



|  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
|--|--|--------|--|--|-------|------------------------------|--------------------|--|-----------------------------------|--|---|----------------|-------|--------|-----|--|-----------------|--|
| Last   |  |        | First                                      |  |       | Middle                       |                    |  | Birth Date<br>Month/Day/ Year     |  |   | Sex            |       | School |     |  | Grade Level/ ID |  |
| <b>HEALTH HISTORY TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN AND VERIFIED BY HEALTH CARE PROVIDER</b>   |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>ALLERGIES</b><br>(Food, drug, insect, other)  |  |        | Yes<br>No                                  |  | List: |                              |                    | <b>MEDICATION</b> (Prescribed or taken on a regular basis.)  |                                   |  | Yes<br>No   |                | List: |        |     |  |                 |  |
| Diagnosis of asthma?   |  |        | Yes  |  | No    |                              |                    | Loss of function of one of paired organs? (eye/ear/kidney/testicle)  |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Child wakes during night coughing?   |  |        | Yes  |  | No    |                              |                    | Hospitalizations? When? What for?  |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Birth defects?   |  |        | Yes  |  | No    |                              |                    | Surgery? (List all.) When? What for?   |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Developmental delay?   |  |        | Yes  |  | No    |                              |                    | Serious injury or illness?   |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Blood disorders? Hemophilia, Sickle Cell, Other? Explain.  |  |        | Yes  |  | No    |                              |                    | TB skin test positive (past/present)?  |                                   |  | Yes*  |                | No    |        |     |  |                 |  |
| Diabetes?  |  |        | Yes  |  | No    |                              |                    | TB disease (past or present)?  |                                   |  | Yes*  |                | No    |        |     |  |                 |  |
| Head injury/Concussion/Passed out?   |  |        | Yes  |  | No    |                              |                    | Tobacco use (type, frequency)?   |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Seizures? What are they like?  |  |        | Yes  |  | No    |                              |                    | Alcohol/Drug use?  |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Heart problem/Shortness of breath?   |  |        | Yes  |  | No    |                              |                    | Family history of sudden death before age 50? (Cause?)   |                                   |  | Yes   |                | No    |        |     |  |                 |  |
| Heart murmur/High blood pressure?  |  |        | Yes  |  | No    |                              |                    | Dental <input type="checkbox"/> Braces <input type="checkbox"/> Bridge <input type="checkbox"/> Plate <input type="checkbox"/> Other |                                   |  | Information may be shared with appropriate personnel for health and educational purposes. |                |       |        |     |  |                 |  |
| Dizziness or chest pain with exercise?   |  |        | Yes  |  | No    |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Eye/Vision problems? _____ Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Last exam by eye doctor _____  |  |        | Parent/Guardian Signature _____ Date _____ |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Other concerns? (crossed eye, drooping lids, squinting, difficulty reading)  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Ear/Hearing problems?  |  |        | Yes  |  | No    |                              |                    | Parent/Guardian Signature _____ Date _____   |                                   |  |   |                |       |        |     |  |                 |  |
| Bone/Joint problem/injury/scoliosis?   |  |        | Yes  |  | No    |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>PHYSICAL EXAMINATION REQUIREMENTS Entire section below to be completed by MD/DO/APN/PA</b>  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| HEAD CIRCUMFERENCE if < 2-3 years old  |  |        | HEIGHT                                     |  |       | WEIGHT                       |                    |  | BMI                               |  |   | BMI PERCENTILE |       |        | B/P |  |                 |  |
| <b>DIABETES SCREENING (NOT REQUIRED FOR DAY CARE) BMI&gt;85% age/sex</b> Yes <input type="checkbox"/> No <input type="checkbox"/> And any two of the following: <b>Family History</b> Yes <input type="checkbox"/> No <input type="checkbox"/><br><b>Ethnic Minority</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Signs of Insulin Resistance</b> (hypertension, dyslipidemia, polycystic ovarian syndrome, acanthosis nigricans) Yes <input type="checkbox"/> No <input type="checkbox"/> <b>At Risk</b> Yes <input type="checkbox"/> No <input type="checkbox"/>  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>LEAD RISK QUESTIONNAIRE:</b> Required for children age 6 months through 6 years enrolled in licensed or public school operated day care, preschool, nursery school and/or kindergarten. (Blood test required if resides in Chicago or high risk zip code.)<br><b>Questionnaire Administered?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Indicated?