



Apps that will help students succeed

Matt Hickey
Sentinel

Marist has made advancements in technology over the past few months. The iPad initiative has taken off this semester, along with other students using iPads, iPhones, and iPods to benefit them not only socially, but educationally.

In addition to e-books and iBooks, many apps are available to help students succeed in school. Most of these apps are either free or inexpensive, including Nearpod, Dropbox, Socrative, Notability, Zen Deck, Flipboard, Ted, and Quizlet.

Nearpod, a free collaboration app, is an app that allows teachers to manage content on students' Apple devices. This app allows teachers to assign homework electronically, and gives students and teachers the ability to interact electronically in class.

Dropbox is a free storage app that allows users to have their pictures, documents, and videos stored and accessible at all times for easy access.

Socrative is also a free app that gives students the opportunity to be engaged with other students through educational exercises and games.

Among those that cost money, Notability is an app used for note taking. Notability can annotate documents, record lectures and sketch illustrations. Notability is available in the app store for \$2.99.

Zen Deck, \$0.99 in the app store, is an app to create visual presentations easily in short periods of time.

Flip Board is a free app that is described as "your personal newspaper" and is an easy way to catch up on all the news you care about.

Other free apps include Ted, an app that presents talks given by the world's most fascinating people. An entire library of material is available at all times, even without Internet access.

Quizlet is a popular app for students who want to prepare for tests and exams. Quizlet is a free and easy way to study from your device. Quizlet involves study guides for all subjects and at times, even specific units in books.

Not only does Quizlet allow students to use study guides, it also gives students an easy way to create their own study guides and practice quizzes for others to use.

The Visible Body Atlas is an app recommended for students interested in anatomy. It gives a visual for all parts of the human body.

Senior Krista DiBennardi said, "It is very helpful when studying before tests or quizzes. Mrs. Giacobbe showed it to us and it has helped me in the class ever since."

A personal favorite of iTeam leader Brendan Heffernan was Showbie. Heffernan said "It's used to turn in homework electronically. The app is capable of instant feedback."

While none of the apps available are required for students, Heffernan said that students will be required to link their Marist email accounts to their iPads.

Next year, certain e-books and iBooks will also be required for each class, in place of textbooks.



photo by Maggie Stimac

History teacher Mr. Carl Harper introduces freshmen Sophia Andreotti (L) and Gianna Nemcovic (R) to their new iPads on Jan. 23. 100 freshmen and sophomores are now using iPads as part of this semester's technology pilot program.

The 100 freshmen and sophomores in the iPad pilot program received their iPads on Jan. 23 at Marist. Commonly asked questions were related to security and cost.

E-books and iBooks will take the place of textbooks for freshmen and sophomores next year, so the cost of the iPad will replace the cost of textbooks and may even prove to be a savings.

Students will need to secure their iPads while at practices or club meetings. The administration has asked teachers, moderators, and coaches to stop allowing students to leave their backpacks out in the open. In the future, backpacks need to be stored in student lockers or in locked classrooms.

"We are trying to get the kinks worked out by the fall," Heffernan said.



TEAM MACK
Nobody Fights Alone



As parents, we try to protect our kids as much as possible, but on April 23, 2013 Bob and Chris Lim of Midlothian learned they could not protect their daughter from everything. That was the day they learned that Mackenzie, their oldest of 4 daughters, was diagnosed with Acute Lymphoblastic Leukemia (A.L.L.). Bob is the Athletic Director at Marist High School, where Mackenzie is currently a Freshman.

In an effort to help this amazing family with the enormous cost that continues to mount from this battle, we are holding a benefit on **February 16, 2014 at 115 Bourbon Street in Merrionette Park, IL.**

Team Mack Benefit

February 16, 2014 from 2-7 pm

***Buffet *Drinks *Raffles *Entertainment**

\$25 adult / \$10 20- under

\$30 at the door

Benefit Tickets are available by contacting:

Mike Staunton at 708-217-9553 or

Eileen Flores 708-220-9019

Sue Blisk 708-404-8324

Monetary donations can be sent to:

Team Mack

C/O Archer Bank, 3435 West 111th Street

Chicago, IL 60655

EIN#46-3856767

If you would like to donate any material items please email Sandy Esparza at sesparza0301@yahoo.com to arrange a pick up time. Also, please enclose a business card so that we may recognize your generosity at the event. Thank you in advance for your generosity and prayers!



photo by Kerry Mullaney

National merit for senior scholars

Shannon O'Keeffe
Sentinel

Seniors Jim Costin, Rachel Folga and Liam Gibbs have been named National Merit Scholarship Semifinalists, while seniors Anna Schieber, Sandra Hansen, and Brenna Donegan were named National Merit Commended Students.

This honor is awarded by the National Merit Scholarship Corporation and is based on student performance on the preliminary SAT exam (PSAT).

Approximately 16,000 seniors across the nation are named semifinalists. Finalists will be announced this month.

All members of the National Honor Society and Spanish National Honor Society, Costin, Folga, and Gibbs are also very involved in a range of extracurricular activities.

"To work hard in both school and extracurricular activities, I resign myself to staying up late most nights," Folga said. "I really enjoy learning and I want to get into a good college."

National Merit Scholar finalists are eligible to compete for over 8200 scholarships totalling \$34 million.

Looking back: Marist 1983

Katie Salmon
Sentinel

Big hair, “Reaganomics,” neon colors, Pac Man fever, and technological advances are just a few things that come to mind regarding the decade of the 1980s.

Marist High School underwent dramatic changes as a new art wing and computer center were added to the school.

Outside of Marist, the country dealt with rising tensions involving the Cold War and a severe recession.

On March 30, 1981, President Ronald Reagan was shot in an attempted assassination by John Hinckley Jr. His motive was to gain the attention of the popular actress, Jodie Foster. The president suffered gunshot wounds to the chest and arm. Prompt medical attention allowed him a quick recovery.

Three others were wounded, including Press Secretary James Brady, and Secret Service Agents Thomas Delahanty, and Timothy McCarthy, who is the current police chief of Orland Park. Brady suffered a gunshot to the forehead and was permanently disabled.

