.

Miwa Yasui, assitant professor at the University of Chicago’s School of Social Service Adminstration, said that since the 1970s, data has indicated that racial and ethnic minorities tend to not use these services despite clinical need.

“And here we are in 2015 and still these disparities continue to exist,” Yasui said.

As organizations and programs face closure and cuts while the state budget crisis continues in Springfield, things could get even worse for people living with mental illness. While there has been attention to the looming impact of the budget cuts, the public spotlight still has not been shone on the difficulties that minorities have in accesssing services.

## The stigma lingers

“In some cultures, mental health is something that is still largely stigmatized,” Yasui said. “This actually goes back to the disparities in that there’s a huge aspect of mental health disparity that is realted to stigma.”

Advocates say mental health care should be just as standard as going to the doctor for a checkup, but unfortunately the shame surrounding mental illness acts as a barrier.

“In some cultures, if you are seeking mental health services, that means that there is something very wrong with you...that you’re crazy, that you can’t be changed, that there’s something incurable in you,” Yasui said. “Unfortunately, this leads to stigmatization of those who have mental health problems and also those who are seeking mental health services.”

There are also other obstacles to minorities, especially lower-income people, in accessing mental health care. Location and immediate access are important, and are often a barrier for people in minority or low-income neighborhoods.

“Some families would take three buses to come becuae they wanted services for their kids,” Yasui said.

“If you think about a single mom, working, and she is taking three buses with a child who needs services, I think that’s so much effort on that mom’s part. Oftentimes the reality is that many families are not able to do that, [especially] in the middle of winter.”

On the South Side, there are fewer mental health providers than on the North Side or areas with higher income patients. This requires those in need to travel long distances or forgo necessary treatment.

“So for those who do make it into mental health services, it really speaks a lot to their motivation and their desire and their strength to come in,” Yasui said.

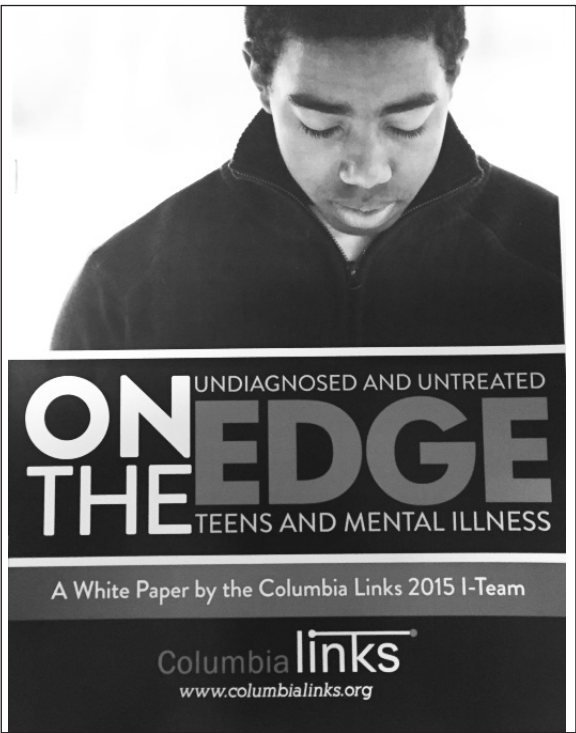
Preconceived notions and discrimination also play a role in what and where services are available. Yasui uses the lack of a trauma center at the University of Chicago as an example of the biases in the healthcare industry that are also found in the mental health field.

## Trauma center opens... finally

“We have a very fragmented healthcare system that unfortunately, I believe, does have systematic biases toward ethnic minorities, families and youth,” Yasui said.

“Here we have had to rally to try and have a trauma center and yet we don’t despite the fact that we’re enclosed in a neighborhood where there are a lot of shootings.”

*(Since this story, the University of Chicago and the Sinai Health System announced the formation of a new adult trauma center at Holy Cross Hospital.)*



This story originally appeared in the publication “On the Edge: Teens and Mental Illness”-a white paper by students in the Columbia Links journalism program.

