



New daily schedule set for 2019-2020

Emma Brown
managing editor

After several months of research, consulting and meetings, Principal Larry Tucker and the administrative team have decided on a new schedule, called the 7/5 Cascade Schedule, to be started next year.

The administration decided on a new schedule after realizing the need for a change due to the problems both teachers and students face with the current schedule.

“The need for a new schedule really came out of the strategic process we started a few years ago,” Tucker said. “We felt the current schedule is limiting. There is wasted potential and [our current schedule] is outdated.”

The new schedule is a rotating schedule in which students are allowed to take seven classes but only have five class periods and one non-class period in the day.

The non-class period will be split into two different 28 to 30 minute periods: lunch and advisory. Advisory will act similarly to homeroom.

“Advisory will be groups of 16-18 students of varying grade levels,” Tucker said. “Three of the five days it will be study hall, but the other two days it could be something more like a conversation. Seniors could tell the underclassmen what they wish they knew for example.”

Each class period will be 58 minutes long with the school day starting at 8:30 a.m. and ending at 2:45 p.m.

The school’s hours will not change but teachers will have meeting time to collaborate or meet with students between 7:30 a.m. and 8:30 a.m., before the school day begins.

“Allowing teachers to meet before school only on Fridays was not enough,” Tucker said. “If a teacher has two different courses, they might have to sacrifice a week or even two weeks before meeting with other members of their team because they only meet Friday.”

The new schedule was chosen because it best meets the goals set by the administration and the faculty.

“We had boxes we wanted to check of things that we felt needed to change,” Tucker said. “We wanted to improve student contact time with their teachers, reduce student stress levels, give teachers more meeting times, shorten lunch periods, eliminate homeroom, add additional class time and create a more college-like model since college classes do not meet every day.”

Tucker recognized that one of the important issues to meet with these goals was students’ mental health, noting that this schedule will give students time in the morning and even an extra day to do homework.

“There have been a lot of conversations about mental health internally,” Tucker said. “We had heard from our guidance department and felt from our students that heavy homework loads, especially for honors and AP kids, meant students were not getting enough rest.”

Tucker further explained that the challenge in choosing a new schedule was balancing solid academics with students’ overall well-being.

“We want to have the rigor that we have with our students and our reputation but I think that our learning should be improved. We took student input indirectly from faculty, administration and even guidance, who all shared what they knew about what students want.”



photo by Emma Brown

The administrative team meets in Mr. Tucker’s office after school on Oct. 4 to finalize plans for the new 7/5 cascading schedule to be implemented starting with the 2019-2020 school year.

Last year, every faculty member filled out an extensive online workbook survey, which revealed that a majority wanted longer class periods.

“Teachers often say to me, ‘If only I had five or ten more minutes, I could get so much more done,’” Tucker said. “We wanted to support teachers and students in terms with a more hands-on approach to learning, so we extended the time.”

The administration hired the consulting firm Data Driven Scheduling Solutions (D2S2), which provided sample schedules and helped guide the administration through the selection process.

“We had worked with D2S2 before,” Tucker said. “I had also known that Loyola Academy used D2S2.”

Tucker expects some people to be unhappy with the change, but he believes ultimately it will go well.

“I have been doing this job long enough to know there will always be some unhappy party,” Tucker said. “But this new schedule will have a positive impact on student learning and teaching. The world is continuing to change so we need to continue to look at what we do to support learning and prepare our students for their futures.”

Mr. Tucker answers most frequently asked questions about the new schedule

How often will each of my classes meet?

Classes will meet five times during each 7-day rotation. For example, your MOD A class will meet on Monday, Tuesday, Wednesday, Friday during the first week, and during the second week will meet on Monday, Wednesday, Thursday, Friday.

What time will the building be open for students?

The school building will open at 6:30 a.m. – no different than this year. All supervised student spaces will be available in the morning for our students to gather in.

How will students spend their time in the morning prior to 8:30 a.m.?

Students are welcome to spend time in the ARC (library), cafeteria, in the tutoring center and/or getting help from teachers (during teacher office hours). Students may also meet with their year-level counselor, the college counselor, campus ministry or student activities.

This schedule allows more time for students to meet with teachers. When will this happen?

Students can meet with teachers during the following times:

- 7:30 to 8:30 a.m. (during teacher office hours, math labs, writing labs, etc.)
- Daily advisory period (25 minutes)
- After school (pre-arrange with teacher)

WEEK 1	MON (DAY #1)	TUES (DAY #2)	WED (DAY #3)	THUR (DAY #4)	FRI (DAY #5)
1 st Mod	Religion 1	Visual Art	Biology	Algebra 1	Spanish 1
2 nd Mod	Algebra 1	Spanish 1	Speech	English 1	Religion 1
3 rd Mod	English 1	Religion 1	Visual Art	Biology	Algebra 1
4 th Mod	Lunch + Advisory	Lunch + Advisory	Lunch + Advisory	Lunch + Advisory	Lunch + Advisory
5 th Mod	Biology	Algebra 1	Spanish 1	Speech	English 1
6 th Mod	Speech	English 1	Religion 1	Visual Art	Biology

WEEK 2	MON (DAY #6)	TUES (DAY #7)	WED (DAY #8)	<i>A total of seven class possible: Class #1: Religion 1 Class #2: Algebra 1 Class #3: English 1 Class #4: Biology Class #5: Speech Class #6: Visual Art Class#7: Spanish 1 Lunch + Advisory can be either fourth or fifth period.</i>
1 st Mod	Speech	English 1	<i>Cycle ends after 7 days. Day #8 schedule is the same as day #1</i>	
2 nd Mod	Visual Art	Biology		
3 rd Mod	Spanish 1	Speech		
4 th Mod	Lunch + Advisory	Lunch + Advisory		
5 th Mod	Religion 1	Visual Art		
6 th Mod	Algebra 1	Spanish 1		

A sample of what a student’s schedule will look like next year, courtesy of Academic Dean for Upperclassmen Mr. Tom Gouterman.

What are the advantages of a rotating schedule?

The daily rotation of classes will allow students to see teachers at different times each day. Students will not have the same class at the same time each day. Students will not have to miss the same class if they have to arrive late or leave early for appointments, athletics, field trips or other activities.