Along with many other Americans, President Reagan believed that the spread of communism threatened freedom everywhere. He encouraged increased military spending and military aid to anticommunist countries.

On the domestic front, Americans were dealing with a severe recession. Unemployment hit 9.6%, and millions of Americans were struggling to find jobs.

Reagan’s policy, known as “Reaganomics,” provided tax cuts for the wealthy and a limitation of government programs. This tax relief would stimulate the economy and create more jobs by enabling the upper class to spend and invest more money. “Reaganomics” was viewed with mixed results. The economy eventually stabilized in 1983, and the remaining years of the Reagan administration showed national growth.

Marist underwent expansion and growth. The school added on an art wing including an art studio, a craft center, and a ceramic room.

As Marist prepares for the transition from textbooks to iPads, we are reminded of where technology started.

In 1983, Marist began incorporating the computer in the academic process. The school added a computer center. Marist received a grant to purchase model Dec VAX 780 computers.

The 1981 launch of the popular Music Television (MTV) station showcased many famous pop artists, including Michael Jackson, Madonna, Prince, and Whitney Houston. Rising to the height of his popularity, Michael Jackson released his best-selling album, *Thriller*. He became an icon, and millions began imitating his moonwalk dance.

COMPUTERMANIA

Anonymous donor offers computer expansion

by Steve Holubek

The computer science department at Marist is looking forward to yet another expansion in 1984. Through the Advancement: The Eighties Appeal and an anonymous challenge grant that will match up to 115,000 dollars in pledges, the school has set its sites on the purchase of the Dec VAX780, a state of the art full capability computer system. Marist would be one of the first secondary schools in the country to adopt such technology, which is already being used in over 80% of the nations colleges and universities.

This powerful machine would put Marist on a whole new level of computer technology. The VAX 780 would enable the computer science program to bring in an additional 64 terminals giving the school over one hundred access points. Eventually, students who have home computers would be able to tie into the school computer via a telephone modem. This would enable students to do their assignments at home. This expansion of access is already a crucial dimension of the school's computer needs. It will give student's more hands on time with the system. The systems larger capacity will also aid in student programming, particularly as needs expand.

The VAX 780 would also allow the school to greatly expand its computer assisted instruction programs. These valuable learning aids (CAI) were introduced to Marist this year in the reading program and have proved useful learning aids. The guidance department has likewise employed the computer in vocational and college selection programs. With the expanded system, it is hoped that a variety of new software applications could be employed in a variety of new study areas, particularly the math and science programs.

Ultimately this system will help make it possible to give computer access to all the students at Marist. As some form of computer literacy looks to be a mandatory state requirement in the near future, Marist is gearing up to remain at the forefront of computer application to the high school curriculum. It is hoped that the development of this program will do a great deal towards fulfilling future student needs.



MARIST SENTINEL

December, 1983

A time to share . . .

The Marist community is asked to share in the spirit of the season by giving a small portion of their abundance to others. The annual Christmas food drive, which began shortly after Thanksgiving break, is due to wind up this Thursday, December 15. Two students, selected from each homeroom, are responsible for coordinating the collection.

All homerooms this season will be held responsible for collecting a minimum of \$50.00 although they are certainly welcome to exceed that amount. After the money is collected, the homeroom representatives are to purchase the necessary items for a food basket from a list of suggested items provided to every homeroom. Any homeroom which does not have such a list should contact Br. Neary of Fr. Guimon. A sample box of food is still on display near the hall leading to the cafeteria and the gym.

At the beginning of the homeroom period next week boxes will be distributed in which to place the purchased items. Each homeroom is to wrap these boxes in decorative fashion befitting the season. The money not used to purchase non-perishable items will be placed at the disposal of Mercy Hospital for the distribution of perishable goods which could not be stored in the school collection. Mercy hospital will serve as the depository for the collection.

In the past, the students of Marist have been most generous in offering a share of their good fortune with others. Please join with your homeroom to help make this season's offering a success.

1) Tandy-Radio Shack owners
2) Atari owners
3) Apple owners
4) Commodore owners
5) Texas Instruments owners
6) All other computer owners.
Kaypro, IBM PC, Vector ect.
7) And those who do not own a computer.

Each section will have after school meetings once a week. This will give each group member a chance to learn new types of programming, exchange software and manage the CENTRAL BULLETIN BOARD SYSTEM (CBBS) that the club will sponsor.

A CBBS is a data base which is accessible from remote locations through telephone lines. Many electronic bulletin boards already exist. All needed to access one is a terminal (or computer) with a MODEM, or telephone hookup. The Marist news, homework assignments, etc. Users will also have the ability to send electronic mail to other members or people at Marist. Another distinctive feature will be the BUYING-SELLING-TRADING section, where things such as used books, could be bought and sold.

Marist has been fortunate enough to have received 2 computer systems from donors who upgraded their systems: A Wang and a Vector Graphic.

It's not too late to join. You don't need to own a computer, nor do you have to know how to program (you will have the opportunity to learn!). Just pick up a form at the AV office and return it with the \$10 fee as soon as possible. Happy computing!

The entire December 1983 edition of the *Sentinel* is available online at www.marist.net

Most popular movie: <i>E.T. the Extra Terrestrial</i>	At a Glance 1 9 8 3
Most popular television show: <i>Dallas</i>	
Most popular name for a baby boy: Michael	
Most popular name for a baby girl: Jennifer	
Most popular song: <i>All Night Long</i>	
Most popular male heartthrob: Tom Cruise	
Most popular female heartthrob: Christie Brinkley	
Most popular arcade game: Pac Man	
Cost of a gallon of gas: \$1.24	
Average price for a home: \$89,800	
Average house hold income: \$21,676	
Cost of a postage stamp: \$0.20	
Cost of a gallon of milk: \$1.49	
Cost of a dozen eggs: \$0.86	

The decade also marked the loss of Beatles legend John Lennon, who was assassinated in New York City on Dec. 8, 1980.

A “miracle” occurred during the 1980 Winter Olympics when the U.S. Hockey team, comprised of amateur and college athletes, defeated the heavily favored Soviet Union.

The Chicago Bears “shuffled” into the 1986 Super Bowl, defeating the New England Patriots 46-10.