Youth can be especially affected by the lack of healthcare resources. Unaddressed mental health problems can often cause behaviorial and social problems for youth. Yasui worked with her adviser from graduate school and advocates his intervention program, which used teacher screening asesments to find troubled youth. Teachers rate the students on certain behaviors and intervention staff target certain students and reach out to their families as a result.

“Unfortunately, there are several factors I think that lead to the disparities,” Yasui said. “Obviously discrimination is a huge factor that does play a big role in terms of how even, for example, African American boys would be identified as being at risk just becuae of certain stereotypes that schools or teachers may have.”

Biases can mean that African American teens in particular do not get access to the resources they need.

“Youth who tend to be stereotyped as being a lot more delinquent are not receiving mental health services,” Yasui said. “They end up in the justice system and that’s so unfortunate because they are actually getting punished for having a clinical need.”

In 2012, Chicago closed six of its 12 public mental health clinics. The closures gave relief to the city’s tight budget but at the cost of patients left without services and the resources they needed.

“A lot of the reasons these people come here is because of the cutbacks in mental health,” said Abdon Pallasch, director of public affairs for Cook County Sheriff Tom Dart. “Some of these folks might not have come to our jail if they went to their normal clinics.”

According to the Cook County Sheriff’s website, 36 percent of arrestees self-identified as mentally ill during intake on Aug 4, 2015. “We have to pick up the slack [from providers] because one-third of our detainees identify as mentally ill at intake.”

Scan the QR code to read the rest of this story online (page 8):



Here I am Lord... send ME!!

Consider a Marist vocation.

Real brothers.... and sisters too! Real stories. A real difference.

To explore your opportunities talk to Br. Hank or Deacon Andy.

To learn more about the Marist Brothers check out [maristbr.com](http://maristbr.com)

To learn more about the Marist Sisters check out [marists.org](http://marists.org)



boys’ basketball

Strong season ends at regionals

by Solomon Davis  
senior reporter

The RedHawk boys’ varsity basketball season ended at the IHSA regional game March 2 with a hard fight against St. Rita. The RedHawks lost 56-62, ending their season at 21-7.

Although the team’s goal was a regional title, senior shooting guard James Dunican said that he is confident that next year’s team will be ready for the challenge.

“The younger guys are putting in the work already,” Dunican said. “While this season didn’t end the way we wanted, I wouldn’t trade the guys I spent it with for anything.”

“We have built a bond over the years that I will never forget,” he said.

Senior team manager Seve Franke credits head coach Gene Nolan with pushing the team to do its best while always remaining fair.

“He was hard on us but fair, and he set our goals high to show us how far we can reach,” Franke said.

Franke started managing for the team sophomore year and has felt embraced by the players.

“Being around the players helped build up my self-confidence because they all treated me like I was part of the team,” Franke said.

Coach Nolan credits the team with hard work and dedication.

“This year’s team had great chemistry and we had great leadership from James Dunican, Andre Hardin, Chamar Hawkins, and Kevin Lerma,” Nolan said.

Nolan is also looking forward to next season.

“We’re going to miss our seniors, but I know our returning players are looking forward to improving in the off-season,” he said. “The coaches look forward to working with them. I also want to thank everyone who supported us this season.”



photo by Patti Arvesen

Seniors Charmar Hawkins (4) prepares for a free throw on the boys’ basketball team’s game against Notre Dame College Prep on Feb. 19. The RedHawks lost 70-76.



photo by Patti Arvesen

The RedHawk girls’ varsity basketball team poses with the 2016 regional championship trophy on Feb. 19 at Oak Forest High School. The team finished the season 24-9 overall.

girls’ basketball

Regional champs go out fighting

by Caroline Roeper  
senior reporter

The girls’ varsity basketball team finished its season with a 42-60 loss against Homewood-Flossmoor at the sectional championship on Feb. 25.

On Feb. 3, the RedHawks took on Joliet Catholic Academy with a 69-46 win. Junior Julia Ruzevich scored 27 points, leading the team to the last regular ESCC season game against St. Viator. Another win allowed the team to advance to regionals.

Facing Stagg at Oak Forest High School, the RedHawks started the playoffs with a 66-21 win. Then, facing Oak Forest High School, the girls won regionals, 57-30.