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Blood Test Date</b> _____ <b>Result</b> _____  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>TB SKIN OR BLOOD TEST</b> Recommended only for children in high-risk groups including children immunosuppressed due to HIV infection or other conditions, frequent travel to or born in high prevalence countries or those exposed to adults in high-risk categories. See CDC guidelines. <a href="http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm">http://www.cdc.gov/tb/publications/factsheets/testing/TB_testing.htm</a> .<br><b>No test needed</b> <input type="checkbox"/> <b>Test performed</b> <input type="checkbox"/> <b>Skin Test: Date Read</b> / / <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>mm</b> _____<br><b>Blood Test: Date Reported</b> / / <b>Result: Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/> <b>Value</b> _____ |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>LAB TESTS (Recommended)</b>   |  |        | Date                                       |  |       | Results                      |                    |  | Date                              |  |   | Results        |       |        |     |  |                 |  |
| Hemoglobin or Hematocrit   |  |        |  |  |       | Sickle Cell (when indicated) |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Urinalysis   |  |        |  |  |       | Developmental Screening Tool |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>SYSTEM REVIEW</b>   |  | Normal |  | Comments/Follow-up/Needs                     |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Skin   |  |        |  | Screening Result:                            |       |                              | Endocrine          |  |                                   |  |   |                |       |        |     |  |                 |  |
| Ears   |  |        |  | Screening Result:                            |       |                              | Gastrointestinal   |  |                                   |  |   |                |       |        |     |  |                 |  |
| Eyes   |  |        |  | Screening Result:                            |       |                              | Genito-Urinary     |  |                                   |  |   | LMP            |       |        |     |  |                 |  |
| Nose   |  |        |  |  |       |                              | Neurological       |  |                                   |  |   |                |       |        |     |  |                 |  |
| Throat   |  |        |  |  |       |                              | Musculoskeletal    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Mouth/Dental   |  |        |  |  |       |                              | Spinal Exam        |  |                                   |  |   |                |       |        |     |  |                 |  |
| Cardiovascular/HTN   |  |        |  |  |       |                              | Nutritional status |  |                                   |  |   |                |       |        |     |  |                 |  |
| Respiratory  |  |        |  | <input type="checkbox"/> Diagnosis of Asthma |       |                              | Mental Health      |  |                                   |  |   |                |       |        |     |  |                 |  |
| Currently Prescribed Asthma Medication:  |  |        | Other _____                                |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <input type="checkbox"/> Quick-relief medication (e.g. Short Acting Beta Agonist)<br><input type="checkbox"/> Controller medication (e.g. inhaled corticosteroid)  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>NEEDS/MODIFICATIONS</b> required in the school setting  |  |        |  |  |       |                              |                    |  | <b>DIETARY</b> Needs/Restrictions |  |   |                |       |        |     |  |                 |  |
| <b>SPECIAL INSTRUCTIONS/DEVICES</b> e.g. safety glasses, glass eye, chest protector for arrhythmia, pacemaker, prosthetic device, dental bridge, false teeth, athletic support/cup   |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>MENTAL HEALTH/OTHER</b> Is there anything else the school should know about this student?<br>If you would like to discuss this student's health with school or school health personnel, check title: <input type="checkbox"/> Nurse <input type="checkbox"/> Teacher <input type="checkbox"/> Counselor <input type="checkbox"/> Principal  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>EMERGENCY ACTION</b> needed while at school due to child's health condition (e.g., seizures, asthma, insect sting, food, peanut allergy, bleeding problem, diabetes, heart problem)?<br>Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please describe.   |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| On the basis of the examination on this day, I approve this child's participation in _____ (If No or Modified please attach explanation.)  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| <b>PHYSICAL EDUCATION</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Modified</b> <input type="checkbox"/> <b>INTERSCHOLASTIC SPORTS</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Modified</b> <input type="checkbox"/>  |  |        |  |  |       |                              |                    |  |                                   |  |   |                |       |        |     |  |                 |  |
| Print Name   |  |        |  |  |       | (MD,DO, APN, PA) Signature   |                    |  |                                   |  |   | Date           |       |        |     |  |                 |  |
| Address  |  |        |  |  |       |                              |                    |  |                                   |  |   | Phone          |       |        |     |  |                 |  |