The 1980s will long be remembered as the decade of big hair and bright colors, a decade full of trials and triumphs that still affect people today.

Theatre guild presents “How to Succeed in Business”

Brooke Wyderski
Sentinel

The Marist Theatre Guild will perform the musical “How to Succeed in Business Without Really Trying” as this year’s spring musical.

Performances will be held in the Red and White Gym on April 3, 4 and 5 at 7:30 p.m., with a matinee at 1:30 on April 5. Tickets are \$5 for students, \$8 for general admission.

“How to Succeed” opened on Broadway in 1961 and ran for 1,417 performances. It is a love story about a young man, J. Pierpont Finch, who starts out as a window washer and rises to become chairman of the board of the World Wide Wicket Company.

Finch’s rise is not direct or totally honest, and along this journey he meets his love, Rosemary. She makes him realize that he has to start telling the truth before he loses everything.

“We chose this play because it is a fun show that would hopefully attract new and returning members to the theatre guild,” said director Mrs. Erin Kelly.

Starring in the lead roles are junior Brian Canchola as Finch and senior Chloe Walsh as Rosemary.

Joining Canchola and Walsh are freshman Cody Busch as Gatch, sophomore Ben Barry as J.B. Biggley, senior Monte Proffit as Bratt, junior Meghan Cronin as Smitty, freshman Jack Golden as Bud Frump, junior Fiona Clair as Miss Jones, senior Israel Morales as Mr. Twimble, senior Maeve McDermott as Hedy LaRue, sophomore Kelly Collins as the book voice and Ms. Blake, and senior Deleon Wheeler as Wally Womper.

The show also features over 50 students in the ensemble, as specialty dancers, secretaries, and brotherhood executives, many taking the stage for the first time.

“Some members of the football team and I are excited to express ourselves in harmony,” said senior Tim Finucane. “Some say our voices sound like a combination of God and Fergie.”

This is the first time the Marist guild has staged “How to Succeed.”

“I’m very excited about our new participants this year,” Kelly said.

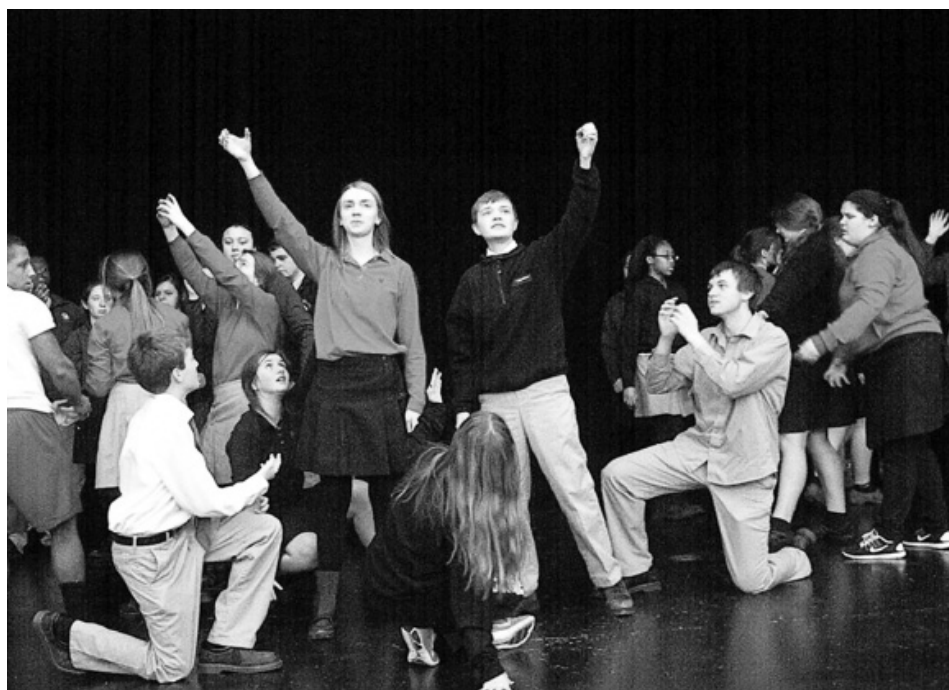


photo by Megan Karas

Cast members of “How to Succeed in Business Without Really Trying” learn a musical number during rehearsal in the RedHawk Theatre on January 30. The show opens in the Red and White gym on April 3.

Bolivian student returns home

Krista DiBennardi
Sentinel

Bolivian student Joachim Abostoflor came to the United States in August to live with his aunt and uncle. They chose to send him to Marist because it was close and they had heard wonderful things about the school.

Abostoflor enjoyed meeting new people and making new friends. The cold weather was his least favorite part.

“I am very satisfied with the friendships I have formed, and I am going back with pleasant memories for a lifetime,” Abostoflor said.

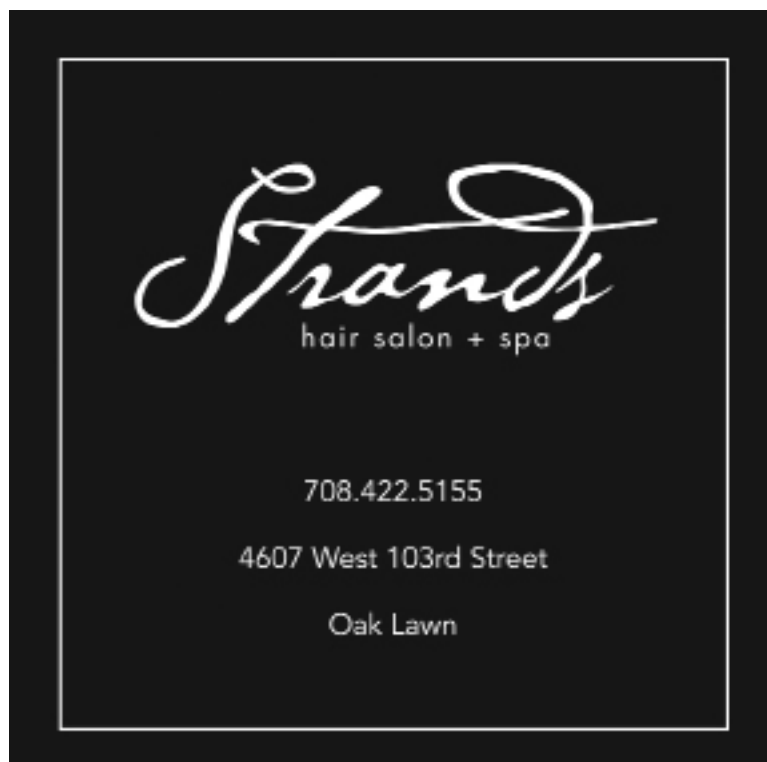
After he finishes school in Bolivia, Abostoflor plans to return to the United States for college.