At the sectional semi-finals, the RedHawks defeated Lincoln-Way North at Eisenhower with a 74-44 win. Juniors

Claire Austin scored 21 points and Julia Ruzevich scored 16 points.

It was a great ending, especially for seniors Katelyn Rosner, Maddie McHugh, Alexis Jones, Dajae Black, Gabby Moran and Tehya Fortune.

“This is the farthest we have gone into the season in my four years at Marist,” Rosner said. “It was almost surreal.”

Next year, Rosner and Fortune will play at the University of Illinois at Springfield, McHugh at North Central, Black at Lewis University and Moran at Loras College. Jones remained undecided at press time.

Coach Mary Pat Connolly says this was the most fun team to coach in her 23 years of experience.

“I care more about them as people rather than basketball players,” Connolly said. “I hope I instilled in them a work ethic and that they are well-prepared for college basketball.”

varsity wrestling

Drayton finishes 4th at state

by Kara Keating  
senior reporter

The RedHawk varsity wrestling team ended its season with junior Diata Drayton placing 4th in state on Feb. 20 at the State Farm Center in Champaign.

Also qualifying for state this year were seniors Kyle Karpinski and Andy O’Brien.

Drayton dropped on a 4-3 decision to a number one ranked senior from Plainfield South.

“It felt pretty awesome [to take fourth place] because last year I made it to state but I didn’t place,” Drayton said.

To prepare for next season, Drayton will continue to wrestle over the summer to better his chances of beating higher ranked opponents.

“It felt great to place, but now I have to work even harder to win it all my senior year,” he said.

For O’Brien, making it down to state his senior year was a huge success.

“It was probably one of greatest feelings I’ve ever had,” O’Brien said. “I’ve been behind a couple of good wrestlers and it was bittersweet to wrestle in my last match. I take a lot away from this sport and have learned many lessons.”

Karpinski is also proud of how far he went, although the results were not what he had hoped for.

“It felt great, seeing as how I was a back up the past three years,” he said. “It was an honor to represent my school and show off all of the hard work and dedication. I went out there and gave it every last bit I had and left it all on the mat.”

The examples of these upperclassmen left a strong impression on freshman varsity wrestler, Jake Dado, who made it to sectionals this year.

“[Drayton, Karpinski and O’Brien] really pushed the rest of us to do our best,” Dado said. “They were always very energetic and really helped motivate our team this year.”



photo by Kenneth Dado

Senior Kyle Karpinski takes down his opponent on Jan. 29 at Notre Dame High School. Karpinski emerged as ESCC conference champion for the 152 lbs. division, along with senior Sam Feldner (195 lbs.) and junior Diata Drayton (220 lbs.) Karpinski, Drayton and senior Andy O’Brien also qualfied for state, with Drayton finishing 4th overall.



# Varsity hockey season ends at semifinals

by Miranda Insley  
senior reporter

The varsity hockey season ended in the semifinal match of the Blackhawk Cup White division on March 16 when the RedHawks fell to Loyola, 4-6.

The team ended the season with an overall record of 10-25-2 and 3-18-1 in the Catholic League.

As sorry as the seniors are to have played with their team for the last time, senior captain and forward Donny McGrath knows that Marist hockey has brought him many great memories and taught him many valuable lessons.

“We came out this season knowing that it would be our last and wanting to give it our all,” McGrath said. “We topped last season’s record of 6-23 and I think that is something worth being proud of.”

“Our coaches truly impressed each of us with lessons and skills to use on and off the ice, and I can’t express how thankful I am for that,” he said.

Senior forwards Brandon Schneider and Tim Carlson, defensemen Mark Karczewski, Joe Cristiano and Jake Barclay also completed their Marist hockey careers on March 16.

Feeling nostalgic as they looked back on the four years they shared together as a team, the seniors agree that they are proud to have played alongside their teammates and to have learned so much from a great coaching staff.

“It’s sad that this was the last time I’ll play hockey with my teammates,” Barclay said. “You spend four years with these guys, who come in day after day to work themselves harder. That’s not something that can be taught. That’s something that comes from a genuine love of the sport.”

Head coach Brian Black believes that the team will continue to improve.