I will only meet with five of my classes a day-why is that a good thing?

The advantage is that attending only five classes per day will spread out homework, reduce stress levels and more closely simulate a college experience.

What is the benefit of starting class at 8:30 a.m. instead of 7:30 a.m.?

Lack of sleep causes issues with learning, memory and performance in school for children and adolescents. Starting later will allow students to gain additional sleep, which will in turn improve attentiveness and performance in class.

Why are classes 58 minutes instead of 44 minutes?

The benefit of 58-minute class periods is that there will be more time for continuous instruction and active learning opportunities. Longer classes will allow teachers and students to probe more deeply into topics being studied. There will also be more time for research, framing the lesson, discussion, practice, closure and other student-centered instructional strategies.

And then there was one: Br. Bryce reflects back on Marist 1963

Kaitlyn Klein
senior reporter

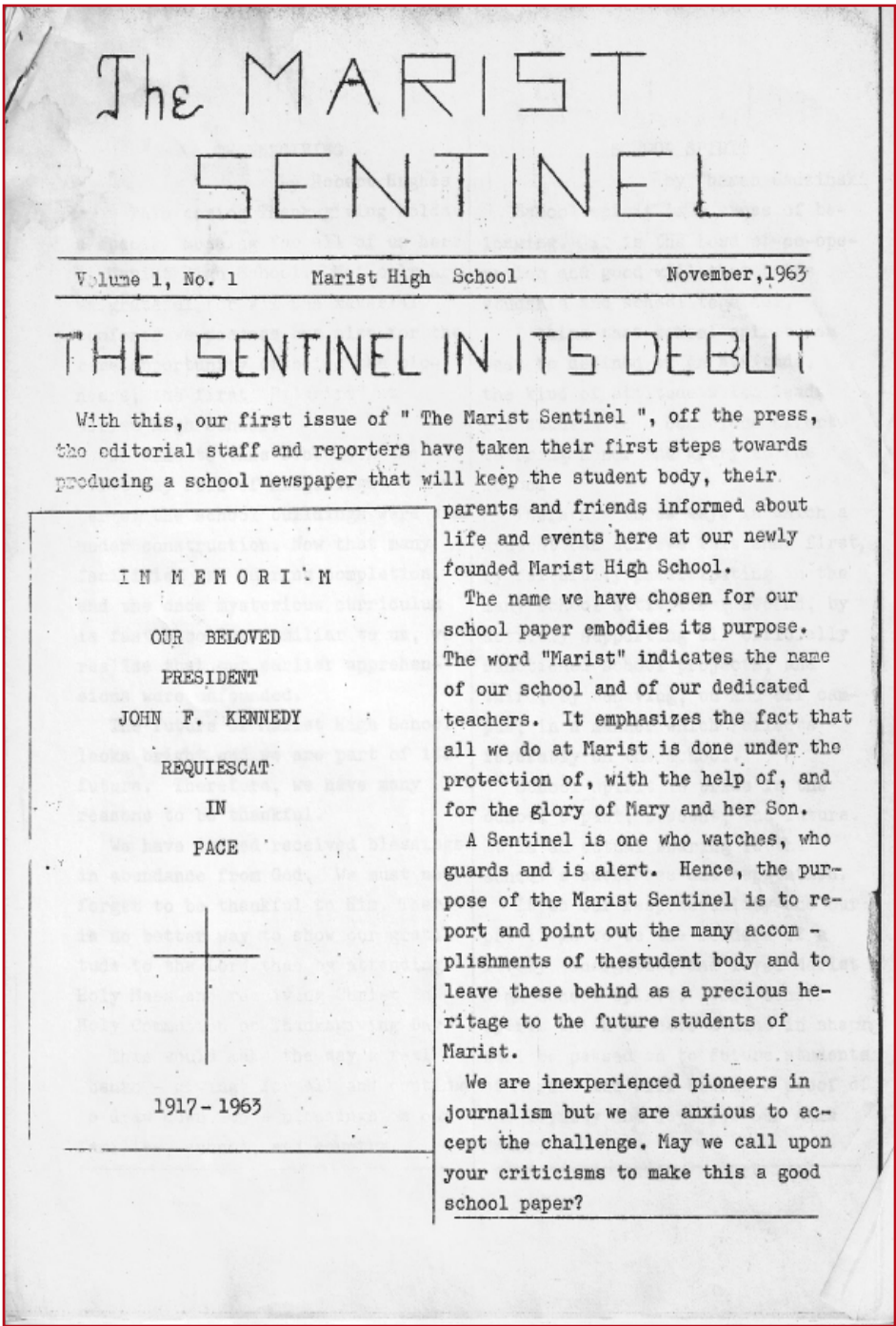
Among the current faculty and staff, there is only one individual who was here for the opening of our brand new school. Brother Bryce Byczynski was a freshman in September 1963. Growing up on the South Side of Chicago, Br. Bryce planned on going to St. Laurence. Because of the large enrollment, he was not able to get in. A painter told his father that a new Catholic school was opening in the area. “I showed up along with around 300 other guys in the basement of Saint Christina to take my placement test and I was eventually accepted to Marist,” Br. Bryce said. His freshman class consisted of 319 students and tuition was \$210 a year.



Br. Bryce Byczynski, FMS

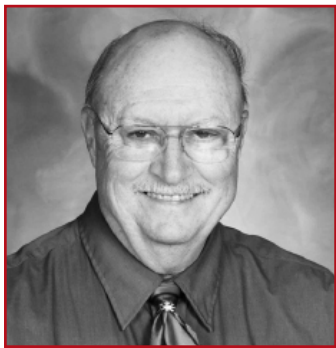
Although school started on Sept. 9, the construction was not even close to being finished. Only the present English wing was partly finished and there was a mud floor surrounded by concrete walls to use as their gym. “In the classrooms, there were lights hanging down from the ceiling, tar paper laid across the floor and only black chalkboards on the walls,” Br. Bryce said. To get books, the students walked through the construction zone to reach the bookstore that actually sold textbooks.