“I want to thank Brother Pat, Mrs. Brown, and the faculty and staff for giving me the opportunity here and live an unforgettable experience.”



photo by Matt Hickey

Brother Rich and Joachim Abostoflor say goodbye in Champagnat Square on Jan. 24 as Abostoflor prepares to return to his native Bolivia after a semester at Marist.



Club joins march in nation’s capital to promote life

Allie Janich
Sentinel

Members of the Marist Pro-Life club traveled to Washington DC to participate in the 41st annual March for Life from Jan. 20-24.

This anti-abortion event began in 1973, the year the Supreme Court legalized abortion. Originally founded by Nellie Gray, March for Life grew rapidly into one of the largest pro-life events in the world.

Seniors Jennifer Berryman, Alex Galvin, Gina Jacoby, Morgan Murphy, and Mary O’Sullivan, juniors Allie Janich and John Carroll, and sophomores Justin Tringl and Catherine Viz, along with hundreds of other Chicago students, began their pilgrimage as they prayed the rosary outside of a local abortion clinic, Planned Parenthood.

The group was chaperoned by Mr. Christopher Lesher and Ms. Theresa Coy.

“It reminded me of the power of prayer,” said senior Mary O’Sullivan. “We don’t always have the opportunity to get so physically close to the problem at hand.”

On Wed., Jan. 22, preceding the march, the annual youth rally and Mass for Life was held by the Archdiocese of Washington.

After the rally and mass, participants met outside on the National Mall and marched all the way to Constitution Avenue to the U.S. Supreme Court Building on Capitol Hill.

Youth groups from all over the country peacefully protested abortion outside the Supreme Court building, holding up signs that read “Thou shall not kill,” “Stop Abortion Now,” and “I regret my abortion.”

“It made such an impact to see the hundreds of people that came together to support one cause,” said senior Jenny Berryman. “It opens your eyes to see just how many others are supporting something that’s so important to you.”



photo courtesy of Marist Pro-Life Club

Members of the Marist Pro-Life Club gather in Washington D.C. during the 41st annual March for Life.

THE
SENTINEL



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BROTHER PATRICK
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MR. LARRY TUCKER
PRINCIPAL

MR. JOHN J. GONCZY, CJE
FACULTY ADVISER

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As an open forum, the *Sentinel* welcomes and encourages letters to the editor and guest editorials. Letters to the editor should be 250 words or less and must be signed by the author. Guest editorials are limited to 500 words and must also be signed by the author.

The *Sentinel* reserves the right to deny a letter publication if it is morally or ethically offensive, contains unsubstantiated claims or personal attacks. The *Sentinel* also reserves the right to edit letters and guest editorials for space or clarity. Letters may be sent to the *Sentinel* Editorial Board, 4200 W. 115th Street, Chicago, IL 60655 or may be dropped off in room 121. Letters must be received by the first school day of the calendar month if they are to be considered for publication in that month's issue.

In the event the *Sentinel* makes an error, a correction or retraction will be published in the following issue.

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Cellphones need to be put away at night

While many people innocently leave their cellphones next to them at night, many to use them as an alarm clock, they might not know how dangerous this practice can be.

Sleeping with or next to a cellphone can cause sleep deprivation, stress, and radiation exposure.

According to research done at Wayne State University in Michigan, teenagers are more likely to stay up late checking Twitter and Facebook, and texting friends. This results in a shorter amount of time spent sleeping.

The National Sleep Foundation surveyed 1,508 people and found that people who text before bed were less likely to get a good night's rest. They were also more likely to wake up tired, fall asleep during the day, and more likely to doze off while driving.

Professor Bengt Arnetz of the Massachusetts Institute of Technology notes that teenagers need more time to sleep than adults. Lack of sleep can cause mood and personality changes, depression, and adulthood ADHD.

When the brain is focused on checking text messages or Twitter posts, it stays in an alert mindset, making it harder to fall asleep. Because teenagers require more sleep, bringing a cellphone to bed can be especially detrimental.

Sara Thomée, a researcher at the University of Gothenburg found that teens might also feel pressure to be available for their friends. This leads to them feeling stressed out. If text messages are not responded to right away, this may cause conflict in the friendship. Many people often find that unresponded text messages are rude and insulting.

An even worse side effect from sleeping next to a cellphone is exposure to radiation. Cellphones give off radiofrequency energy, which the body absorbs whenever the phone is on.

The National Cancer Institute has found that people who carry a cellphone with them at all times are at a significantly higher risk for developing a brain tumor or other form of cancer.

Cellphone users should leave their phones on the other side of the bedroom at night so they will not be tempted to use them at night. Phones should also be powered down at night. Anyone using a phone as an alarm clock should invest in a regular alarm clock.

Sleeping next to a cellphone might seem convenient, but to stay healthy, it is better to leave it somewhere else instead of under the pillow or on the nightstand.

PHOTO OPINION

How do you like using your new iPad in school?



Ricardo Suarez

I like being able to multitask and work on the Internet without having to go to the computer labs. But it is tempting to go on something non-school related.



Sheila O'Keeffe

I like how we can get our work done faster and that we carry fewer books, but some of the apps can be distracting.



Coreon Lewis

Using an iPad instead of carrying books is more convenient and it's way more fun!



Delaney Mulcahy

The best thing is that it is so different from any other learning tool I've ever used. I really like the apps, especially the one that helps me during Spanish class.



Nicholas Olivieri

I like having the iPad and personalizing it with my own apps. I don't like using it in only one class and I look forward to using it in every class next year.



Mackenzie Mishka

I enjoy the different apps that we use, although some of them can be confusing. The iPads will expand our learning and teach students about technology.