“We need to improve our shooting ability,” Black said. “Sometimes our shots are a little too soft or too many get blocked by our opponents.”



photo by Miranda Insley

Sophomore Ronnie Gapski (91) takes possession from St. Rita on Senior Night on January 17. The RedHawks lost 1-5.



photo by Vic Trevino

Soccer players Delaney Mulcahy, Sheila O’Keeffe, Vicky Lara, Alex Lenz and Cara Donegan prepare for their upcoming season at practice last week. The team plays in the Reavis Invitational on Saturday, March 26 at 10 and 11:30 a.m.

## Girls soccer opens with a win

by Faith Laughran  
junior reporter

Results from games on March 19, 21 and 22 were unavailable at press time.

The seniors on the team are especially excited about the rest of the season.

“It is bittersweet knowing that this is the last year I will wear a Marist jersey,” Robinson said. “We have been working hard and I am confident that we will be successful this season.”

Former RedHawk varsity boys team goalkeeper Noah Kemp ‘15 is lending a hand with the team during his spring break from Holy Cross, where he currently plays.

“The team includes young talent as well as experienced leadership from the upperclassmen,” Kemp said. “The combination gives the team the potential to do really well.”

The RedHawks will play in the Reavis Invitational on Saturday, March 26, at Sandburg on March 28 at 6:15 p.m. and at Andrew on March 30 at 4:15 p.m. The next home game is on April 6 at 6:30 p.m. against Benet.

The girls’ varsity soccer team won its opening match against Bolingbrook, 1-0, on March 15.

This year’s roster includes seniors Claire Collevy, Kelly Ferguson, Katie Hynes, Alexandra Lenz, Elizabeth Paulmeyer, Gloria Robinson, Brillana Rosa, Molly Moore, Ashley Smialek and Claire Walsh, juniors Emma Brennan, Victoria Carreon, Cara Donegan, Victoria Lara, Delaney Mulcahy, Sheila O’Keefe and Jill Zweirz, sophomore Serenity Rosa and freshman Annie Callaghan.

In the first match, the goal was made by Rosa, assisted by Callaghan.

On March 17, the team traveled back to Bolingbrook to face Leyden, coming away with another win, 1-0.

The goal was scored by senior Gloria Robinson, assisted by junior Emma Brennan.

## Track teams running strong seasons

by Taylor Allison  
senior reporter

Both the girls’ and boys’ varsity track teams are running to victories in most of their meets so far.

For the girls, seniors Madyson Armer, Alexis Pitts, freshman Whitney Melancon and sophomore Cameron Boswell broke the school record in the 4X200 meter relay at the Charleston High School meet at Eastern Illinois University on March 12.

“The season has been going very well,” head coach Richard Karnia said. “We have been very successful at all the invitational meets this year.”

Results of the March 21 Glenbrook South invitational were not available at press time.

“Our team has been working hard and competing tough all season so far,” senior Maddie Tucker said. “Our coaches really push us to do our best and I expect many good things this season with all the talented girls we have.”

At Bloom High School on March 15, the boys’ varsity track team finished with many first place finishes, including juniors Matt Davidson in the pole vault, Lenell Navarre with in the 55 meter and the 200 meter dash, and Darshon McCullough in triple jump.

“Everything that Coach Davidson has had us doing since I was a freshmen has just finally started to pay off,” Navarre said. “I hope to qualify and place at state this year.”

Head coach Stephen Davidson is looking forward to conference and state.

“We’d like to win another conference championship this year and advance as many individuals downstate,” Davidson said.

Both teams will compete on Sat., March 26 in the Bolingbrook Fast Times Invitational at Lewis University at 10 a.m.

The RedHawks will host ESCC meets against Marian Catholic, JCA and Nazareth on Tuesday, April 12 (boys) and Wednesday, April 13 (girls) at 4:30 p.m.



photo by Patrick Quinn

Seniors Katie Carrollo and Alaina McCarthy jump the hurdles at the Lockport Invitational track meet on Feb. 27. The girls’ varsity team came in 3rd place at the meet. The girls’ and boys’ teams will compete at Lewis University on Sat., March 26 at 10 a.m.