“I remember walking across 6x8 wooden planks to get into the bookstore to pick up my books,” Br. Bryce said. The first class at Marist went around the neighborhoods selling candy bars and magazine subscriptions to keep the school running and fund the rest of the construction. “There was a famous baseball player at the time, Roger Maris, so I had to explain to people that we were raising money for Marist with a T and not the ballplayer,” Br. Bryce said. Looking back at how Marist has grown over the past 55 years, Br. Bryce feels ‘nothing but pride.’ “The center of my life and a lot of my friend’s lives were right here,” he said. Br. Bryce also thinks that the school has changed for the better in many ways. “I am especially proud of how involved our students are in outside service work,” he said. “This is a great thing for a Catholic school to focus on.” Over the course of his four years here as a student, Br. Bryce never really considered becoming a Marist Brother. He planned to attend Dayton University, become a dentist and start his own family. But the Marist Brothers helped him change his mind. “The Marist Brothers were like gods to us,” Br. Bryce said. “They were all down-to-earth, well-educated and I really liked what they did with their service.” Thanks to the influence of his homeroom teacher, Brother Myles Eric Anderberg, Br. Bryce decided to join the Marist Brothers Foundation Program after high school. After a year in the program, he took his first vows as a Marist Brother. “I remember Brother Anderberg kept telling me to just try it for a year, and 50 years later, I’m still liking it,” he said. Br. Bryce is looking forward to what the future holds. “While the rising costs of Catholic education are a concern, I believe there will always be a need for Marist,” he said.



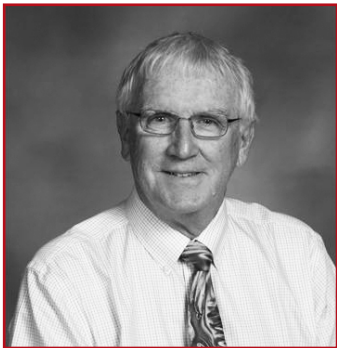
The front cover of the first issue of the Sentinel, published in November 1963, just days after the assassination of President John F. Kennedy. To see the entire issue, visit the Activities-Sentinel section at www.marist.net.

Veteran faculty members reflect on motivation and change over long careers



Br. Rich Grenier, FMS
50 years of service

I think the history and traditions of this place and the people who have worked here make it a great environment. They all continue to motivate me to get up in the morning and come to school. Our curriculum now focuses more on student activity and technology has changed the place quite a bit. I would say that, in addition to going coed, these are the changes that have had the biggest impact.



Mr. Patrick Quinn
45 years of service

Marist has been a great place to teach and coach, allowing me to do what I love in an environment that has always made me and my family feel welcome. The biggest change for me was in 2000 when we began to really focus on the spirituality of St. Marcellin. Technology is great, but shaping students in the image of Mary and Marcellin has been awesome.



Mr. Patrick Hennessy
43 years of service

I get to work with some fabulous colleagues who inspire me to do great work every day. The wonderful young people who I've been lucky enough to watch grow into beautiful young adults has really kept me here for going on 44 years. I have been so very blessed to somehow have an impact on their lives. The most significant change is how hard everyone has worked to ensure a stable student population.



Mr. Owen Glennon
42 years of service

The great community we have at Marist, the faculty, administration and students all come together to provide a warm, Christian academic setting. The biggest change is that, when I started here, many of the faculty were my age. Naturally, as the school grew, we have a more diverse faculty, including women and teachers from all age groups.



Mrs. Brenda Ammeraal
37 years of service

I have always liked teaching and I like the students here. We also have a beautiful campus, which satisfies my aesthetic needs because the grounds are so beautiful. Everything is always changing, so it makes teaching fun as we see things change and grow. The new science wing is an example. I think the most significant change will be the new schedule next year.

IDEA class team enjoys success with TieTool invention

Gina Musso
senior reporter

Established during the 2014-2015 school year, the Innovative Design for Entrepreneurial Applications (IDEA) class helps students start and manage their own business.
At the end of the year, students present their business ideas to investors at the annual Pitch Night, with the top three teams awarded funding between \$2,500 and \$10,000 to invest in growing their businesses.
In April 2018, at the fourth annual Pitch Night, Marist awarded then juniors Steve Komperda, Jeremiah Joyce and Mike Reilly with the first-place prize of \$10,000 for their business, TieTool.
“TieTool is a small handheld device designed to make the tie-tying process easier and more efficient,” Joyce said. “It breaks down the process into three easy-to-follow steps, and only takes about 30 seconds to accomplish, but still gives you that impeccable look.”

With Komperda as Chief Executive Officer, Joyce as Chief Financial Officer and Reilly as Chief Marketing Officer, the TieTool team was named the first junior team to win first place in the IDEA class’s history.
“One great thing about IDEA is that it’s a smaller class, so there’s a sense of community,” Komperda said. “We have a lot of guest speakers, we have visited different company headquarters and these opportunities give us real-world experiences.”
The idea behind the TieTool emerged over breakfast with the team’s mentor, Jim Shannon, an investment advisory representative and 1987 Marist graduate. Under Shannon’s guidance, the team did research that showed that 86 percent of underclassmen boys do not know how to tie a tie.
“The TieTool team was focused from day one, and they are extremely smart and cooperative young guys,” Shannon said. “Each grasped his role and served the team very well, and it was a privilege to watch and learn from these guys.”



photo by Gina Musso

(L to R) Seniors Steve Komperda, Mike Reilly and Jeremiah Joyce discuss marketing strategies in the IDEA classroom. The team meets every day during Mod E to work on expanding their company, TieTool, which produces a device that help users quickly tie a tie.



photo by Ryan Griffin

Senior running back Grace Arvesen tries to carry the ball past her junior opponents during the annual Powderpuff football game at Red and White Stadium on Oct. 11. After a scoreless first half, the juniors defeated the seniors, 7-0.