The value of life, the love of God

It is instilled in our minds, from the time we are born to the end of our lives, that the most valuable thing in the world is the right to life.

Life is a gift. It can be given. It can be taken away.

Sometimes, life does not seem fair. It is filled with heartbreak, sadness, and pain. From time to time, it also involves death. But what makes life so valuable, so worth living through the bad, is that throughout our lives, God loves every one of us unconditionally, even those who do not love Him in return.

God loves all of His creation and wants us to love one another as we love ourselves. If we are all truly made in the image and likeness of God, then hating another person is like hating God. Everyone has a reason for being here, for being alive, and people's differences do not make them bad.

God loves each of us, no matter our height, weight, race, ethnicity or income.

In very poor countries, life may not seem as valuable, but that is far from true. Just because someone lives far beneath the poverty line does not make that person poor.

These people may have little currency, but they have hearts that long to know happiness.

These people may not have possessions, but their love for God and others is more valuable than anything that can be bought.

For those of us blessed to live in the United States or other developed countries, God's love can be found anywhere and everywhere.

From the clothes on our backs to the roofs over our heads, everything we have is a sign of God's love for us.

Death is a necessary part of life, but it is never pleasant. We grieve loved ones, missing their presence and warmth. In our grief, we must remember that God does not wish sadness onto any of us.

He sent His son here to show us how much we are loved and to remind us that it is our duty to love one another and spread love throughout the world.

Perhaps the quiet girl at lunch is just someone for whom peace and quiet add meaning to her life.

Perhaps the boy in math class who always stares out the window just loves being outdoors and would give anything to be outside.

It is not our position to judge others. It is not up to us to tell others that they are wrong. God alone judges.

The first snow of the season, the first flowers budding in spring, the warmth of the sun on our skin in summer, the beautiful colors of the leaves in fall-all reminders of the beauty and precious nature of life.

They are also God's rewards to us, given to us out of His love. And God's love is what makes life truly valuable.

Alumni prove journalism careers are alive and well

Jessica Molina
Sentinel

Just 2 months into the new year, 3 Marist alumni prove that journalism is alive and well as a career path.

Bill Jones, '05, has been promoted to managing editor for the south office of 22nd Century Media, a company responsible for the distribution of 12 local newspapers throughout Chicagoland.

With the upcoming launch of their Highland Park newspaper, 22nd Century will have the second largest circulation in the state, after the *Chicago Tribune*.

Jones planned on becoming a pharmacist and was not involved in journalism while at Marist.

He attended Moraine Valley and began writing for the *Glacier*, the college's newspaper.

Jones later transferred to the University of Iowa, where he majored in English with a focus on creative writing.

"I didn't want to teach, so journalism seemed like something I could do and actually make money," Jones said.

His first full-time job was at Regional Publishing in Palos Heights. He left Regional for a year to freelance, then joined 22nd Century.

"Print journalism is not dead," Jones said, "it is just taking different shapes. Journalism is not just about writing, it is also about reporting because people are trusting you to tell their story."

Brian Laughran, '11, attends Saint Xavier University, majoring in communications with concentrations in public relations and digital media writing and production.

He is also the senior viewpoints editor for the St. Xavier newspaper, the *Xavierite*.



Bill Jones



Brian Laughran

While at Marist, Laughran was a member of the *Sentinel* staff for two years, and was best known for his film review column *The Cinematic Sultan*.

"I love having an outlet to express myself and have thousands of people read what I have written," Laughran said. "It's fun to share my thoughts on pop culture and world news and to get paid for it."

Ryan McManus, '13, attends St. Ambrose University where he majors in radio and television broadcasting. Like Laughran, McManus was a member of the *Sentinel* staff, often writing sports columns.

At Ambrose, McManus hosts a radio show and helps produce a weekly newscast. Additionally, McManus interns at a local sports station that covers high school sports.

"I love being around sports and talking about them," McManus said.

Math team dominates Cath. league

Gianna Callo
Sentinel

The RedHawk math team has won all three Catholic Math League South meets this season, most recently at Mother McAuley on Sat., Jan. 25.

The team is preparing for the Illinois Council of Teachers of Mathematics (ICTM) regional contest, scheduled for Feb. 22 at Chicago State University.

The results of the ICTE competition will determine which teams qualify for the state competition, held at the University of Illinois-Urbana on May 3.

Last season, the team placed 4th in the state competition, the best finish in RedHawk history.

This year's varsity team consists of juniors Tricia Babaran, Curtis Conlin, Frank Eraci, Cassie Goodman, Annie Hynes, Joe Kezon, John LaMantia, Ryan Loizzo, Mary McIntyre, Jenny Miller, Bryan O'Malley, Simon Rafacz, Mitchell Schroeder, Mike Serwetnyk, Matt Spinazzola and Pat Sweeney.

Seniors on the team include James Costin, Liam Gibbs, Sandra Hansen, Sara Hansen, Anne Marie Leonard,

Maeve McDermott, Yoon Nam, Carrie Olsen, Kennedy Reese, Anna Scheiber, and Kathy Ulaszek.

The varsity head coach is Mr. Owen Glennon. The JV coach is Mr. Jeff Nicholson. Both teams worked together to earn the Catholic League victories this season.

"We work together in the same way a sports team does to solve problems," said senior Liam Gibbs, a four year veteran of the team. "We celebrate our wins together and when we lose we know what we have to work on and improve."

"I feel like we have an advantage because we're with each other Monday through Friday for hours at practice," said junior Cassie Goodman. "I think the time we spend together is what benefits us as friends."

The varsity team will compete again tomorrow at Loyola University at 10:30 a.m. in the 47th annual Archdiocese of Chicago Math Contest sponsored by Mathematics Teachers' Association of Chicago.



Seniors Olivia Rakowski (L) and Kelsey Bischoff (R) prepare to dance in the Macy's Thanksgiving Day Parade in New York City.
photo by Tracy Baldwin

Seniors dance on national television

Courtney Coan
Sentinel

Seniors Kelsey Bischoff and Olivia Rakowski, both members of the Marist Poms team, danced in the annual Macy's Thanksgiving Parade last November. The girls were selected from a pool of nearly 1,000 candidates. In July, members of the Marist Poms team attended a dance camp at Eisenhower High School, at which every senior or team captain had the opportunity to audition for a spot in the parade. The parade, televised nationally, is seen by more than 44 million people. Bischoff and Rakowski learned the routine for the parade prior to leaving for New York City. "It was very cool being there to actually experience the parade instead of just watching it on television," Bischoff said.

Visitors from Rome arrive

Clare Gilligan
Sentinel

Five seniors arrived in Chicago from Marist's sister school, San Leon Magnolia, in Rome, Italy on Sat., Feb. 1. These students, led by chaperone Fratello Massimo Banaudi, will be staying with Marist students during their visit.

This is the first time Marist students are hosting students from Italy.

World language department chair Ms. Nathan-Gamauf, who teaches Italian, organized the trip for the first time visitors.

The exchange students will be shadowing their hosts, following them through their classes at Marist. The students will also take a tour of downtown Chicago, including going to the top of the Willis Tower.

San Leon Magnolia has a total of 28 students with seven in the senior class, two of whom are girls.

In Italy, students attend high school for five years. There are no uniforms required. School starts at 8:10 a.m. and ends at 1:40 p.m., except on Mondays when it ends at 2:10 p.m.

Although the Italian visitors have experienced a bit an adjustment during their visit, they are looking forward to experiencing and seeing new things.

"I think this is a great thing," said visiting student Carolina Capponi. "The school offered this trip to us and I thought it was an opportunity I couldn't pass up."

The visitors return to Italy tomorrow.



photo by Maggie Stimac

(L to R) Visiting seniors from Italy Carolina Capponi, Marco Straniero, Marco Valerio Caminiti, Valerio Cioli and Wang Xian.



photo by Randy Coe

The RedHawk marching band competed on the field at Bolles High School in Jacksonville, Florida before performing in the Gator Bowl on New Year’s Day.

NCAA article links Tucker’s sports, professional careers

Morgan Weidman
Sentinel

Principal Larry Tucker has been named this year to the NCAA Division II 40th anniversary team. He is featured in a Jan. 8 article posted online by Manny Randhawa at www.ncaa.org. In the article, Randhawa describes Tucker as a “straight-shooting principal” and links Tucker’s college experience to his success at Marist.

Tucker was chosen out of 49 former NCAA division II student-athletes selected from among the 24 division II conferences across the country.

Initially, Tucker was drafted by the Cleveland Cavaliers, but was cut after. Tucker’s experiences in basketball and in life helped the decisions he made today.

Years after his basketball career ended, Tucker was offered the principal position at his high school alma mater.

Some of Tucker’s favorite memories playing college basketball include the time he spent with his teammates.

“It was the twelve of us against the world,” Tucker said.

Tucker believes that students who play sports learn teamwork and value hard work. These qualities will help after their sports careers come to an end.

“The ball will stop bouncing one day,” Tucker said.

Tucker also explains not all students need to be interested in sports to succeed in life.

“If you don’t enjoy sports, find something to be passionate about,” Tucker said.

“Having something to be passionate, about and doing something that you love is what will help you succeed in life.”

Speakers qualify for national speech competition

Kayley Rayl
Sentinel

Sophomore Kelly Collins and senior Emem Obot will represent Marist at the Catholic League National Speech Competition in May.

Both members of the RedHawk speech and acting team qualified for nationals on Sat., Jan. 18 at the Catholic League meet hosted by Stagg High School.

Collins was tournament champion in oratorical declamation, a category in which speakers memorize and deliver an 8 minute speech written by a public figure.

Her speech is “Listening to Shame” by Renee Brown, and focuses on how people should not let shame hold them back.

Obot was Catholic League champion in oral interpretation, an event where speakers recite poetry and prose.

Her poetry includes selections by Maya Angelou, Nikki Giovanni, Lucille Clifton, Sonny Carroll, and Mari Evans. In prose, Obot is reading “The Thing Around Your Neck,” by Chimamanda Ngozi Adichie. All of her pieces are about the empowerment of women.

Seniors Liz Ruf and Brenna Donegan and junior Mikey Dougala have been named as alternates to nationals.

“Emem and Kelly are two amazingly talented young women who definitely deserve to be competing at nationals,” said head coach Mrs. Holly Cox.

Joining Obot and Collins at the IHSA regional competition tomorrow at Eisenhower are senior Ben Barry in dramatic duet acting, junior Tim Johnson in dramatic interpretation, and sophomore Ian Bond in radio broadcasting.

Marching RedHawks win awards at Gator Bowl

Megan Karas
Sentinel

The RedHawk marching band traveled to Jacksonville, Florida to compete at and play in the Gator Bowl over this past winter break.

In Jacksonville, the band competed at Bolles High School, performing their halftime routine against all other high school bands who performed in the Gator Bowl.

Led by drum majors, senior John Loman and junior Connor Mish, the band took second place overall in the field competition and in parading.

Loman and Mish were awarded best drum majors and the drum line took first place for best percussion.

“We were always on the go, moving from rehearsals to performances,” Mish said.

“Receiving the top drum major award is an honor that speaks more for the group as a whole, rather than just Connor and I,” Loman said. “As a band, we always gave our best effort in practices, and I wouldn’t want to lead any other band.”

After the competition, all bands participating switched gears from competing against each other to working with one another to put together a routine for the bowl game halftime show.

The Redhawks, joined by bands from other high schools, also paraded down the streets of Jacksonville in front of nearly 30,000 spectators.

The marching band will perform next in the South Side Irish Parade on Sun., March 9, and the Chicago St. Patrick’s Day Parade on Sat., March 15.



photo by Gianna Callo

(L to R) Senior Emem Obot and sophomore Kelly Collins will represent Marist at the 2014 Catholic Forensics League National Tournament in May. Obot qualified in prose and poetry reading, while Collins qualified in oratorical declamation.

boys' basketball

Big wins, tough losses

Brooke Wyderski
Sentinel

The boys' varsity basketball team scored some big wins and tough losses since Christmas break and looks to improve its record in the 6 games left in the regular season.