Juniors make Powderpuff history

Joy Gabala
senior reporter

For the first time in school history, the juniors beat the seniors in the annual Powderpuff football game at Red and White Stadium on Oct. 11 with a final score of 7-0.
“Both sides played really hard and they just never quit,” junior team coach Mike Brennan said. “In the end, the juniors just executed better than the seniors.”
Powderpuff is a game of flag football played by junior and senior girls, traditionally during homecoming week.
The teams played later this year because homecoming week was earlier than usual and Back to School Night was held on that Thursday.
Following a hard-fought, scoreless first half, junior Brianna Brown scored a touchdown in the second half.
Brown reflected on the team’s historic win.
“Coaches Hogan and Brennan pushed us to our limits and it was so cool to see how

the whole thing came together after only a few practices,” Brown said. “We all worked so hard and it is hard to put the feelings that we shared into words after beating the seniors.”
Both teams trained and practiced for two weeks prior to game night.
“I will always remember the fun we had during those early morning practices,” senior coach Michael Reid said. “Of course, we were all very excited and working hard toward gaining a victory. Losing after so much work is always tough for a team.”
The seniors conceded that the juniors’ performance contributed to their historic win.
“We did not execute our strategies well,” senior wide receiver Yasmine Evans said. “We should have spread the offense out more and run other plays. The juniors brought their ‘A’ game, their combinations helped them score and take the win.”
“I thought the seniors did a great job and kept their heads high,” Reid said. “From what I saw, the sportsmanship displayed by both teams, both during and after the game, was admirable.”

BREAKING DOWN HATE:
HOW A FORMER EXTREMIST NOW PROMOTES PEACE

A book talk and signing with author & filmmaker
Christian Picciolini

Copies of the book are available from the Library via print and eBook. Request a copy at catalog.olpl.org or stop by the displays in the Library.

FOR **ADULTS AND TEENS**

Oak Lawn Public Library

Saturday, Nov. 10, 2pm

Meet author and filmmaker Christian Picciolini, who has spoken all over the world about building greater peace through compassion and empathy. He will be available after the program to answer questions and sign copies of his book.

Lower Level Meeting Rooms

Marist Theatre Guild Presents

performances
November 8, 9, 10
7:30 p.m. RedHawk Theater
\$5 student/\$10 general

Reflections on Halloween-a really weird holiday

Elizabeth Delehanty
junior columnist

Halloween has been celebrated for more than 200 years all over America. Starting at a young age, children participate in this holiday by dressing in costumes, walking to different houses and asking for candy by saying “Trick or Treat.”

Many continue trick or treating into their teen years.

Now think about that.

Young children and teenagers are walking up to strangers’ houses and asking for candy.

That seems strange.

I remember my parents telling me all the time when I was younger not to talk to strangers or take candy from them.

Halloween, then, is the one day of the year when parents basically let their kids forget everything they’ve taught them about safety so they can collect as much candy from as many strangers as possible.

Halloween is a weird holiday. Kids disregard common safety rules, carve faces



into fruit (pumpkins ARE a fruit, by the way) and dress up to look scary or cute.

Many people have forgotten the true meaning of Halloween. The original reason was to scare off bad spirits on All Souls’ Day but today people have gone from ‘scary’ costumes to bunnies or Minecraft characters.

Halloween traditions have changed over the years, too. Originally, people acted like heathens on Oct. 31 and didn’t know how

to party properly. Their idea of fun was to build huge bonfires to chant and dance around

Now, because teenagers truly embrace their inner psycho on Halloween (or any other time of the year), they go around spraying each other with shaving cream and throwing toilet paper on houses.

Now what about the jerks who do not answer their door on Halloween or those who know they will not be home and do not leave candy out for the kids? Trick-or-Treat? More like Trick-or-Beat-it-Kid.

Many people are very rude on Halloween. Some even have the audacity ignore the trick-or-treaters at their door because they are watching TV. It’s 2018. Ever hear of the pause button on the remote?

Although Halloween’s true meaning may have been lost somewhere in translation, it is still the best day of the year to embrace your inner crazy. No one wants a repeat of the 2016 Killer Clowns running loose, though.

Try to be psycho in moderation and, most importantly, have fun and be safe!

Hard work and getting involved pays off...so do it

Erin Murphy
senior columnist

I got my first job a week after my 16th birthday at 115 Bourbon Street. This was one of the best decisions of my life.

I am a party server and I normally put in anywhere between 15-20 hours a week. As a party server, my main job is to work and run different parties.

Bourbon Street has been such a blessing to me and has changed who I am. Not only do I get to work with different people, I also get to love the work I’m doing.

I also work in the athletic department here at Marist. I run the concession stands and do paperwork. I work every day for half an hour; for concessions stands, I typically work around eight hours. I come in on Saturdays for other activities such as games and events Marist has here.

Now I know 15-20 hours a week may seem like a lot, and it is, but I do it because I have to. Even though I do come from a family of six, nothing has ever been easy for my family. Everything I have in my life today is because I worked for it. The money I make all goes to bills, food, clothes and other necessities.

Volunteering is another part of my life. I volunteer as a peer juror along with volunteering at animal shelters and the library.

Going to school, working, having a social life and participating in clubs may seem like a lot, but my life has always been like this. I love to help people and make a difference in the world.

I would never sit here and tell you I have a hard life because I am so thankful for everything that I have. No, I do not have a normal life as a teenager, but I am living and I am happy.

My jobs and the time I spend with others has made me so thankful for everything. It has allowed me to have a work ethic that I would not change for the world.

It is a big struggle for me at times, especially Mondays. I go from working anywhere between 10-15 hours over the weekend to waking up at 6 a.m. There are days when my alarm goes off and I am so tired and do not want to get out of bed. But I do because I have to.

I get up and do it because I know I can.

I love everything I have in my life and even going to school, working two jobs, and being involved in seven different clubs may be a lot, it is just a normal day for me.

It is very important to get involved, especially at school, because it opens so many opportunities to meet new people and to get out of your comfort zone.

Balancing out school, volunteer work and clubs can be very hard, so time management is very important. Each morning when I wake up, the first thing I do is look at my calendar. By 6:30 a.m. I know everything I have in front of me.

It is also important to know when too much is too much. Realize breaks are okay and do not overdo it. I know everything I do seems like a lot, but if the benefits did not outweigh the costs, I would not stay so busy.

Yes, I get tired. Some days I do not want to do anything. But I power through those days because I know how much all of this is going to help me in the future.

photo opinion

Who do you think best represents our school and why?



Rebecca Jackson
freshman

My brother, Benjamin Jackson, was an athlete, leader and student ambassador. He had a lot of friends and helped me become more comfortable with going to school.



Iris Alexander
sophomore

Mr. Tucker, because he shows the positive attitude we have and how awesome this school is. He is always reminding us how this school can change us in many good ways.