On Jan. 21, the RedHawks defeated neighborhood rival Brother Rice at Marist, 52-40. Standouts in the game were junior Bradley Hill with 12 points and senior Ryan Tucker with 11.

"Defensively we really pressured them and offensively we were able to hit a few shots," Tucker said. "It was a great atmosphere to play in," he added, referring to the fact that the Red and White Gym was packed with screaming RedHawk fans.

The team followed up with another victory against Nazareth on Jan. 24, 68-59. The leading scorer was sophomore Chamar Hawkins with 17 points.

Losses came against Marian Catholic (44-57) on Jan. 31 and St. Rita (47-66) on Feb. 4.

"We are expecting to keep getting better and finish the season strong," said senior guard and forward Brian Holland.

The RedHawks host Benet Academy tonight in the Red and White Gym at 7 p.m.

The team's final three home games are on Feb. 14 (JCA-7:00 p.m.), Feb. 18 (Chicago Vocational-7:30 p.m.), and Feb. 21 (Notre Dame-7:00 p.m.).



photo by Peter Holland

Senior guard and forward Brian Holland, averaging 16 points a game in the Centralia Tournament, puts up a three against Jacksonville on Dec. 28. The RedHawks host Benet tonight at 7 p.m. in the Red and White Gymnasium.



photo by Shannon O'Keeffe

Sophomore Madison Naujokas (23) takes a shot against rival Mother McAuley on Jan. 15. The RedHawks beat the Mighty Macs, 64-56. The team hosts Providence tomorrow at 2:30 p.m. in the Red and White Gymnasium.

Bowling season winds down

Jessica Molina
Sentinel

This year's boys' varsity bowling team opened its season with a win in the Plainfield North-Baker Kickoff Challenge, knocking out both Fenton and Hinsdale Central to take 1st place in the silver bracket on Nov. 9.

A second win came against Br. Rice on Nov. 12, with senior William Garetto-Balmer, juniors Mike Conrad and Kyle Snyder, sophomore Jacob Ottenfeld, and freshman Nick Bigott leading the team to victory.

The team went 4-4 through November, but rebounded in December with four consecutive wins against St. Ignatius, De La Salle, Southland and Fenwick.

On Jan. 7, the team lost to St. Laurence, but took 1st place in the Chicago Catholic League tournament on Jan. 11.

The boys competed in the Br. Rice regional on Jan. 18, with Snyder and Ottenfeld advancing to sectionals. Snyder averaged a 209 over 6 games.

This year's girls' varsity team consists of juniors Ashley Kaczorowski, Adlin Mendez, and Kristen Roszak, sophomores Ellie Benz, Kayley Rayl, and Kamisha Wallace, and freshman Natalie Kokaska.

The varsity team placed 5th overall in the girls' Catholic Area Conference (GCAC) championships on Jan. 5. Mendez was named this year's GCAC all-conference player.

The RedHawks also bowled in the "Rock and Roll," Eisenhower, and Richards invitationals, finishing in the middle of teams participating.

A highlight of the season came with the 15-0 victory against McAuley at the annual "M and M Bowl" on Jan. 16.

At the Eisenhower tournament on Feb. 3, the team placed 19th out of 24 teams.

The team will compete tomorrow at the IHSA regionals at Bluebird Lanes at 8 a.m.



photo by Tom Samonski

(L to R) Junior Mike Conrad, senior Will Garetto-Balmer, sophomore Jacob Ottenfeld, freshman Nick Bigott, and junior Kyle Snyder bowled for the RedHawks at the Brother Rice Final Fling on Jan. 9.

girls' basketball

RedHawks v. Providence tomorrow

Shannon O'Keeffe
Sentinel

The varsity girls' basketball team hosts Providence tomorrow in the Red and White Gym at 2:30 p.m. the first of 3 home games to close out the season.

After losses in January to Loyola and Bishop MacNamara, the team won a hard fought battle against rivals Mother McAuley on Jan. 15, 64-56.

"Many things motivated us to beat McAuley," said senior co-captain Claire Finn, "but the main reason was the neighborhood rivalry."

Senior co-captain Brooke Wyderski added, "We also wanted to win for Bridget Bilek." Bilek transferred to Marist from McAuley this year.

The team hit a rough patch, falling to Marian Catholic (48-68) on Jan. 18 and Joliet Catholic (52-69) on Jan. 22.

Wins followed against St. Viator (58-44) on Jan. 25 and Nazareth Academy (58-44) on Feb. 1.

"We need to concentrate on coming into practice each day focused and willing to work hard to improve," Wyderski said.

The RedHawks will celebrate Senior Night at the home game against Benet Academy on Wed., Feb. 12.

The team's final home game will be on Sat., Feb. 15 against Trinity High School.

IHSA state playoffs begin with regionals on Tues., Feb. 18, with the time and location to be determined.

"We just need to stay focused and play with heart," Finn said. "The rest will fall into place."

Cheerleaders win sectionals

Allie Janich
Sentinel

After placing 2nd in 2013 and 3rd in 2012 at state, the RedHawk cheerleaders won the 2014 IHSA Sectional competition last Sunday, Feb. 2 at Riverside-Brookfield High School.

The squad advances to the IHSA state final competition, held this weekend at Illinois State University. Prelims will be held today, where the RedHawks will face 25 other teams.

From prelims, the top 10 teams will advance to the final round of competition tomorrow, Feb. 8.

“This year’s team is completely different because we are extremely close,” said senior Kristen Gaynor. “We trust each other when we get out on the floor and have worked together to overcome obstacles.”

The RedHawk JV squad also finished a strong competitive season on Jan. 5 at the IHSA JV state final competition, coming in 2nd place behind Sandburg.