Joe Crisp
junior

Faith Fisler is incredibly welcoming, hard-working and talented. Her dedication to academics is truly admirable. She motivates others to be the best they can be.



Giantte Chambers
senior

Mrs. Fey loves teaching students about technology and puts all her effort into her students. She lives out St. Marcellin’s mission perfectly.



Mr. Don Pirkle
Dean of Underclassmen

Brother Rich’s longevity as a Marist Brother makes him an excellent representative of both the old and the new Marist. He has been able to identify with kids, both 50 years ago and today.



Alex Martinez
junior

Mrs. Barry is really up-to-date with the schedule and sports and always supports the teams. She is just really nice and easy to talk to, and has a great way of encouraging everyone to do their best in academics and in sports.



Luke Wollenberg
senior

Coach Dawczak understands how to produce model citizens. He devotes a lot of time and effort to Marist while balancing his personal life. This community would not be the same without him.



Mrs. Kelly Sullivan
science teacher

I think Mary Cozzie represents Marist. She lives a Catholic life and is prayerful. She has high expectations of her students but is still a nurturing and encouraging teacher.

THE
SENTINEL



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As an open forum, the *Sentinel* welcomes and encourages letters to the editor and guest editorials. Letters to the editor should be 250 words or less and must be signed by the author. Guest editorials are limited to 500 words and must also be signed by the author.

The *Sentinel* reserves the right to deny a letter publication if it is morally or ethically offensive, contains unsubstantiated claims or personal attacks. The *Sentinel* also reserves the right to edit letters and guest editorials for space or clarity. Letters may be sent to the *Sentinel* Editorial Board, 4200 W. 115th Street, Chicago, IL 60655 or may be dropped off in room 126. Letters must be received by the first school day of the calendar month if they are to be considered for publication in that month's issue.

In the event the *Sentinel* makes an error, a correction or retraction will be published in the following issue.

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Kavanaugh hearing sends strong message to high school students

Last month, three women accused Supreme Court Justice Brett Kavanaugh of sexual misconduct or assault.

Dr. Christine Blasey Ford came forward first, claiming Kavanaugh assaulted her at a party in the 1980's when she was 15 years old.

An FBI investigation did not uncover evidence of Dr. Blasey Ford's alleged assault and Kavanaugh was sworn in to the Supreme Court. Whether or not he is guilty we may never know for certain.

Kavanaugh's confirmation hearings brought the topic of sexual assault to the forefront, resulting in many conversations at dinner tables and in classrooms across the country.

With a significantly increasing number of women coming forward to say that they were sexually assaulted in high school, students today need to learn about consent, that events from their past can have a lasting effect in the future and how to help peers in need.

According to the National Rape, Abuse and Incest Network, only 310 out of every 1,000 sexual assaults are reported to the

police. Teenagers are at the highest risk for encountering some kind of sexual harassment. Of all sexual assault victims under 18, 2 out of 3 are between the ages of 12 and 17.

The age of consent nationally is 18, while in Illinois it is 17.

High school students should be aware of the age of consent in their state and how to clearly withhold consent.

If an individual says no to physical advances, the other person or persons involved should stop immediately. Young girls and boys need to know that saying no is the right thing to do.

Any student who notices a change in a peer's behavior should reach out to that person or to a trusted adult. That peer could be suffering as a result of a sexual assault and it could make them a danger to themselves.

Unusual weight gain or weight loss, depression, anxiety, falling grades and signs of physical injuries, like bruises or cuts, may be indicators that the student needs help. Reporting to a teacher or counselor is simply the right thing to do.

Another important lesson for high school students from the Kavanaugh hearings is clear.

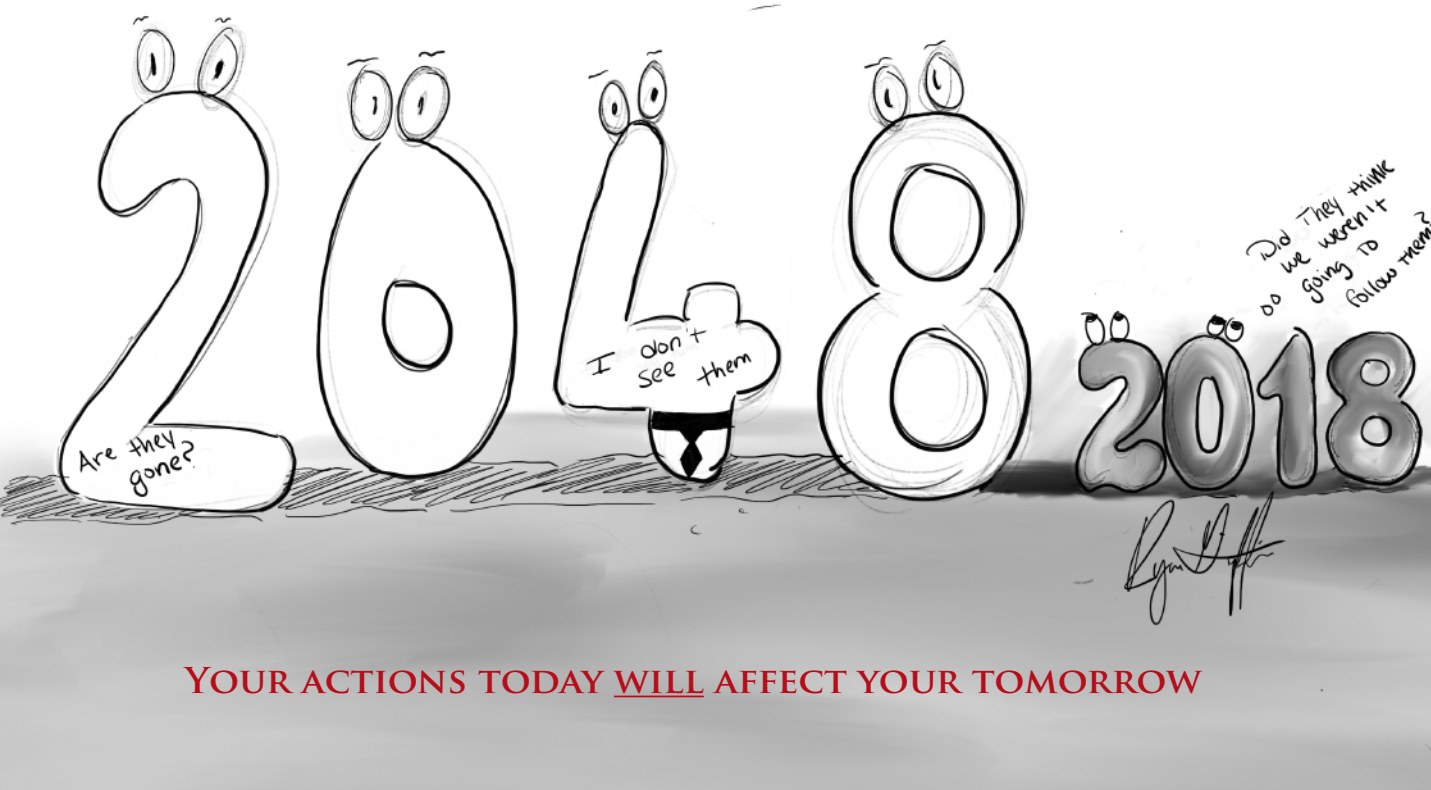
The choices we make, in our academic and our social lives, will follow us for the rest of our lives. High school students need to really think before they make decisions. The use of drugs or alcohol significantly impairs a person's ability to make good decisions and should be avoided.

High school and our society at large may not be the same today as they were in the 1980's, but ethical standards and good moral behavior do not change.

Talking about consent and sex is not meant to scare students or make them uncomfortable. But high school students need to be taught and consistently reminded of the fundamental principles of living a good life. Making good choices and respecting all other people are at the foundation of this.

The guidance counselors are always available to anyone who needs them. Students can also turn to the National Sexual Assault Hotline at 1-800-565-HOPE (4673).

WHAT WILL PEOPLE REMEMBER ABOUT US
30 YEARS FROM NOW?



YOUR ACTIONS TODAY WILL AFFECT YOUR TOMORROW

A Catholic community's response to Chicago violence

There are a lot of good things in this world.

Ice cream. Sunrises.

And opportunities for growth.

With all of the recent news of gun violence in Chicago and across the nation, one can easily and quickly forget the good things and become disheartened.

As members of a Catholic community, our faith can be challenged by the violence in our society, but it is our duty to unite and empathize with all involved.

The morning of Oct. 3 began with an all-call from Dean of Upperclassmen Beth O'Neill, announcing a late start because of an early-morning police chase that ended in the parking lot of the apartments next to our school.

Two days later, in anticipation of the Jason Van Dyke trial verdict, many schools announced an early dismissal.

Van Dyke, a Chicago police officer, was tried and convicted of second-degree murder and 16 counts of aggravated battery for his fatal shooting of Laquan McDonald in Oct. 2014.

In the parking lot incident on Oct. 3, a police officer shot the driver of a car twice in the shoulder as he aimed his vehicle at a second police officer with the intention of running him over.

Many argue that the October 2018 shooting was justified self-defense. Many argue, and a jury agreed, that the October 2014 shooting was not.

Van Dyke faces at least 10 years in prison and will be sentenced on Oct. 31.

Events like these shake communities, the police force, parents and students.

Unfortunately this often results in the polarization of our society into opposing groups.

Each day, people face conflicts and hardships that may further divide us. It can be difficult, but initiating something as simple as a smile towards someone else or a random act of kindness can help bridge the gaps between us.

Listening to each other's opinions on controversial topics, instead of immediately reacting, is an important step in achieving a fuller, more Catholic perspective. Each of us is challenged to truly live out our faith. We can do this by respecting different points of view.

Working together to accept and embrace different opinions is also a step we can take toward uniting our communities.

When we surround ourselves with people who have different viewpoints, we learn and grow, and we develop more fully into the unique individuals that God created us to be.

RedHawks welcome Coach Trendel to the basketball court

Carolyn Yusa
senior reporter

RedHawk varsity basketball head coach Tim Trendel, who was hired over the summer, looks forward to building on both the Marist tradition and the basketball traditions outgoing head coach Gene Nolan had for the upcoming season.

Trendel began his career when he was asked to coach grade school basketball while he was still in high school. In his senior year of college, Trendel joined the coaching staff at St. Patrick High School and has been coaching high school sports ever since.

In the past, Trendel taught social studies and served as an assistant coach in both basketball and baseball at St. Patrick for 10 years. For the last eight years, Trendel was at Providence Catholic High School as the head basketball coach and also assistant baseball coach. Trendel was also assistant dean of students.

“I chose to come to Marist because of the reputation it has, and how everything is a new challenge for me,” Trendel said. “Marist is so innovative and all the good things I have heard, from the athletics to the academics to the students, have come true.”

Trendel also teaches four P.E. classes, will be coaching freshman baseball in the spring and announces the freshman football games on Saturday mornings.

This year’s returning varsity players got to meet and bond with Trendel during open gyms held over the summer.

“I would like to continue to have the close family feeling the basketball program has had in the past,” Trendel said.

Weight lifting and open gyms for the basketball team began the second week of September, further improving the team’s relationships with each other and their new coach as they began to spend more time together.

“He is a good coach, and from what I have seen he knows what he is talking about,” senior small forward Dorion Pendleton said. “When it comes to basketball he loves his players, and I honestly believe he will do anything for us. As far as his playing strategies, I do not know yet, but he seems like he has a few tricks up his sleeves.”

Trendel is ready to take on the tough season schedule he inherited.

“Our schedule is one of the toughest around and just playing all of the tougher teams in the East Suburban Catholic Conference (ESCC) will be a fun and good challenge this season,” Trendel said.

Trendel looks forward to competing against some of the top Catholic school teams. At Providence, Trendel coached against teams like St. Rita and Mount Carmel but has yet to experience the Battle of Pulaski game against Br. Rice on Jan. 22 at 7 p.m.

“Coach Trendel has been good for us,” senior shooting guard Dylan Hill said. “He likes to get up and down in transition [getting a rebound and going on the offensive side quicker] which suits our upcoming team’s playing techniques. He is a nice guy, and I am excited for what he has prepared for us.”

One of the traditions Trendel has maintained is praying as a team in the chapel before games as a way of building relationships and team unity. Forming good relationships with his players, he believes, is key.