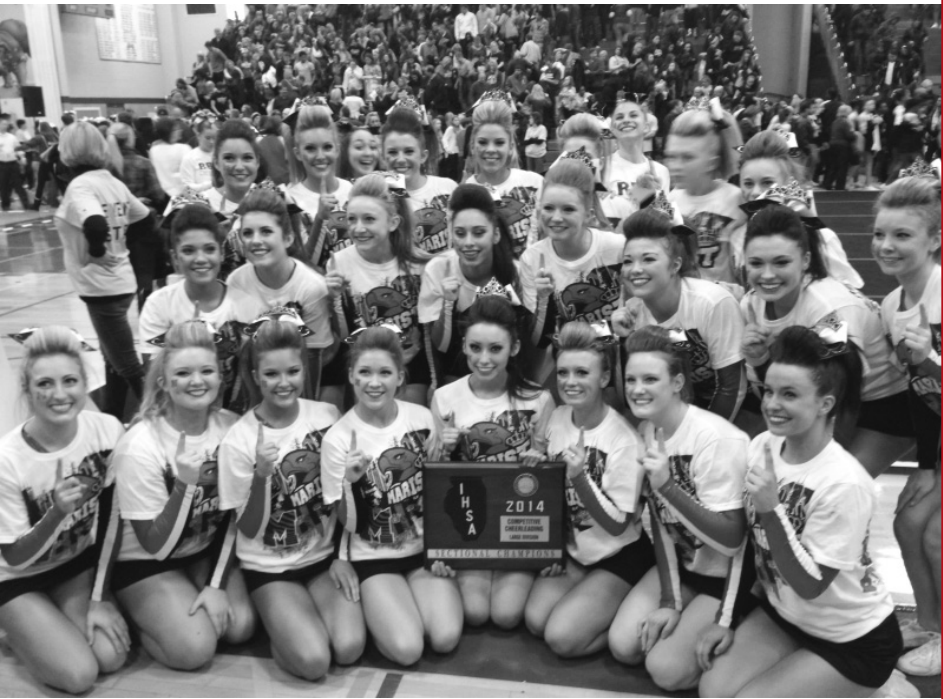


photo by Lauren Garvey

Varsity cheerleaders pose with their 2014 IHSA Sectional Championship plaque on Sun., Feb. 2. The squad competes today at the state finals.

Danger looms at 2014 Winter Olympics

Katie Salmon
Sentinel

The United States is sending the largest delegation of athletes from any single country to the Winter Olympics in Sochi, Russia. The team of 230 members, including 13 Olympic champions, must focus on their sport while being mindful of security threats that have alarmed our State Department.

Concerns about terrorist attacks at the winter games, which run from February 7 to February 23, have escalated after three suicide bombings claimed the lives of 30 people in Volgograd, a city located roughly 500 miles from the Olympic village.

Sochi, Russia, the location for this year’s Olympics, is a volatile region where Islamic extremists have threatened to wreak havoc on the games.

Russia remains an interesting choice for host city as the last Olympic Games held on Russian soil was in 1980 at the Moscow Summer Olympics. Sixty-five countries, led by the United States, boycotted as a protest of the Soviet invasion of Afghanistan.

Recent news reports have focused on the presence of female suicide bombers whom are referred to as “black widows.” It is believed that these women seek to detonate explosions in the act of retaliation for the deaths of their husbands and brothers at the hands of the Russian government.

Earlier this month, the U.S. Olympic Committee cautioned athletes and bystanders against wearing Team USA gear outside secure areas because it may put their personal safety at a greater risk.

Fred Evans, father of Aja Evans a U.S. Olympic Bobsledder said, “There’s a reality that there are people who don’t like you and are willing to die to prove that. That’s a truly terrifying thought.”

Athletes and their families have reacted differently to the threats of terrorism at the winter games. Free style skier, Ashley Caldwell, will be joined by her parents in Sochi.

Mark Caldwell, Ashley’s father, said, “We are concerned about terror prospects in Sochi, but the Olympics are a once-in-a-lifetime event.”

Bobsled driver Steven Holcomb, who won a gold medal at the 2010 Vancouver Winter Olympics, has opted to have his mother stay at home. The two discussed the challenges and risks and decided that he would perform better knowing his mother was safe.

Every effort is being made to ensure the safety of all gifted Olympic athletes. Team USA has contracted with Global Rescue, a Boston-based security company, to provide emergency response and evacuation in the event of a terrorist attack. Roughly 10,000 Americans are expected to make the journey to Sochi.

Experts remain concerned about targets such as trains, bus stations, restaurants, and tourist sites. The State Department has made it clear that all threats will be taken seriously and a large diplomatic security force will guard the American athletes at all times.

Tonight’s coverage of the winter games begins at 7:30 p.m. on NBC-Channel 5.

Athletes sign

Megan Karas
Sentinel

Senior RedHawk athletes from 3 different sports have signed their national letters of intent for the 2014-2015 school year.

Wrestlers Mario Leveille, who qualified for state twice, and Peter Andreotti, who placed fifth in state in 2013 and sixth in 2012, both committed to Purdue University in Indiana.

Volleyball players Molly Mayo signed to Wofford College in South Carolina and Bridget Krasowski signed to St. Joseph’s College in Indiana.

From the softball team, shortstop Brooke Wyderski signed to Loyola University in Chicago, and Julie Trellicoso, an outfielder, committed to St. Ambrose University in Iowa. Both girls helped the 2012 team bring home the state championship for the Redhawks.



photo by Mary Lou Wyderski

Senior athletes who have signed national letters of intent include (L to R) Julie Trellicoso, Brooke Wyderski, Peter Andreotti, Mario Leveille, Molly Mayo, and Bridget Krasowski.

Varsity wrestlers are ESCC champs

Morgan Weidman
Sentinel

The RedHawk varsity wrestling team took first place at this year’s ESCC conference championship meet hosted by Notre Dame High School on Sat., Jan. 31.

Of the 12 wrestlers competing, 10 took the title in their weights brackets, including seniors Mark Duda, Peter Andreotti, Mario Leveille, juniors David Kasper, Nick Gasbarro, Jakada Hull, Alex Benoit, Jake Ford and freshmen Ameen Hamdan and Jim McAuliffe. Junior Nick Lukanich and senior Mike Mullaney took 2nd place.

The team competes tomorrow in the IHSA regional tournament at Shepard High School beginning at 9 a.m.

“We have gotten better and better each day, and if everyone wrestles as hard as they can for 6 minutes, we can even bring home a state trophy,” Duda said.



photo by Kerry Mullaney

The RedHawk wrestlers and their coaches pose with their ESCC championship plaque on Sat., Feb. at Notre Dame High School. The team competes at regionals tomorrow at Shepard High School.