“The best teams are connected,” Trendel said. “When you are connected and have good relationships, you build trust. Where there is that connectedness and trust, you can do your best and reach your potential. I want the guys to feel like they are part of a family, part of something bigger than themselves, so that they will sacrifice themselves for the benefit of the team. They will remember and hold special their basketball experience at Marist and feel better about themselves.”



photo by Emma Brown

New varsity head basketball coach Tim Trendel encourages teamwork among his players during a tug-of-war exercise in the Hynes Gym on Oct. 18.

2018-19 season home opener
RedHawks v. Jones Prep.
Nov. 29 7 p.m.
Red and White Gym

Trendel hopes the team will become increasingly player-led over time, allowing players to have a bigger voice and show leadership on and off the court.

“Coach Trendel formed a RedHawk council for the team this year, made up of one person from each grade level,” Pendleton said. “The input from this council helps him to see what we as a team want to keep or change. He’s being open to our ideas and really wants us to click as one unit.”

The varsity players are looking forward to the home season opener on Nov. 29 against Jones College Prep at 7 p.m.

“We look forward to working with [Coach Trendel] every day and I cannot wait to start this journey with him and the rest of the team,” senior point guard Nile Hill said.

Trendel appreciates the dedication and hard work the players have shown, especially during the pre-season, such as showing up to practice on holidays.

Trendel wants to show his players the same level of dedication in return.

“I have three main goals this season: win games, have the players be loved and supported by the program and keep reminding the boys that they can go out and change the world,” Trendel said.

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Cross country teams headed to sectionals

Georgia Lattas
senior reporter

The RedHawk cross country teams will compete at the IHSA Class 3A sectional tomorrow, with the state finals following on Nov. 3. Sectionals is at Midlothian Meadows, with the girls running at 10 a.m. and the boys at 11 a.m.

Junior Thomas Leonard won regionals last week, the first RedHawk since 2012 to win an individual regional title.

The team also finished in second place at the ESCC Conference Championships on Oct. 13, their best finish since 2011.

Five athletes earned medals and all-conference honors, including: senior Lucas Pennix, juniors Luke Hortsman and Caleb Davis and captains Colin Tracy and Leonard.

The team also did well at the Niles West Invitational on Sept. 29, with Leonard finishing in second place. The RedHawks finished 10th in the Class 3A division, and also celebrated 36 victories in the combined division results.

The girls’ cross country team won the IHSA Class 3A regional championship for the third year in a row last weekend.

At regionals, freshman Nora McClorey, senior Jill Borza, junior Amanda Tracy, sophomore Lindsey Richter and sophomore Cece Light came in first through fifth place, respectively.

Borza, one of the team’s captains, says the girls are staying positive in preparation for tomorrow’s sectionals.

“Everyone works hard at practice and gives their all at our races for the sake of the team,” Borza said. “We are focusing on preventing injuries for the girls who are currently healthy.”

Earlier this month, the girls also won the Jimmy Daniels Invitational at Rich Central High School on Oct. 6, with Borza placing second.

“The girls placed well individually throughout the season and this really contributed to the team’s success,” senior co-captain Julia Crowley said. “I am so proud of the girls and all of their accomplishments.”



photo by Georgia Lattas

Freshmen Abby Quinn and Maggie MacFarlane run at the Jimmy Daniels Cross Country Invitational at Rich Central on Oct. 6. The RedHawk cross country teams will compete tomorrow at the IHSA sectional at Midlothian Meadows.



photo by Emma Brown

Varsity sophomore RedHawk Sophie Bouck competes in the butterfly at the McAuley meet on Oct. 17. The varsity swim team will compete tomorrow at the Metro Catholic Aquatic Conference Meet.

Swimmers set sights on sectionals

Ryan Griffin
junior reporter

As the RedHawk swim team finishes its season, the team’s morale, performance and the bonds among the swimmers continue to improve.

This season, the girls met their goal of improving both overall team and individual swimming times.

“As a team, we have come so far,” senior captain Molly Sullivan said. “We are closer now than we were at the beginning of the season and our overall team dynamics have improved.”

The 200-yard medley relay team of freshman Maureen Bradley and Sofia Llobet and seniors Nora McKeough and Sullivan succeeded in improving from last year’s time of 2:21.29 to 2:10.31 this season.

“We have improved our racing methods,” Bradley said. “Our goal has not only been to get faster but to get closer, to be more of a family than a team.”

Sullivan, who hopes to continue her swimming career in college, broke the school record for the 500-yard freestyle at 5:51.69 and the 100-yard breaststroke at 1:12.74 at the meet against McAuley on Oct. 17.

At that meet, Llobet also broke the school record in the 200-yard individual medley race with a time of 2:28.82 and won first place in the 100-yard breaststroke.

Head swim coach Kelly Sullivan is pleased with the RedHawks’ season so far as they prepare for a final regular season meet tomorrow and then the IHSA sectionals at 10 a.m. on Nov. 10 at Sandburg.

“This team has had a very good season as far as results,” Sullivan said. “We have had a lot of personl best times and have beat a lot of school records. In order for everyone to improve, we need to learn to push each other in practice. However, the team is very excited to improve and encourage one another.”

The RedHawks compete at the Metro Catholic Aquatic Conference tomorrow at 10 a.m. at the UIC.

Girls finish strong tennis season

Kaitlyn Klein
senior reporter

The RedHawk girls’ tennis team ended its season at the state finals, held Oct. 18-20, with juniors Kat Balchunas, Bella Rabianski and Nicole Micklin competing.

Balchunas and Rabianski competed in two rounds of doubles. They were eventually eliminated by the defending state champions, Whitney Young. The girls lost during a very close three set match.

Micklin competed in five rounds of singles over the three-day competition. She eventually lost the match against Highland Park. While she did not medal at state, Micklin finished the season among the top 24 players in the state.

Coach Nicole Selvaggio expressed great pride in her players, all of whom competed under tough conditions.

“Considering that we battled through eight hour rain delays, 40-mph winds and snow, I’d say the RedHawks have a lot to be proud of this year in how we represented our program at state,” Selvaggio said.

In the IHSA sectionals for singles and doubles on Oct. 13, the RedHawks finished in second place. This was the second year in a row that the girls were runners-up at sectionals.

The girls competed at Joliet Catholic on Oct. 5 for the ESCC championship, placing third overall.

“The state tournament and our top three team finish in the ESCC championship really reflect the hard work the girls have put in this season,” Selvaggio said.

Team captain Brette Browne and her fellow senior players have mixed feelings now that their last season is over.

“I am proud of my team and the girls who made it to state,” Browne said. “They were very motivated and always gave their best. I’m sad that this was my last year because I love this program and the people in it.”

The remaining players are already looking forward to next year.

“The girls will continue working and playing in tournaments during the off-season to get even stronger for next year,” Selvaggio said.



photo by Alyssa Lang

Juniors Kat Balchunas and Bella Rabianski compete in doubles at the IHSA sectionals at Stagg on Oct. 13. The RedHawks placed second in the competition, advancing to state the following week.

RedHawk varsity football team hosts Stevenson tomorrow at 7 p.m.

Three-time ESCC champs enter IHSA playoffs

Gina Musso
editor-in-chief

For the third consecutive year, the varsity football team clinched the East Suburban Catholic Conference title with a 24-7 victory over Benet Academy on Oct. 19.

The team, led by senior captains Mike Markett, George Fanelli, Billy Skalitzky, Caleb Burrell, Kendrick Nowling and Jake Duerr, finished their regular season with an 8-1 record.

“These guys are a bunch of fighters, they work really hard and they’re guys that I love going to battle with every Friday night,” head coach Ron Dawczak said. “This is the last year of the East Suburban Catholic Conference, so winning the last 21 straight games in the conference is a huge accomplishment.”

Dawczak was also named Chicago Bears Coach of the Week after the 34-13 win against Nazareth Academy on Oct. 5. The honor included a \$1,500 prize for the RedHawk football program.

Dawczak will be honored during an on-field ceremony at the Dec. 16 Bears vs. Packers game at Soldier Field starting at noon.

“It’s a great honor to win, but really I think the honor is more of a reflection of the kids on the team and the assistant coaches,” Dawczak said. “They do an unbelievable job of getting our kids prepared. It’s an award that has my name on it, but really it’s an award for the team and the program itself.”

This season was also rewarding for the athletes in a different way.

The RedHawks teamed up with a pediatric brain tumor foundation called Vs. Cancer, which encourages athletes to raise money for cancer research, to raise over \$5,300 in donations.

“Being able to help people who are in the fight of their lives, was an awesome moment for the whole team,” Fanelli said. “Our coaches always preach about being a part of something bigger than ourselves and football, so seeing the real-life application of this was unbelievable.”



photo by Jenna Fessler

Senior quarterback Mike Markett returns a pass at the Oct. 12 game against Marian Central Catholic at Red and White Stadium. The Redhawks defeated the Hurricanes, 42-6.



photo by Emma Brown

Sophomore midfielder Joseph Shannon takes possession of the ball from St. Rita on Oct. 11, contributing to the RedHawks 1-0 victory.

Farewell to seniors and Coach Hennessy

Jenna Fessler
senior reporter

The RedHawk varsity soccer team ended its season with a 0-2 loss to Sandburg at regionals on Oct. 20. The team finished with a 13-10-1 record, which disappointed the seniors who have now completed their high school soccer careers.

“The season as a whole did not go as well as we expected,” senior captain Patrick Clancy said. “I feel that our record did not properly display how talented we really were.”

Head coach Sean Maxwell noted the contributions of the senior players and remains optimistic about the team’s future.

“We had great senior leadership and will truly miss our 11 seniors next year, but will have some very strong players excited for the future, some of whom played varsity this year, or for one of the lower levels,” Maxwell said.

Along with the seniors leaving this season, freshman coach Patrick Hennessy retired after 42 years of coaching. Hennessy’s last game was on Oct. 11 against St. Rita. The freshman team finished their season with a 6-0 win.

Freshman captain Kyle Quinn reflected on Hennessy during his last season.

“Coach Hennessy really brought our team together,” Quinn said. “He was very focused on team chemistry, made sure all players were included and had a fair amount of playing time and gave every player a chance to prove himself on the field.”

Hennessy ended this season happily, feeling that the team performed well.

“My last season was very special, and the team gave me a memory I won’t forget when they beat St. Viator,” Hennessy said. “I will terribly miss the relationship I had with my players, but in my remaining time at Marist, I want to focus on my role as a guidance counselor.”

Strong volleyball season leads to regionals

Erin Murphy
senior reporter

The RedHawk girls’ varsity volleyball team started the IHSA state playoffs facing Bradley-Bourbonnais at regionals on Tuesday, Oct. 23, with results unavailable at press time.

The team finished 32-3 for the regular season and won the ESCC championship at home on Oct. 18, defeating Nazareth Academy 25-14 in both games.

“It felt really good to finish our last game of regular season with a win especially after Tuesday Night against Benet,” senior captian Mattie McCabe said. “Finishing as ESCC champs made it that much better.”

McCabe and her teammates enjoy the team’s traditions and believe that they help with their success.

“One thing I love that we do before the game is the chapel,” McCabe said. “It is a great time to just gather our thoughts and put our heads down in prayer and get ready to work extremely hard at practice, in games and for the playoffs.”

Senior Anna Simmons has served as the team’s manager for the past three seasons.

“In preparing for regionals, the team just needs to keep playing like they have been,” Simmons said. “For all tough competitions this team will work hard and play even harder, and I know they will do great.”

Both the team and coaches have put in a great deal of time to prepare for regionals and Simmons enjoys the support she contributes.

“I love managing the girls because it allows me to be around volleyball all the time in ways that I know I can make useful contributions,” Simmons said. “I contribute by doing the stats and just by singing the anthem. I am proud to be the manager to the best team around.”

As they anticipated going to regionals earlier this week, the seniors on the team are also dealing with the fact that they are playing their last games as RedHawks.

“Senior year and my final vollegball games always seemed like such distant concepts, but they came even faster than I imagined,” Katie Mather said.



photo by Emma Brown

Junior Mairead Boyle digs the ball as teammates senior Abby Callahan, Katie Doah and juniors Camryn Hannah and Avery Jedry get ready to return in the game against Nazareth on October 18. The RedHawks won in two, 25-14 each game.